

**FOR 2017 CALENDAR YEAR**  
 Please post for easy reference to daily events.  
 Additions and changes will be made & distributed when needed.

# Programs You Can Count On

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>9:30 AM</b> Mass on TV -2EC <b>2:00 PM</b> Movie & Popcorn-2ALF (Movie will begin at 3:00 PM when entertainment is scheduled.) <b>4:00 PM</b> Open Studio-2AL	<b>7:00 - 10:30 AM</b> Continental Breakfast-3GP <b>9:00 AM</b> Cardio Workout-3A <b>9:25 AM</b> Range of Motion-3A <b>9:45 AM</b> Body Toning-3A <b>10:00 AM</b> Cancer Support-2EC <b>10:15 AM</b> Sitting Exercise (Cardio)-3A <b>10:30 AM</b> Cornhole-2PA <b>11:00 AM</b> Water Aerobics-PI (May - October) <b>1:00 PM</b> Party Bridge-2PA <b>2:00 PM</b> Afternoon Tea-3GP <b>3:00 PM</b> Horseshoes-PGA (November-March) <b>3:45 PM</b> Balance Class-3A <b>4:15 PM</b> Adaptive Yoga-1MR <b>4:30 PM</b> Piano Bar Get-Together-3GP <b>7:00 PM</b> Hand and Foot-2CR	<b>7:00 - 10:00 AM</b> Lab Service-2AL <b>7:00 - 10:30 AM</b> Continental Breakfast-3GP <b>9:00 AM</b> Personal Trainer (4 Hrs) 1FR <b>9:00 AM</b> Pool Volleyball-PL (April - October) <b>9:00 AM</b> Silver Sneakers-3A <b>9:30 - 10:30 AM</b> BB&T Bank-2BBT <b>10:00 AM</b> Tai Chi-Mind, Bal & Motion-1MR <b>10:30 AM</b> Communion Svc. 2EC <b>11:00 AM</b> Christian Video Lesson-2EC (Sep. - May) <b>10:45 AM</b> Water Aerobics-PL <b>1:00 PM</b> Pool Volleyball-PL (November - March) <b>1:00 PM</b> Tues. Bridge-2CR <b>1:00 PM</b> Chicago Style Bridge-2PA <b>2:00 PM</b> Afternoon Tea-3GP <b>6:30 PM</b> Low Impact Aerobics-New 2FR <b>7:00 PM</b> Open Poker-2PA	<b>7:00 - 10:30 AM</b> Continental Breakfast-3GP <b>8:30 AM</b> Flower Arranging-2AL <b>9:00 AM</b> Cardio Workout-3A <b>9:25 AM</b> Range of Motion-3A <b>9:45 AM</b> Body Toning-3A <b>10:15 AM</b> Sitting Exercise (Cardio)-3A <b>1:00 PM</b> Hand & Foot-2CR <b>1:00 PM</b> Open Ping Pong-1MR (All levels of players, all residents welcome.) <b>2:00 PM</b> Afternoon Tea-3GP <b>2:00 PM</b> Shoot Pool-2PA <b>7:00 PM</b> Beginners Line Dancing-3A (Excluding August) <b>7:15 PM</b> Bingo-2CR	<b>7:00 - 10:30 AM</b> Continental Breakfast-3GP <b>9:00 AM</b> Personal Trainer (4 Hrs)-1FR (2nd Thursday of Month Time Change: 12:00 PM-4:00 PM) <b>9:00 AM</b> Pool Volleyball-PL (April-October) <b>9:00 AM</b> Silver Sneakers-3A <b>9:30 - 10:30 AM</b> BB&T Bank-2BBT <b>10:00 AM</b> Euchre - 2PA <b>10:45 AM</b> Water Aerobics-PL <b>1:00 PM</b> Duplicate Bridge-2CR <b>1:00 PM</b> Pool Volleyball-PL (November - March) <b>2:00 PM</b> Afternoon Tea-3GP <b>2:00 PM</b> Square Dancing-3A <b>6:30 PM</b> Low Impact Aerobics-1FR <b>7:00 PM</b> Movie Night-2MT (No movie if there is entertainment)	<b>7:00 - 10:00 AM</b> Lab Service-2AL <b>7:00 - 10:30 AM</b> Continental Breakfast - 3GP <b>9:00 AM - 12:00 PM</b> Alterations <b>9:00 AM</b> Cardio Workout-3A <b>9:25 AM</b> Range of Motion-3A <b>9:45 AM</b> Body Toning-3A <b>10:15 AM</b> Sitting Exercise (Cardio)-3A <b>1:00 PM</b> Men's Bridge-2CR <b>1:00 PM</b> Pinochle-2PA <b>4:30 PM</b> Happy Hour-3GP	<b>7:00 - 10:30 AM</b> Continental Breakfast-3GP <b>9:00 AM</b> Morning Trivia-3GP <b>9:00 AM</b> Pool Volleyball-PL (April-October) <b>1:00 PM</b> Dominos-2PA <b>1:00 PM</b> Mah Jongg-2CR <b>1:00 PM</b> Pool Volleyball-PL (November - March) <b>7:00 PM</b> Movie & Popcorn-2MT

- Please highlight the activities you want to be sure to attend and save this guide or post it in a place you see regularly.
- Ping-Pong is available daily across the beauty salon!
- Wii is available daily in the Enrichment Center. you see regularly.
- Any changes or cancellations will be announced via the use of television station channel 195.
- Water Aerobics will become Indoor Chair Aerobics when temperature is 70 degrees or below.

**The programs in RED require action from you.**  
**Monday Party Bridge** - Sign up at the Arts & Leisure Sign-up Table.  
**Tuesday Bridge** - Sign up at the Arts & Leisure Sign-up Table.  
**Tuesday Chicago Style Bridge** - Contact Gordon Bielecki, 497-5586.  
**Thursday Duplicate Bridge** - Contact Ruth Geniesse, 408-8156.  
**Alterations** - Call Larissa at 941-416-8726 for an appointment time.  
**Men's Bridge** - Sign up at the Arts & Leisure Sign-up Table.

**JT Treasures Bulletin Board is available in the far left side corner of the Card Room.**  
**The Fitness Room is equipped with a music box and a selection of CDs to motivate you while you exercise - option for AM & FM Radio is available too!**

**Arts & Leisure Office: 408-2060**

**Call the Events Line at 408-2070 to hear the special events for the month.**

**Website: [www.jacarandatrace.com](http://www.jacarandatrace.com)**

**Location Key**

1PC=1st Floor Porte-cochere	2BBT=2nd Floor BB&T Bank Office
1RC=1st Floor VBRH Rehabilitation	2ALF=2nd Floor Assisted Living Parlor
1FR=1st Floor Fitness Room	3G=3rd Floor Grill
1MR=1st Floor Multipurpose Room	3A=3rd Floor Auditorium
2BR=2nd Floor Board Room	3CA=3rd Floor Concierge Area
2AC=2nd Floor Arts & Crafts Room	3GP=3rd Floor Grand Parlor
2EC=2nd Floor Enrichment Center	3DR=3rd Floor Dining Room
2CR=2nd Floor Card Room	3PDR=3rd Floor Private Dining Room
2WC=2nd Floor Wellness Center	1BML=1st Floor Barclay Lobby
2MT=2nd Floor Movie Theatre	PH3CA=Phase Three Common Area
2PA=2nd Floor Parlor Area	PL=Pool
2AL=2nd Floor Art Loft	WFA=Water Fountain Area & Courtyard
2BL=2nd Floor Barclay Loft	PGA=Poolside Grass Area

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