

Make Change Happen

Reflect

Change always begins with analysis & reflection. Understand, only then try to change habits.

01



Prioritize

People can only change very few things at once so focus is crucial.

02

Give time

Change and growth always takes trial and error. Accept and embrace that.

03



Involve

There's power in numbers. Make sure you involve and empower everyone on the journey.

04



Compound

Positive change compounds, leading to disproportionate rewards for the best so start early.

05

