

Scope of practice: what we can evaluate and guide you with

General Health, including kids

- Nasal congestion, sinus pain
- Sore throat
- Cough
- Headache / migraine
- Fever
- Diarrhea
- Vomiting
- Minor aches and pains
- Urinary infections (uncomplicated)
- Allergies
- Sexual health (sexually-transmitted infection (STI) information and screening)
- Weight management and general nutrition advice
- Travel health
- Breastfeeding support
- Prescription refills when clinically indicated (except for benzodiazepines, narcotics and cannabis, ADHD medication)

Healthcare navigation

- Assist in appointment scheduling: physicians, specialists, tests, radiology, new pregnancy, etc.)

Skin Issues

- Skin rash, hives
- Acne, Eczema, Rosacea
- Moles / warts
- Cold sores / Herpes
- **Painless** eye irritation / infection
- Abrasions
- Minor bites or cuts

Minor injuries or traumas

General advice on injuries and muscular or joint pains, guidance on when should you seek a MD for a physical examination

Mental Health

- Anxiety disorder
- Stress
- Fatigue
- Depression
- Mood disturbance
- Insomnia, sleep hygiene counselling
- Family, relationship, or work conflict
- Work-Life coach

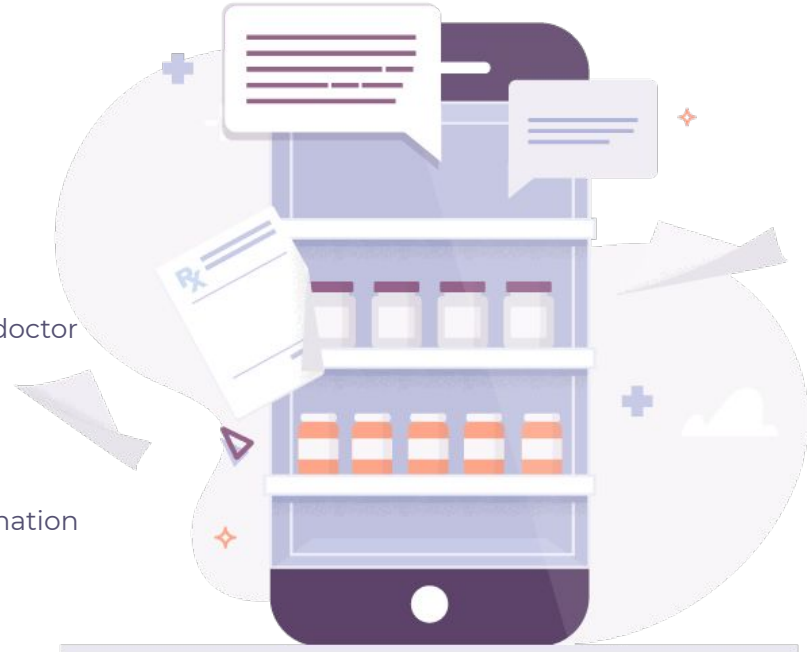


What we cannot treat

Telemedicine is currently not suited for everything, we will guide you in case your symptoms cannot be assessed via tele-consultation

Major medical emergencies (call 911) and the following symptoms and cases:

- Most conditions in children under 2 years of age
- Labored breathing
- Intense pain (head, chest, abdomen)
- Physical or sexual assault
- Seizures
- Psychosis and severe mental illness
- Severe traumas with obvious fractures, deep cuts or burns
- Follow-up of a medical condition already evaluated and followed by a doctor (oncology, chronic conditions etc.)
- Pregnancy follow-up
- Annual check-ups / tests and Periodic health visits
- Musculoskeletal pain related to trauma, as it requires a physical examination
- Dialogue is available across Canada, except Northwest Territories and Nunavut.
- We do not prescribe opioids, benzodiazepines, cannabis, and ADHD medication



If you have questions please contact support@dialogue.co

