**MasterMinds & Tanque Verde Ranch Activities**

**TUESDAY, May 22nd**

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| **Activity** | **Description** | **Guest Name** |
| **7:00 am - 7:30 am**  **Lope Check**  *(Required prior to participation in Loping Ride at 9:45 am)* | The Lope Check is the highest level of horsemanship offered at Tanque Verde Ranch. The purpose of this check is to assess the rider’s skill for safety.  \*Full length pants and close toed shoes are required.  \*Weight limit of 250 lbs. |  |
| **8:00 am - 9:30 am**  **Walking Ride** | The walk rides at Tanque Verde Ranch are an enjoyable activity for everyone…regardless of skill level. This leisurely horseback riding adventure presents the perfect opportunity to experience desert vegetation and wildlife up-close and personal. Hour ride includes a 15-minute Basic Lesson at beginning of ride.  \*Full length pants and close toed shoes are required. |  |
| **8:30 am - 11:45 am**  **Visit the Nature Center** | See live creatures native to the Sonoran Desert and chat with one of our Naturalists while you discover the biodiversity of the Sonoran Desert. |  |
| **8:45 am - 10:00 am**  **Mountain Biking**  *(All Levels.*  *Limited reservations available)* | Experience the rush of the Southwestern terrain on a full suspension mountain bike with one of our experienced biking guides! A true desert adventure awaits you while you bicycle through Arizona's mountains and desert landscapes making this a ride you do not want to miss.  (Water bottle, gloves & riding helmet provided) |  |
| **9:45 am - 11:30 am**  **Loping Ride**  *(Passing lope check required prior to participation)* | The Lope Ride is the highest level of riding offered at the ranch and is one of the most popular activities. A Lope Ride consists of walking, trotting and loping in the desert landscape. In order to participate in the Lope Ride, one must pass a Lope Check.  \*Full length pants and close toed shoes are required.  \*Weight limit of 250 lbs. |  |
| **10:00 am - 11:15 am**  **Horsemanship Lesson** | This riding lesson will cover walking, trotting, loping, and reining of the western horse.  \*Full length pants and close toed shoes are required. |  |
| **10:30 am - 11:30 am**  **Walking Ride** | The walk rides are an enjoyable activity for everyone… regardless of skill level. This leisurely horseback riding presents the perfect opportunity to experience desert vegetation and wildlife. Saguaro and prickly pear cacti line the mountain trails and blanket the desert landscape.  \*Full length pants and close toed shoes are required. |  |

**MasterMinds & Tanque Verde Ranch Activities**

**WEDNESDAY, May 23rd**

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| **Activity** | **Description** | **Guest Name** |
| **1:00 pm - 2:00 pm**  **Walking Ride** | The walk rides are an enjoyable activity for everyone… regardless of skill level. This leisurely horseback riding presents the perfect opportunity to experience desert vegetation and wildlife. Saguaro and prickly pear cacti line the mountain trails and blanket the desert landscape.  \*Full length pants and close toed shoes are required. |  |
| **2:00pm - 3:00pm**  **Yoga** | What better time is there to find your inner Zen? The fresh air of the outdoors is the perfect way to calm your thoughts and disconnect from busy life. Use the natural sunlight and the vitamin D to find your equilibrium. You will have a peaceful experience that will help you physically, mentally, and spiritually. |  |
| **3:00 pm - 4:00 pm**  **Water Aerobics** | Water, water everywhere! Working out in the water is one of the most therapeutic activities one can take part in. Water aerobics builds cardio, strength and resistance all while being easy on the joints and in a cool and relaxing atmosphere! |  |
| **3:00 pm - 4:00 pm**  **Venom Presentation** | A discussion of the nature of venom and the  animals that use it. |  |
| **3:00 pm - 4:30 pm**  **Watercolor Workshop** | Join our watercolor workshop featuring Cal Cook. Here you will be able to choose a watercolor template, or freehand sketch your desired picture all the while under the careful supervision of Cal. Learn how to apply the various watercolor techniques and watch your portrait come to life. |  |
| **5:30 pm - 7:00 pm**  **Sunset Ride**  (Followed by the Cowboy Cookout) | Take in the wonder of a Sonoran desert sunset on horseback. Climb the mountain trails as you take in an extraordinary view filled with endless blue sky, towering cacti, and glimpses of other wildlife.  \*Full length pants and close toed shoes are required. |  |