

Facts About Childhood Trauma

Trauma comes in many varieties, but they can all impact children and teens in devastating ways. See exactly how adolescent trauma can lead to substance abuse through these statistics.

Childhood Trauma Makes You 4,600% More Likely to Inject Drugs in Your Lifetime

IV or intravenous drug use is incredibly dangerous not only because of the substances injected but also because of the potential for infection.

70% of Teens in Substance Abuse Treatment Suffered Some Sort of Trauma During Childhood

This statistic clearly shows that the majority of teens struggling with substance abuse can point to trauma as a factor.

59% of Young People With PTSD Develop Substance Abuse Problems

Struggling with post traumatic stress disorder as a child or teen makes you far more likely to abuse substances later in life.

1 in 4 Americans Experience Trauma Before Age 16

In the United States, one-quarter of the population will experience trauma before they can drive a car.

Children Who Experience Trauma are 4x More Likely to Become Alcoholics

Without professional intervention, these children may face future substance abuse problems.

There's no doubt that experiencing childhood trauma means a greater risk of substance abuse and addiction throughout a lifetime. For help, call The Clearing today at 425-275-8600.

Resources

<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC3051362/>

http://www.nctsn.org/sites/default/files/assets/pdfs/SAToolkit_1.pdf