

The 7 Different Learning Styles

Read the following information out loud:

- Interpersonal learners tend to work best when studying with other people. Typical methods would include quizzing each other.
- Auditory-musical learners take the most information in through hearing. Sound recording and mnemonics are the best methods.
- Mathematical learners work best using logic and structures. These learners work best with numbers and statistics.
- Spatial learners tend to work best with pictures and images. Using colours and mind maps would be best for these visual learners.
- Intrapersonal, or solitary, learners work best alone, noting down important information in a journal and reciting it back to themselves.
- Linguistic learners work best with written or spoken words. The best techniques for them are rhymes or acronyms, like this one.
- Kinaesthetic learners work best by carrying out the physical activity themselves, role playing and using physical objects such as flashcards are the most helpful.

Now write, in your own words, examples of useful study methods for each type of learning style:

Interpersonal:

Auditory-Musical:

Mathematical:

Spatial:

Intrapersonal:

Linguistic:

Kinaesthetic:
