



EPICURED

DELICIOUS LOW FODMAP & GLUTEN-FREE MEALS

Delivered to Your Doorstep

Epicured provides **HEALING FOOD FOR YOUR DIGESTIVE HEALTH**. We partner with the top GI clinicians (including yours!) to help you eat food you love and feel your best. Every meal we deliver is low FODMAP and gluten-free, dietitian-approved, and backed by science.

We want you to recapture the joy of eating, so our world-renowned culinary team, led by **chef Dani Chavez-Bello** created an incredible array of over 70+ entrees, soups, salads, breakfasts, snacks, and smoothies to choose from. Because you're a patient of our Partner in Health,

WE INVITE YOU TO TRY YOUR FIRST BOX ON THE HOUSE!

Tasting is Believing

Don't take our word for it, try us for free with the **RxBox**, a complimentary trial order for \$75 of any of our belly-friendly food you'd like to try, conveniently delivered to your doorstep.

Visit epicured.com/rxbox to create your subscription and order your RxBox.



- **CONVENIENCE:** Get delicious, freshly-prepared dishes to your doorstep.
- **PEACE OF MIND:** Know that food is on it's way each week to soothe your troubling digestive symptoms.
- **NO MESS:** Simplify your daily routine - we do the cooking for you!
- **NO STRESS:** Minimize the guesswork of applying the low FODMAP diet (it can be complicated!)
- **EXPANSIVE OPTIONS:** Increase your plant and fiber intake to support your gut health with fresh, never frozen meals.

In just 4 easy steps, your Epicured menu selections can be on their way to you!



-1-

Pick Menu
Items



-2-

Schedule
Delivery



-3-

Receive
Box



-4-

Plan
Next Week



AVAILABLE
NATIONWIDE

Epicured is a meal subscription service. You can cancel or skip at any time or order your favorite meals a la carte in the future!