

# SPORTS CAMERA SETTINGS

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**DAYLIGHT:** ISO 400–800, Av 5.6–8 or Tv 1/500–1/4000  
**SUNSET & DUSK:** ISO 800–1250, Av 2.8 or M 2.8 & 1/250–1/500  
**NIGHT & GYM:** ISO 1600–3200, M 2.8 & 1/250–1/400

*\*You want the shutter speed at 1/250 or higher. If you don't have a fast lens (2.8), move the f-stop to the lowest number and increase ISO to 2000–3200. If necessary, drop shutter to 1/125–1/160.*

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Print copies of the settings and tape to the bottom of cameras for photographers to consult. (Note, Nikon cameras may refer to Aperture Priority as A and Shutter Priority as T.)

## CAMERA MODES

**M** = Manual (photographer selects aperture and shutter speed)

**Av** = Aperture Priority (photographer selects aperture, camera sets shutter speed)

**Tv** = Shutter Priority (photographer selects shutter speed, camera sets aperture)