



# *Mother's* Day

## **Activity Book**



Hi there kids,

We know you love your mum very much so we have made you a fun little activity book full of great activities so you can show your mum just how much she means to you!

**Did you know?**

**Mother's Day is on Sunday 10th May 2020.**

We hope you have fun spoiling your mum, we know how much she will love it.

From the team at Harcourts.



# Arts & Crafts



## Equipment

- ♥ Mason Jar
- ♥ Paint (Mum's fav colour)
- ♥ Paint Brush
- ♥ Clear Spray Paint
- ♥ Craft Scissors
- ♥ Vinyl Sticker
- ♥ Masking Tape
- ♥ Skewer or toothpick
- ♥ Photo of you and mum

**Note:**

You can use masking tape if you can't get vinyl stickers.



1

Using your craft scissors, cut the vinyl sticker into the shape you would like the frame to be. If you don't have vinyl stickers or craft scissors you can place masking tape.

2

Stick the vinyl sticker to the front of the jar or if using masking tape, stick multiple strips onto the front of the jar in the shape of a square or rectangle.



3

Paint the outside of the jar in your chosen colour and immediately remove the sticker or tape. If you wait for paint to dry it will be more difficult.

4

Once the jar is completely dry, cut your photo to size and using masking tape, stick it to the inside of the jar in the frame.

5

If the jar has a design on it, using a skewer or toothpick, you can scrape the paint off the design to make it a little more rustic.



6

Spray the the outside of the jar with the clear spray paint, wait for it to dry and then it is finished. Pop some flowers in and give to mum.

## Equipment

- ♥ Cupcake Liners
- ♥ Coloured Buttons
- ♥ Coloured Pencils
- ♥ Masking Tape
- ♥ Green Paper
- ♥ Craft Glue
- ♥ Scissors
- ♥ Hole Punch

**Note:**

You can also cut the cupcake liners into daisy shaped flowers.



1

**Flowers:**

If your cupcake liners are white on the inside, carefully turn them inside-out. If you only have white liners, draw your own pretty pattern on the inside and turn inside-out.

2

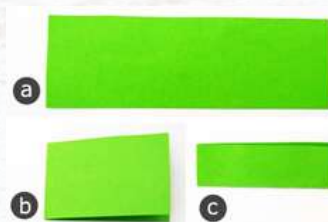
Glue a button to the center of the cupcake liner. If you don't have a button, cut a circle out of paper and colour it in.



3

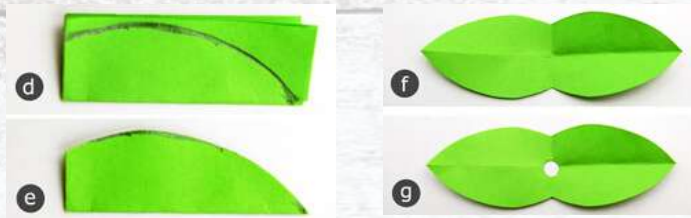
**Leaves:**

A) Cut out a 3cm x 8cm rectangle from green paper. B) Fold in half, widthwise. C) Fold in half, lengthwise.



4

Draw a half-leaf shape along the long folded edge. The base of the half-leaf should be wide and located along the paper's short folded edge. Cut along the line. Open up and make a hole using hole punch.



5

Slide the leaves up the pencil to the middle and tape the pencil to the back of the cupcake liner. Make several different colours and place in a jar for mum.

# Tea Cup Card

## Equipment

- ♥ 1 Piece of A4 Card
- ♥ Piece of Coloured Paper
- ♥ 1 Egg Carton
- ♥ Pipe Cleaner
- ♥ 1 Teabag (mum's fav)
- ♥ Craft Glue
- ♥ Flower shapes or stickers to decorate (optional)
- ♥ Paint
- ♥ Paint Brush

1

Cut egg carton box to form individual cups.

2

Paint the egg cups in mum's favourite colour. Wait for it to dry.

3

Fold the card in half lengthways to form a card.

4

Cut the coloured piece of paper slightly smaller than the folded piece of card and glue to the front.

5

Glue the dried egg cup to the front of the card.

6

Cut the pipe cleaner to size to form a small handle. Glue to card.

7

Place teabag into the cup and glue the handle to the card.

8

If you have decorative flowers, glue them to card otherwise you can draw your own flowers on the card.

9

Write a special message to mum on the inside and it is now ready to give to mum.



## Equipment

- ♥ Coloured Tissue Paper
- ♥ Scissors
- ♥ Printer (optional)
- ♥ Coloured Card
- ♥ Glue

**Note:**

**If you can't print the template on the next page you can just draw a love heart and fill with tissue paper.**



1

Print the template on the next page and cut out around the heart and letters.

2

Fold the coloured card in half to form a card.

3

Glue the cut out pieces to the front of your card.

4

Cut the different coloured tissue paper into 2cm squares.

5

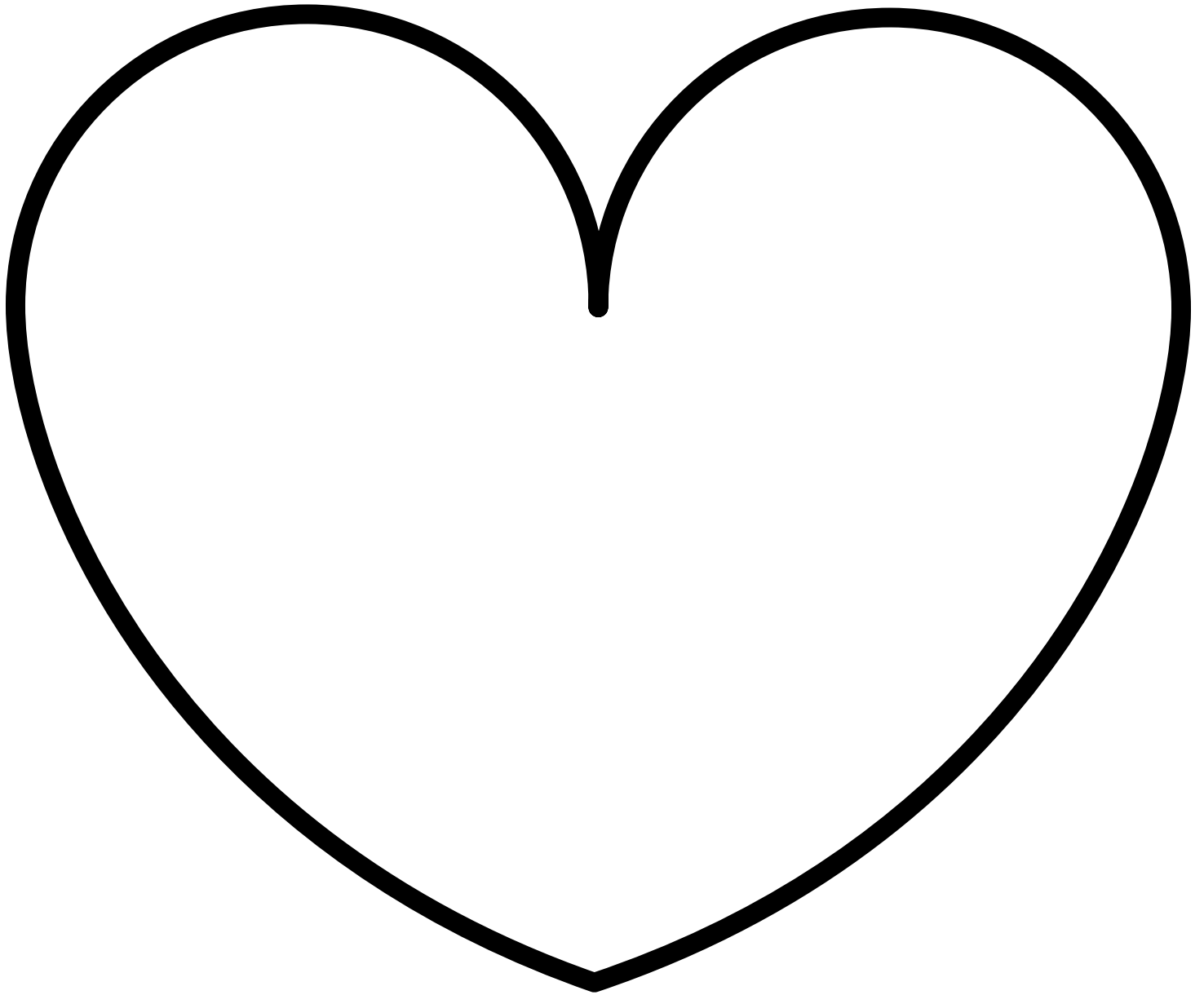
Glue the tissue paper inside the heart.

6

Write a special message to mum on the inside and it is now ready to give to mum.



**I love you**



**to pieces**



## Equipment

- ♥ Flower Pot Template
- ♥ Kraft Paper Card
- ♥ Red, Purple or Pink Card
- ♥ White Card
- ♥ Green Popsticks
- ♥ Extra Strength Glue
- ♥ Skinny Ribbon
- ♥ Hole Punch
- ♥ Scissors
- ♥ Marker

**Note:**  
If you can't print the template on the following pages you can just draw a pot on the kraft paper and 9x tear drop shapes on the coloured paper.



1

Print out the flower pot page of the template on brown kraft cardstock. Print out the flower petal page of the template on red, purple or pink paper.

2

Cut out each of the pieces of the template.

3

Fold the flower pot template in half along the line between the two pots to create your card. Write a message inside with marker.

4

Cut out a square on the white card so it fits on the lower part of the pot and write Happy Mother's Day! with marker.

5

Use a hole punch to punch a hole on each side of the flower pot rim to add your ribbon in a later step.

6

Gather your flower petals and fold six of the flower petals in half and leave three unfolded.

7

Add glue on the sides of one of your unfolded flower petals and glue two folded petals on the flower with the folds facing towards each other. Repeat this step to make two more tulip flowers.



8

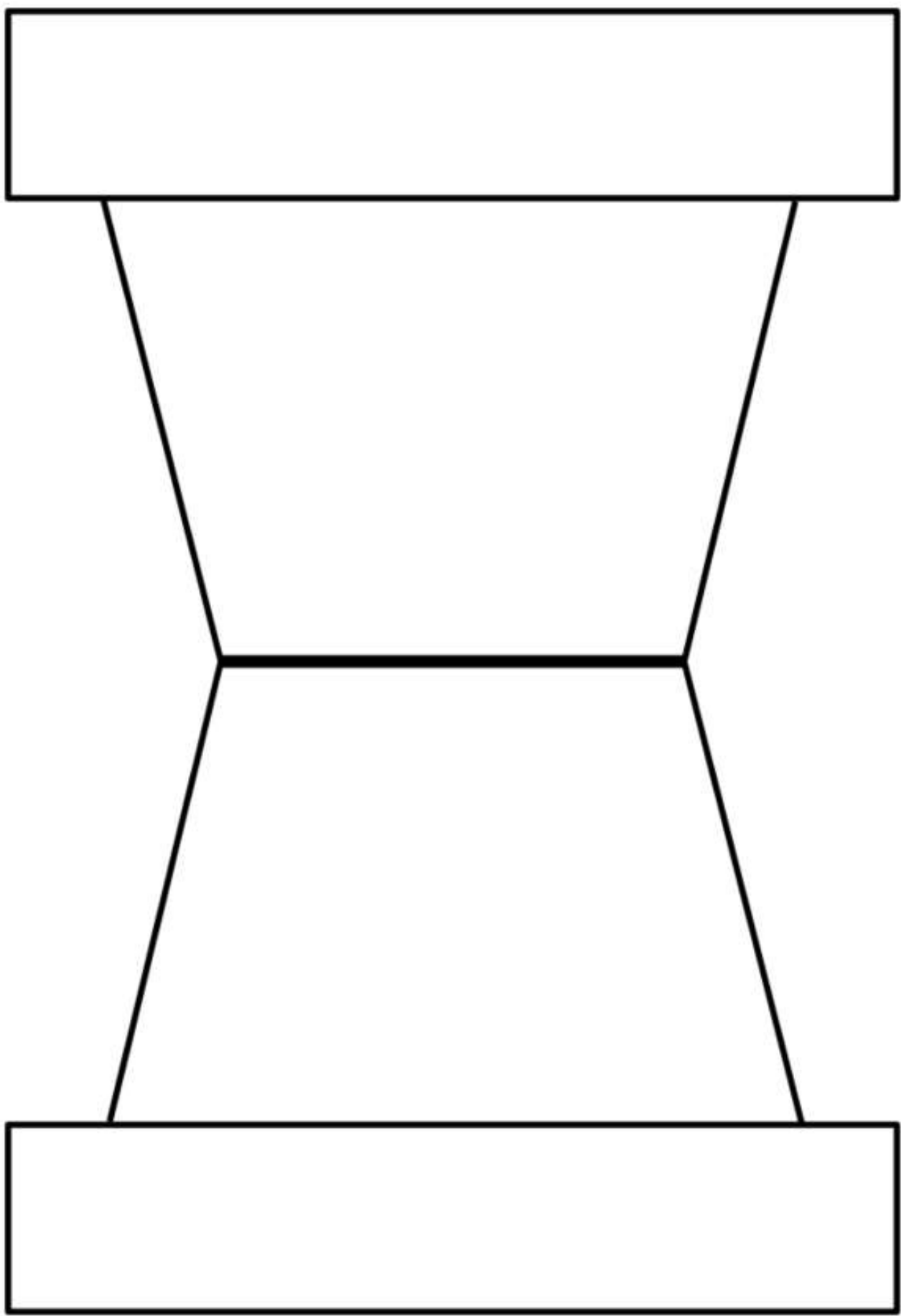
Add glue at the top of your green popstick and attach the tulip flowers to them.

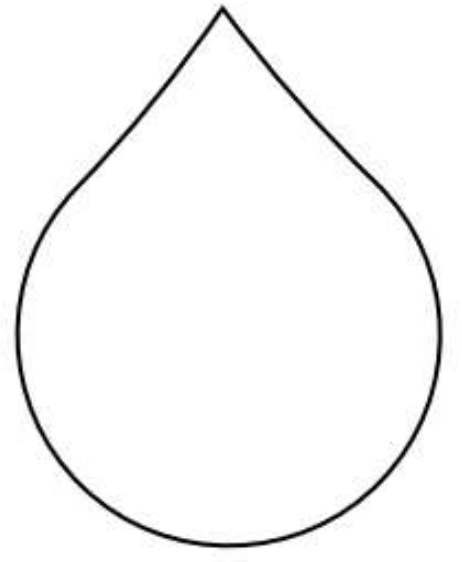
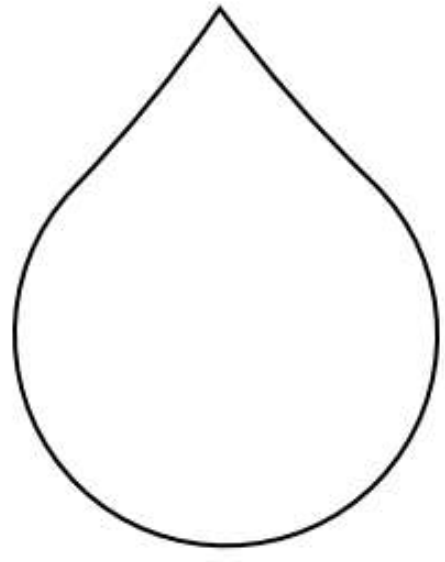
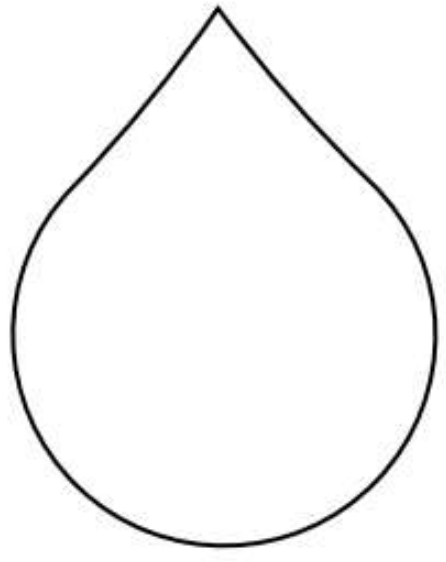
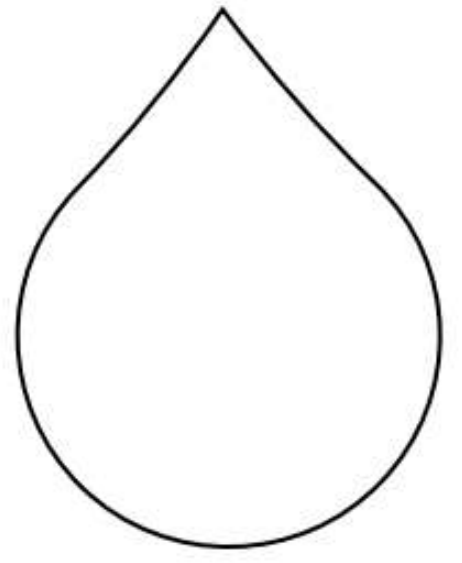
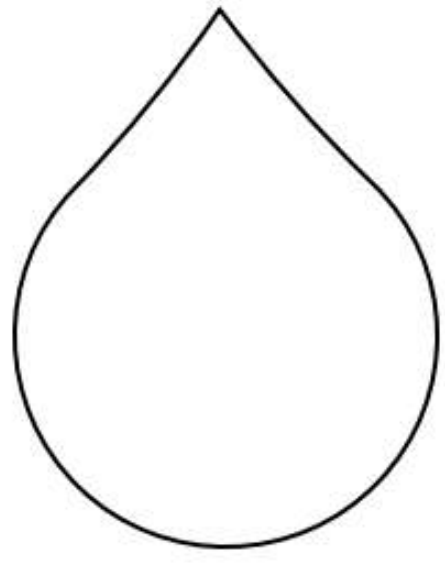
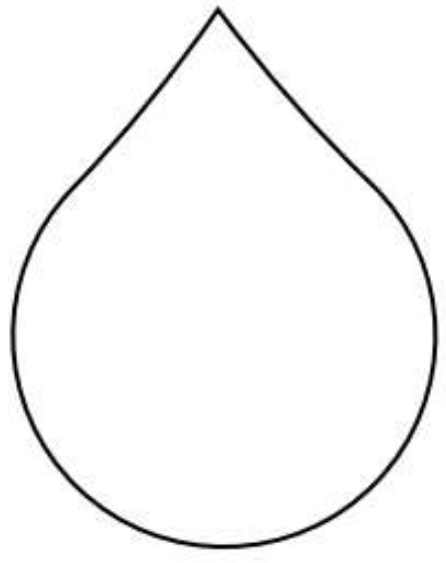
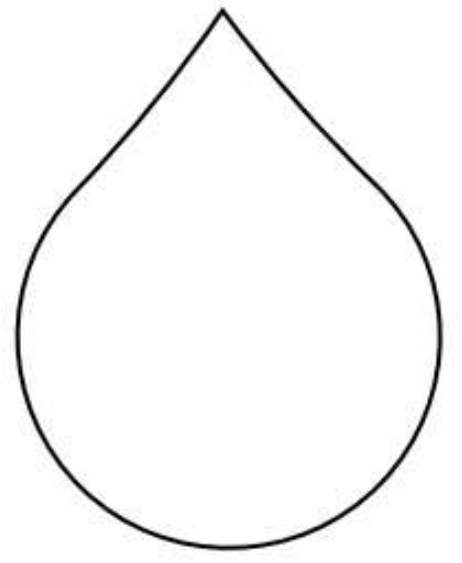
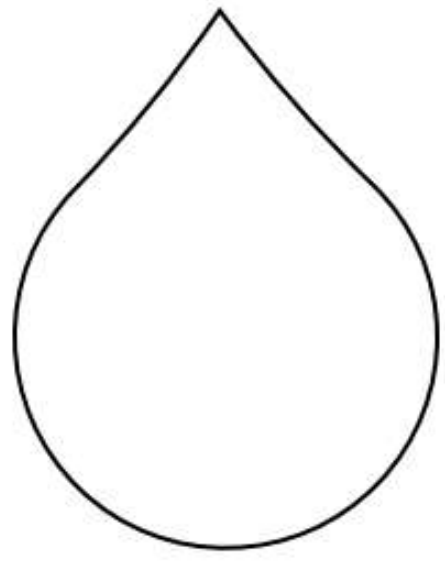
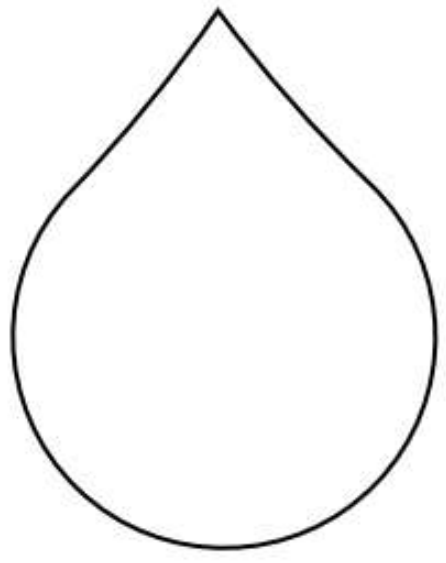
9

Open up your flower pot card. Add glue to the back of the green craft sticks and glue them at the top of the card so the stems are down inside the flower pot.

10

Close the flower pot card. Thread the ribbon through the two holes at the top of the flower pot and tie it closed with a bow on the front of the flower pot card.





# Letters & *Poems*



# 10 REASONS why you're the BEST MUM EVER!

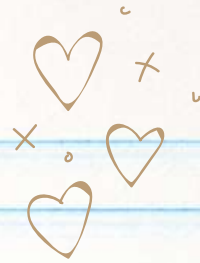


1. You're a superhero. THANKS for taking care of me with all your incredible strength.
- 2.
- 3.
- 4.
- 5.
- 6.
- 7.
- 8.
- 9.
- 10.

Print or write your own list of reasons why you're mum is the best mum ever!



Dear Mum,



I love you more than

\_\_\_\_\_ because you

are so \_\_\_\_\_.

as \_\_\_\_\_ as a \_\_\_\_\_.

I think you are amazing  
because \_\_\_\_\_.

My favourite thing to do  
with you is \_\_\_\_\_.

You make me laugh when  
you \_\_\_\_\_.

I love you  
always because \_\_\_\_\_.

Happy Mother's Day!

Love \_\_\_\_\_.



# A Letter to Mum

Dear mum,

Thank you for everything you do.

Every morning, you \_\_\_\_\_

Every night you, \_\_\_\_\_

My favourite thing you cook is \_\_\_\_\_

My favourite game we play is \_\_\_\_\_

I have the most fun with you when \_\_\_\_\_

It makes you happy when I \_\_\_\_\_

Three things I would really like to do with you this year are:

1. \_\_\_\_\_

2. \_\_\_\_\_

3. \_\_\_\_\_

I love you so much mum and I am going to give you  
\_\_\_\_\_ many hugs today.

Happy Mother's Day to the best mum in the entire  
\_\_\_\_\_.

Love \_\_\_\_\_



**My mum is really great, she's sweet as can be;  
When I need some help, I know she's  
always there for me. Mum loves me all  
the time, even when I'm a pest;  
She always takes good  
care of me, my mum  
is the BEST!**

**Mum I love you for all that you do.  
I'll hug and kiss you because you love me  
too! You feed me and need me to teach  
you to play. So smile because I love  
you, on this Mother's Day.**



**If at first you don't succeed,  
try doing it the way mum  
told you to do it in  
the beginning.**

**Mum, I know you love me by the way  
you show you care. You hug me and talk to  
me softly; when I need you you're  
always there. Mum, I love you always,  
from my heart I want to say,  
I'm so glad your my mum.  
Happy Mother's Day.**

# Treats & *Recipes*



# Baked Dippy Eggs

## Ingredients

- ♥ 1 large slice of ham
- ♥ 8 small spinach leaves
- ♥ 8 cherry tomatoes
- ♥ 4 eggs
- ♥ 1 matchbox-size piece of cheese
- ♥ 4 slices of bread, toasted, buttered and cut into dippers to eat with them

## Equipment

- ♥ 4 Ramekins

### Note:

**You will need a grown up to help you with this recipe.**

1

Ask a grown-up helper to switch the oven on to 180C/160C fan/gas 4. Put 4 ramekins in front of you. Cut the ham and spinach into strips with your scissors. Put some in each ramekin.

2

Squash the cherry tomatoes into a bowl using your fingers. Spoon 2 tomatoes and some of the juices into each ramekin.

3

Break an egg into a bowl. Scoop out any pieces of shell with a spoon, then tip the egg carefully into the ramekin. Do the same with the other 3 eggs.

4

Grate the cheese and sprinkle some on top of each egg. Ask a grown-up helper to put them in the oven on an oven tray for 15-18 minutes or until the egg white has set.

5

Put on plate with slices of bread, toasted, buttered and cut into dippers to eat with them and serve to mum in bed.



## Ingredients

- ♥ 2 cups shredded coconut + extra
- ♥ 1/2 cup almonds
- ♥ 2-3 tbsp honey or rice malt syrup to taste
- ♥ 2 tbsp coconut oil
- ♥ Zest and juice of 1 lemon

## Equipment

- ♥ Food processor
- ♥ Zester

### Note:

**You will need a grown up to help you with this recipe.**



1

Place all ingredients into the food processor and blend for 1 minute.

2

Roll into small balls around the size of a 10c piece.

3

Roll in extra coconut.

4

Place on a lined tray and chill in the fridge until firm.



## Ingredients

- ♥ 1 cup almond milk
- ♥ 1 and 1/2 cup frozen mixed berries
- ♥ 1 ripe banana
- ♥ 1/3 cup fresh spinach
- ♥ 1 teaspoon vanilla extract
- ♥ 2 tablespoon flax or chia seeds

## Equipment

- ♥ Blender or Nutri Bullet

### Note:

**You will need a grown up to help you with this recipe.**



1

Combine all ingredients into a blender and blend.

2

Pour into a bowl and decorate with your favourite toppings including: granola, sliced fruit and toasted pumpkin seeds.

3

Serve immediately.



## Ingredients

- ♥ 3 cups chocolate chips (Milk or dark chocolate)
- ♥ 400g sweetened condensed milk
- ♥ 1 tsp vanilla essence
- ♥ 1 Tbsp unsalted butter

## Equipment

- ♥ Slow Cooker

### Note:

**You will need a grown up to help you with this recipe.**



1

Prepare an 8X8 Pan by greasing and lining it with baking paper

2

Place all the ingredients in a slow cooker.

3

Turn the slow cooker to low and leave the lid off.

4

Cook for one hour, stirring every 15-30 minutes.

5

Once done, pour into the lined tin.

6

Place in the fridge for at least 2 hours.

7

Once set cut into squares and enjoy!



## Ingredients

- ♥ 6 bananas
- ♥ 1/2 cup cacao powder
- ♥ 1/2 cup coconut oil
- ♥ 1/4 agave syrup
- ♥ 1 teaspoon almond extract
- ♥ 1 teaspoon vanilla extract

### TOPPINGS

- ♥ Desiccated coconut
- ♥ Dark chocolate baking chunks
- ♥ Chopped peanuts
- ♥ Freeze dried strawberries
- ♥ Zest of some oranges (zest of 1 orange per 1/2 banana)

## Equipment

- ♥ Skewers
- ♥ Zester

1

Peel and cut bananas in half. Slide banana on a skewer and freeze.

2

Mix cacao powder, coconut oil, agave syrup, almond extract, and vanilla extract together in a bowl.

3

Crush toppings that need to be crushed: dark chocolate baking chunks, nuts, and freeze dried strawberries. Zest the oranges.

4

Dip frozen bananas in chocolate sauce, then in topping. You will need to work quickly because the chocolate freezes right away!



# Pamper & *Relax*





# TOP 5

## Ideas to Pamper your Mum.

1

### Coconut Oil Face Mask

1tbsp coconut oil, 3tbsp oatmeal, warm water.  
Mix all ingredients together, apply to face in circular motion.  
Rinse after 15 minutes with cool water & clean towel.

2

### Run a Bubble Bath

Run the bath, get some bubbles going and  
top with rose petals.

3

### Paint her Nails

Chances are your mum hasn't been able to get her  
nails done for a couple weeks. You can do them for  
her. Grab her favourite polish and paint away.

4

### Clean the House

There's one day a year your mum shouldn't lift a  
finger and that's Mother's Day. Clean the house from  
top to bottom.

5

### Breakfast in Bed

Before your mum jumps out of bed prepare one of  
the recipes earlier in the activity book so she can  
enjoy a meal before leaving the bed.



# Favours & *Coupons*



Cut these coupons out and let your mum choose one from a jar every hour and you must complete the task. No Questions Asked.



**Happy Mother's Day**  
This coupon is good for  
*House Cleaning*  
-----  
With love from  
-----



**Happy Mother's Day**  
This coupon is good for  
*Breakfast in Bed*  
-----  
With love from  
-----



**Happy Mother's Day**  
This coupon is good for  
*water Plants*  
-----  
With love from  
-----



**Happy Mother's Day**  
This coupon is good for  
*Big Hug*  
-----  
With love from  
-----



**Happy Mother's Day**  
This coupon is good for  
*car wash*  
-----  
With love from  
-----



**Happy Mother's Day**  
This coupon is good for  
*Dog walk*  
-----  
With love from  
-----



**Happy Mother's Day**  
This coupon is good for  
*Dishes*  
-----  
With love from  
-----



**Happy Mother's Day**  
This coupon is good for  
*Weeding Garden*  
-----  
With love from  
-----




**Happy Mother's Day**  
This coupon is good for  
*1 Hour of Silence*  
-----  
With love from  
-----



**Happy Mother's Day**  
This coupon is good for  
*House Dusting*  
-----  
With love from  
-----



**Happy Mother's Day**  
This coupon is good for  
*Lawn Mowing*  
-----  
With love from  
-----



**Happy Mother's Day**  
This coupon is good for  
*Leaf Raking*  
-----  
With love from  
-----



**Happy Mother's Day**  
This coupon is good for  
*Take out Bin*  
-----  
With love from  
-----



**Happy Mother's Day**  
This coupon is good for  
*Special Lunch*  
-----  
With love from  
-----




**Happy Mother's Day**  
This coupon is good for  
*Doing the Laundry*  
-----  
With love from  
-----



**Happy Mother's Day**  
This coupon is good for  
*Bubble Bath*  
-----  
With love from  
-----

Cut these coupons out and let your mum choose one from a jar every hour and you must complete the task. No Questions Asked.



**Happy Mother's Day**  
This coupon is good for

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With love from

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**Happy Mother's Day**  
This coupon is good for

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With love from

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**Happy Mother's Day**  
This coupon is good for

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With love from

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**Happy Mother's Day**  
This coupon is good for

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With love from

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**Happy Mother's Day**  
This coupon is good for

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With love from

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**Happy Mother's Day**  
This coupon is good for

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With love from

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**Happy Mother's Day**  
This coupon is good for

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With love from

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**Happy Mother's Day**  
This coupon is good for

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With love from

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# Happy *Mother's* Day

**We hope you have a special day  
and get spoiled like you deserve.**

**From the team at**

 **Mortgage  
Express**

