

BIG DAY

of move



06:30	19:00	Bath Sports & Leisure Centre	Swimming Session
06:30	19:00	Bath Sports & Leisure Centre	Sauna and Steam
08:00	18:00	Bath Sports & Leisure Centre	Gym Pass
08:00	09:00	Commando Bootcamp	Bootcamp
08:00	16:00	Farrington Park Fitness Centre	Gym & Spa
08:30	19:30	Bath Sports & Leisure Centre	Weekend Badminton Court Hire - Peak Time
08:30	09:30	Exercise Easy - Beechen Cliff School	Xtreme
09:00	18:00	Phase One	1 Day Gym Pass
09:00	09:45	J W Martial Arts	Little Ninjas
09:00	10:00	Commando Bootcamp	Bootcamp
09:00	10:00	Team Breakthrough	Breakthrough Group Training
09:00	10:00	Total Movements Fitness Centre	Boot Camp
09:00	10:00	Tribe4Fitness Training Studio	Bootcamp
09:30	10:25	Bath Sports & Leisure Centre	Total Body Conditioning
09:30	10:30	Urban Training Systems	UTS Workout - Peak
09:45	10:30	J W Martial Arts	Little Ninjas
10:00	11:00	Total Movements Fitness Centre	YOGA
10:30	11:15	Bath Sports & Leisure Centre	Zumba
11:00	12:00	Team Breakthrough	Breakthrough Group Training
11:00	12:30	Bath Capoeira - Percy Community Centre, Tues 19:30	Capoeira
11:00	12:30	Kalindi Yoga - Cheese and Grain	Yoga - Mixed Ability
15:00	16:00	Well Bath	Well Warrior Muy Thai
15:00	16:00	BoxFit4You Oskar Rozwens - Well-Bath Gym	Well Warrior - Group Session