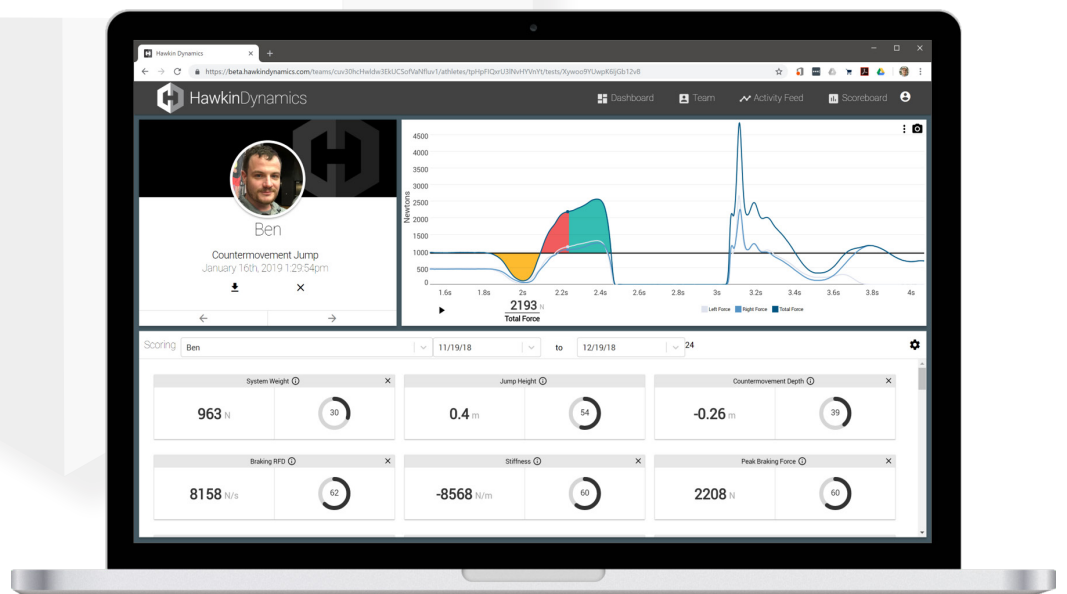


HAWKIN

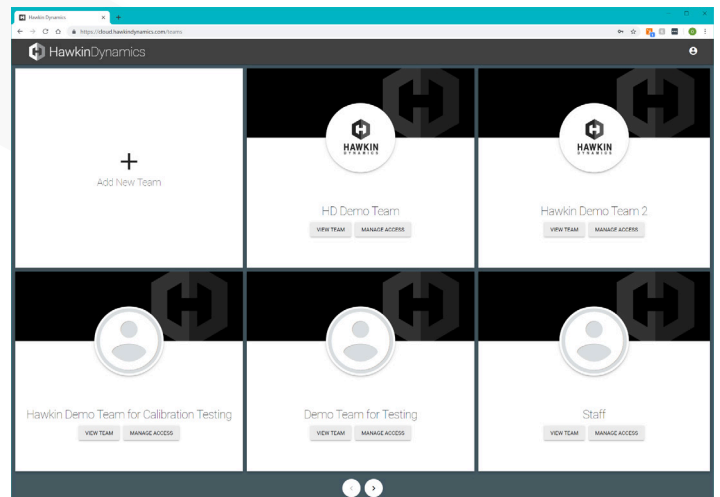
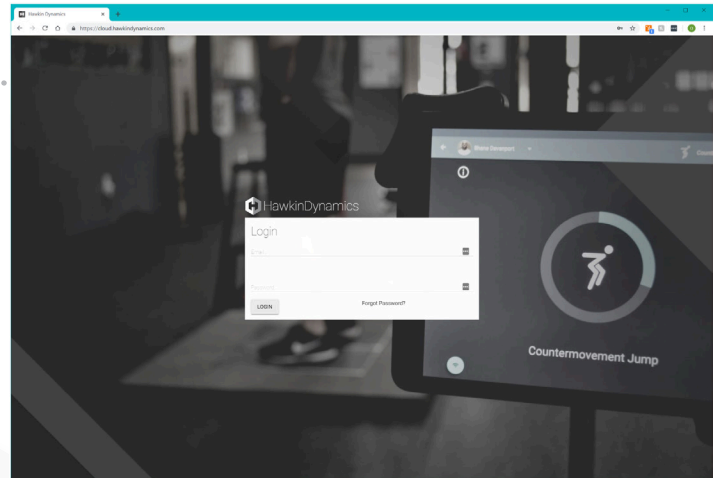
DYNAMICS

CLOUD GUIDE



1 Logging Into the Cloud

Enter the login credentials for your account. After login, you'll be directed to the **Team Management** page. On this page you can select which team you'd like to view, create a new team, and manage access to your teams. Please note that only Organizational Administrators can create new teams and manage access. New user accounts can be added to each team by clicking the "**Manage Access**" button under a specific team.



2 Dashboard

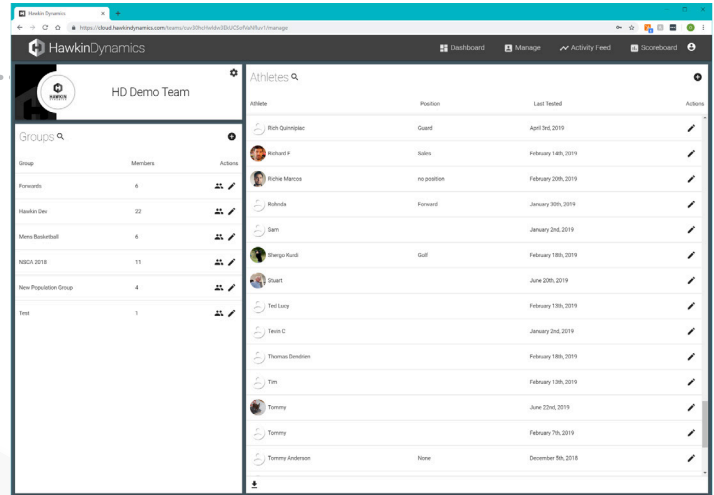
After you've inputted your credentials and clicked "**View Team**" you will be directed to the Cloud Dashboard. Here you can see your team and athletes, filter athletes by group or team, view individual sessions, and export data. A "**Session**" is defined as any day on which data was collected.

HD Demo Team					
Filter: All Tests					
NEW FILTER					
Tests					
Athlete	Type	Key Metrics	Tags	Date	
Andrew Trane	Free	Peak Force 1081 w		Jul 3rd, 19 09:13:07am	
Andrew Trane	Free	Peak Force 1044 w		Jul 3rd, 19 09:13:08am	
Andrew Trane	Free	Peak Force 1102 w		Jul 3rd, 19 09:13:17am	
Carl Sonny	CMJ	Jump Height 0.35 w		Jul 3rd, 19 09:00:10am	
Carl Sonny	Free	Peak Force 1088 w		Jul 3rd, 19 09:00:07am	
Carl Sonny	Free	Peak Force 1074 w		Jul 3rd, 19 09:00:05am	
Carl Sonny	Free	Peak Force 1093 w		Jul 3rd, 19 09:00:06am	
Carl Sonny	Free	Peak Force 1081 w		Jul 3rd, 19 08:59:05am	
Carl Sonny	Free	Peak Force 1051 w		Jul 3rd, 19 08:59:03am	
Carl Sonny	Free	Peak Force 1040 w		Jul 3rd, 19 08:59:01am	
Carl Sonny	Free	Peak Force 1048 w		Jul 3rd, 19 08:59:04am	
Carl Sonny	Free	Peak Force 1052 w		Jul 3rd, 19 08:59:04am	
Andy D	Free	Peak Force 1 w		Jul 3rd, 19 08:59:21am	
EXPORT 6658					



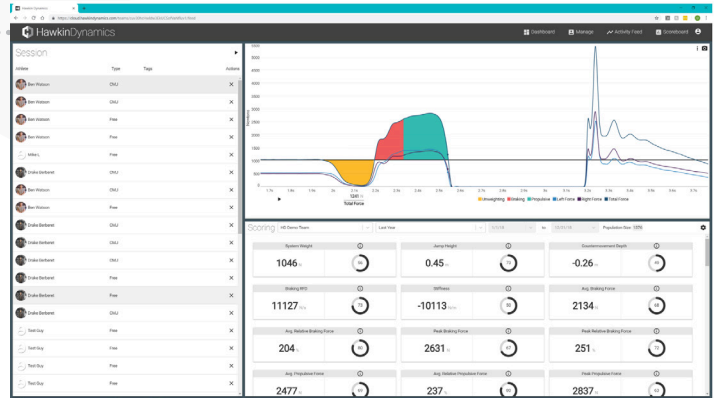
3 Manage Team

To manage your team, Click the **"Manage"** button on the upper navigation bar. On this page you can add new athletes individually or en masse via an excel import, create and manage groups, and edit athlete information.



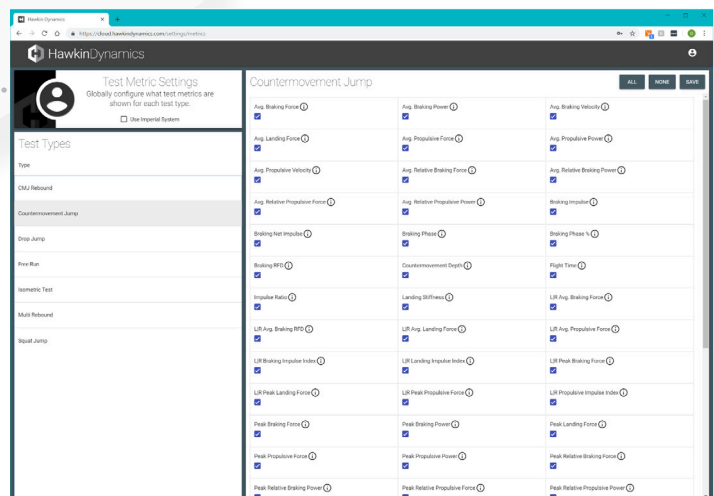
4 Activity Feed

To view data as it comes into the system, click the "Activity Feed" button on the upper navigation bar. The activity feed will populate in real-time as tests come in (as long as the phone running testing is connected to a network). You can view metrics for tests in the bottom right portion of the screen, edit which metrics are displayed by clicking the gear icon in the upper corner of the metric box, edit the z-scores to compare against any athlete.



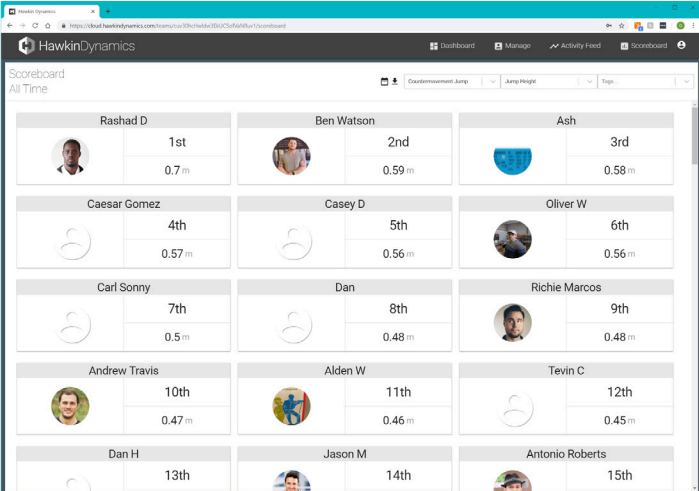
5 Edit Metrics

To edit metrics, click on the **gear icon** in the middle right section of the screen—this will bring up the metric settings page. You can adjust which metrics are displayed for each test type. Rest assured, all metrics will still calculate for every test—this feature only edits which metrics are displayed. On subsequent exports of calculated values, only the metrics you select will be included in excel documents exported from the system.



6 Scoreboard

Click on the **"Scoreboard"** button in the upper navigation menu to see how your athletes compare for different metrics. You can filter the scoreboard by metric, with tags, by jump type, and either all time or for a specific session/custom date range. To make the scoreboard populate you must first make sure you select a date range, test type, metric, and any tags (if applicable).

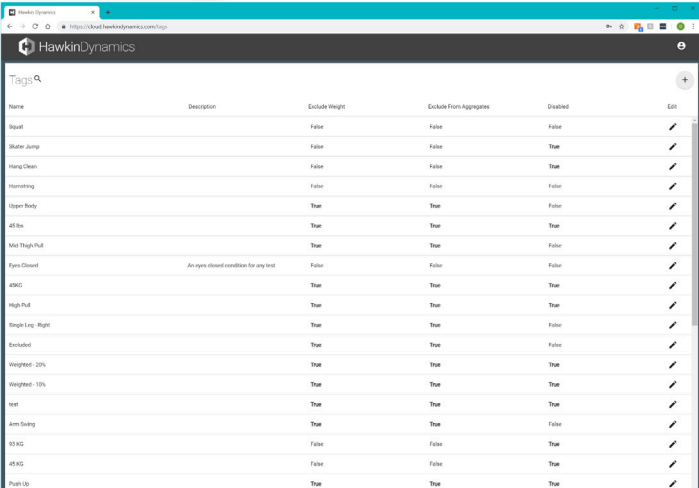


The screenshot shows the HawkinDynamics Scoreboard interface. At the top, there's a navigation bar with 'Dashboard', 'Manage', 'Activity Feed', and 'Scoreboard'. Below the navigation bar, there's a filter section with 'Custom Movement Jump' and 'Jump Height'. The main area displays a grid of 15 athlete performance cards, each showing a profile picture, name, rank, and a metric value (e.g., 0.7 m, 0.59 m, 0.58 m).

Rank	1st	2nd	3rd	4th	5th	6th	7th	8th	9th	10th	11th	12th	13th	14th	15th
Name	Rashad D	Ben Watson	Ash	Caesar Gomez	Casey D	Oliver W	Carl Sonny	Dan	Richie Marcos	Andrew Travis	Alden W	Tevin C	Dan H	Jason M	Antonio Roberts
Metric	0.7 m	0.59 m	0.58 m	0.57 m	0.56 m	0.56 m	0.5 m	0.48 m	0.48 m	0.47 m	0.46 m	0.45 m			

7 Tags

To edit which tags are available for data collection, click on the icon in the upper right hand corner of the screen and select **"Tags."** On this page you can add new tags, and edit/disable active tags for use in the Hawkin Capture App. This function gives you an option to exclude weight and exclude from Aggregates—it is recommended that you **"Exclude Weight"** any tags that involve loaded movement so that it doesn't throw off the running system weight for an athlete.



The screenshot shows the HawkinDynamics Tags management interface. It features a search bar at the top and a table with columns: Name, Description, Exclude Weight, Exclude From Aggregates, Disabled, and Edit. The table lists various tags such as 'Squat', 'Shuttle Jump', 'Hang Clean', 'Hamstring', 'Upper Body', 'AT Sit', 'Mid High Pull', 'Plyo Clean', 'AT Sit', 'High Pull', 'Single Leg Right', 'Excluded', 'Weighted - 20%', 'Weighted - 10%', 'Vest', 'Arm Swing', '55 KG', '45 KG', and 'Push Up'.

Name	Description	Exclude Weight	Exclude From Aggregates	Disabled	Edit
Squat		False	False	False	✎
Shuttle Jump		False	False	True	✎
Hang Clean		False	False	True	✎
Hamstring		False	False	False	✎
Upper Body		True	True	False	✎
AT Sit		True	True	True	✎
Mid High Pull		True	True	False	✎
Plyo Clean	As open closed condition for any test	False	False	False	✎
AT Sit		True	True	True	✎
High Pull		True	True	True	✎
Single Leg Right		True	True	False	✎
Excluded		True	True	False	✎
Weighted - 20%		True	True	True	✎
Weighted - 10%		True	True	True	✎
Vest		True	True	True	✎
Arm Swing		True	True	False	✎
55 KG		False	False	True	✎
45 KG		False	False	True	✎
Push Up		True	True	True	✎

