

# SHOULD YOU BE TESTED FOR PAD?

#### WHAT IS **PERIPHERAL ARTERY DISEASE?**

Millions of people suffer from PAD each year. Peripheral Artery Disease (PAD) is a common circulatory problem in which fats, cholesterol and other substances (also known as plaque) build up inside the arteries in the legs and obstruct blood flow to the lower limbs and feet. If left untreated, PAD can lead to further complications and even amputation. Often times, plaque buildup inside arteries in the legs is a warning sign that there may be plaque buildup in other arteries throughout the body as well. As a result, people with PAD are more likely to suffer from a heart attack or stroke. Early detection of PAD can save your life and limbs by keeping your legs healthy and lowering your risk of heart attack and stroke. Answers to these questions will determine if you are at risk for PAD and if a vascular examination will help better assess your vascular health status.

PML 0497-A

| Patient Name:  Date of Birth:  Date:  Primary Physician/Referring Physician:  Hospital Name:  Phone Number: |  |    |  |
|---|--|----|--|
|   |  | 01 | Do you suffer from diabetes?  • Yes • No   |
|   |  | 02 | Do you have foot, calf, buttock, hip, or thigh discomfort (aching, fatigue, tingling, cramping, or pain) when you walk which is relieved by rest? $\bigcirc$ Yes $\bigcirc$ No |
|   |  | 03 | Do you experience any pain at rest in your lower leg(s) or feet?  ○ Yes ○ No   |
|   |  | 04 | Do you experience foot or toe pain that often disturbs your sleep? $\bigcirc$ Yes $\bigcirc$ No  |
|   |  | 05 | Are your toes or feet pale, discolored, or bluish?  O Yes O No   |
| 06  | Do you have skin wounds or ulcers on your feet or toes that are slow to heal [8-12 weeks]?  • Yes • No           |    |  |
| 07  | Has your doctor ever told you that you have diminished or absent pulses in your feet?  O Yes O No                |    |  |
| 80  | Do you suffer from severe injury to the lower legs or feet? ○ Yes ○ No   |    |  |
| 09  | Do you have an infection of the leg(s) or feet that may be gangrenous (black toes)? $\bigcirc$ Yes $\bigcirc$ No |    |  |

<sup>1</sup> Courtesy The Sage Group, http://thesagegroup.us/pages/reports/pad-real-

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 NHLBI. (2011, April 2011). What is Peripheral Arterial Disease? Retrieved
 June 24, 2013, from National Institutes of Health: http://www.nhlbi.nih.gov/

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## SUFFERING FROM LEG PAIN?

What is Peripheral Artery Disease (PAD)?

It's when plaque builds up in the arteries and limits flow to your legs.

#### Symptoms of **PAD**:

- Painful cramping in your hip, thigh or calf muscles after walking or climbing stairs
- Leg numbness or weakness
- Coldness in your lower leg or foot, especially when compared to the other leg
- Sores on your toes, feet or legs that will not heal (especially a black/discolored toe)
- A change in the color of your legs
- Hair loss on your feet and legs
- Erectile dysfunction in men

If you are experiencing these symptoms then a new, revolutionary treatment might be right for you.





### LUMIVASCULAR ATHERECTOMY

The first-ever therapeutic catheter allowing physicians to see—**INSIDE**—your artery and remove the blockage that is causing your symptoms. Unlike other procedures, visualization allows your physician to avoid damaging healthy vessels.