

Rebecca Rusch

Athlete, Author, Adventurer

Rebecca Rusch is the Queen of Pain with a heart of gold. It doesn't matter if Rebecca is pedaling through the night on an epic adventure across Italy, riding her bike up Africa's legendary Mt. Kilimanjaro, or teaching at a #JoinTheRusch camp or clinic, she brings energy, positivity and inspiration to whatever challenge she meets. As a professional athlete for over three decades, the 7x World Champion has continually tested her own limits, and shattered the glass ceiling in whatever sport she tackles. She redefined the team dynamics of adventure racing, has a first female ascent rock climbing El Capitan in Yosemite, river boarded down the Grand Canyon, and has given the men a run for their money in endurance mountain biking. Rebecca's work extends far beyond the start line as the best-selling author of *Rusch To Glory*, event producer for Rebecca's Private Idaho, motivational speaker, firefighter, and cycling advocate. Additionally, she has raised over \$100k for bike related charities through her adventures and events. Through Red Bull Media House in 2017, Rebecca released a full length feature film, *Blood Road*, which followed her very personal journey along the 1,800 kilometer Ho Chi Minh trail.

CAREER HIGHLIGHTS

- Author, *Rusch To Glory*, *Dirt Rag Mag* "Rusch Job"
- Seven-time World Champion in multiple sports
- Four-time Leadville 100 MTB Champion
- Three-time Dirty Kanza 200 Gravel Race Champion
- Course Record: Kokopelli Trail (Moab-Fruita) 13h 32m4 6s
- Raid Gauloises Adventure Racing World Champion Team
- Red Bull Endurance Athlete

ACCOLADES

Throughout her Rebecca many awards and honors. She has been named the [active.com](#)'s #6 World's Top 100 Athletes, [singletrack.com](#)'s Mountain Biker of the Year, Sports Illustrated Adventure Racing Team of the Year, and Outside Magazine's Top 20 Female Athletes of the Year.

PROFESSIONAL WORK

- Gold Rusch Tour- Events and rides aimed to get more women and girls on bikes.
- Rebecca's Private Idaho- Idaho's premier gravel grinder in its 5th year.
- *Rusch To Glory*- Rebecca's highly anticipated autobiography
- Speaking Engagements- Growing demand as motivational speaker in front of corporate, academic audiences on topic ranging from Leadership, Rules for Success, Discovering Inner Greatness and the Pursuit of Challenges

