

WINTER  
2020

10<sup>TH</sup>  
TO  
14<sup>TH</sup>  
FEBRUARY



# COOKERY & SPORTS

**TIME**

**08:00 – 17:00 daily**

**LANGUAGE**

**Multilingual**

(English, German, French)

**COST**

**CHF 600.– for 5 days**

extra CHF 20.– for city transport  
pass (if needed)

**AGE**

**4 – 10 year olds**

**LOCATION**

**Tandem IMS  
Seefeldstrasse 111  
CH-8008 Zürich**

**MORE INFOS:**

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**Tandem**   
INTERNATIONAL MULTILINGUAL SCHOOL



# COOKERY & SPORTS

TIMES	MONDAY 10 <sup>th</sup> FEBRUARY	TUESDAY 11 <sup>th</sup> FEBRUARY	WEDNESDAY 12 <sup>th</sup> FEBRUARY	THURSDAY 13 <sup>th</sup> FEBRUARY	FRIDAY 14 <sup>th</sup> FEBRUARY
08:00 – 08:30	<b>Drop off / Free play / Crafts (includes slime and bouncy ball making)</b>				
09:30 – 12:30	<b>Asian Cookery Morning</b> -Prepare colourful sushi and rice wraps and have fun using chop sticks to eat them. -Cook egg fried rice and learn about the chemical composition of an egg, how to crack it and separate the yolk without making a mess!  	<b>Mexican Cookery Morning</b> -Exploring our 5 primary taste sensations by trying a variety of foods and drinks blindfolded. -Children make burritos with their own choice of fillings including guacamole! -We will open a piñata filled with surprises! 	<b>Flip Lab</b> -We will spend the morning at Zürich's latest Trampoline, parcour and action park. -The indoor park has something for everyone including: -Ninja parcour -Beginners zone -Action zone -Volley jump -Basket ball trampolining area 	<b>Swiss Cookery Morning</b> -Baking Swiss biscuits (like Spitzbuebe or Chräbeli). Imagining that they will be sold in a supermarket. Emphasis will be put on designing and creating an eye catching product label with functional packaging. -Children will make traditional Hörnli pasta with sauce for their lunch.  	<b>Food Science Experiments</b> -Make homemade butter (investigate the separation of fat molecules) -Magical colour changing unicorn noodles (changing acidity levels to create colours) -Layers of earth pudding cup (learn about earth's 4 distinctive layers) 
12:30 – 13:30	<b>Eat lunch together and free play</b>	<b>Eat lunch together and free play</b>	<b>Lunch at Flip Lab</b>	<b>Eat lunch together and free play</b>	<b>Mini pizzas for lunch and free play</b>
13:30 – 16:00	Ice skating at the Dolder ice rink 	A flying yoga lesson at the yoga studio Sanapurna	Visit to Mühlerama bread factory to grind flour and make our own bread 	Bouldering at Minimum climbing hall 	Free choice: -Tennis -Basketball -Rounders -Assault course
16:00 – 17:00	<b>Pick up / Free play / Crafts</b>				

Please note that although we will try to stick to the timetable there could be slight changes.