

Medical Questionnaire

CORONARY ARTERY DISEASE (CAD)

Description: Most commonly due to obstruction of the coronary arteries by atherosclerosis (narrowing of the arteries due to plaque), thrombosis, or spasm. When blood flow becomes compromised due to stenosis, it leads to symptoms of chest pain (angina). Plaques can rupture and release debris that prompts the formation of blood clots, a common cause for heart attacks or strokes. If the plaque blocks the artery completely, the area of the heart that is being supplied dies, resulting in a heart attack (myocardial infarction).

Age of client: _____ Age of onset: _____ Date of diagnosis: _____

Number of vessels impacted: _____

Names of vessels impacted if known: _____

Surgical history (bypass or angioplasty) with or without heart stent: _____

Current medications: _____

Date and results of angiograms, stress tests and myocardial perfusion studies:

Ejection Fraction (EF): _____%

Most recent blood pressure reading: _____/_____ Cholesterol level: _____
(See Hypertension Questionnaire)

Current build: Height _____ft _____in Weight _____lbs
(See Obesity/Underweight Questionnaire)

Smoking history: _____

Family history of CAD prior to age 60 (relationship and age of onset): _____
