



TO: All Residents and Family Members of Sarasota Bay Club and Jacaranda Trace
FROM: Gail Chase, Greg Patterson, and Steve Roskamp
DATE: April 17, 2020
RE: COVID-19 /Coronavirus Update #19

Thank you for your continued cooperation! All procedures remain in place to keep you and our staff healthy and safe. We are happy to report that everything within our internal operations remains status quo.

As of this time *we do not have* any residents, staff, nor family members of staff, having tested positive or presumptively positive for COVID-19.

If at any time you are not feeling well or think you may have a temperature, please don't hesitate to call us.

Masks

All residents are encouraged to wear their mask when they are outside of their unit, especially in public spaces. The proper way to wear a mask is to place it over your nose and mouth. Please see the following article and video on how to properly wear and care for your face mask: <https://www.aol.com/article/lifestyle/2020/04/14/are-you-wearing-a-face-mask-correctly-common-mistakes-to-avoid/23985709/>.

Exercise Classes

It's important for us to remain engaged and active, even remotely. Here's some local TV programming available Monday - Friday:

- 7:00 am: WEDU, Channel 441, *Body Electric*
- 7:30 am: WEDU, Channel 441, *Classical Stretch*
- **845 am: Channel 195 (in house TV channel) at JT**
- 9:30 am: WEDU, Channel 441, *Sit and Be Fit*
- **10:00 am: Channel 195 (in-house TV channel) at SBC**
- **1:00 pm: Channel 195 (in-house TV channel) at SBC**

Scams

Please remain alert as email scams, phishing and phone scams remain prevalent. If something doesn't seem quite right or seems unreal, don't answer or respond and don't be rushed. Please check with someone you trust, or contact our staff and we will be happy to assist you. It's better to be cautious and a legitimate caller will understand.



Dining Services

Continental breakfast, along with the delivery of lunches and dinners, is going well and we do not anticipate any changes in providing meal service. If you are interested in making changes to your dining meal plan please contact Martha Walker at Jacaranda Trace (408-2034) or Teresa Traugutt at Sarasota Bay Club (552-3276). As a reminder we are offering a 10% discount on all meals plans during this crisis.

We are aware that due to the overall increased demand of grocery delivery, there are delays in anticipated delivery times. Please be patient and plan ahead, especially for online grocery orders, as it may take several days for orders to be fulfilled and delivered. We have in-house staff that is available and ready to assist with online ordering. Please contact Cameron Roskamp (croskamp@freedomsenior.com) or Ken Gustafson (kgustafson@freedomsenior.com) at (941) 954-1111 if you need assistance with online ordering.

Due to the delay in delivery dates, if you are running low on a necessity that you anticipate running out of before your grocery delivery arrives you can now order select items through Dining Services. Forms are available from Dining Services or via the Resident Connect Portal.

Residents of **Jacaranda Trace** may submit their Emergency Order requests to The Grill staff 7:30 am to 1:00 pm Monday through Friday. All orders must be received by **10:00 am Monday for next day delivery on Tuesday afternoon**. Orders may be submitted to The Grill at any time, but only those received by 10:00 am Monday will be delivered the following Tuesday afternoon.

Residents of **Sarasota Bay Club** may submit their Emergency Order requests to the Hostess Station staff 10:30 am – 5:00 pm Monday through Friday. All orders must be received by **10:00 am Thursday for next day delivery on Friday afternoon**. Orders may be submitted to the Hostess Station at any time, but only those received by 10:00 am Thursday will be delivered the following Friday afternoon.

We remain a healthy community with no reported positive or presumptively positive cases of coronavirus either in residents, staff or family members of staff. Please know if we have a positive case we will share the information with you. It is important you know we will remain transparent throughout this crisis and information you may need to know to protect yourself and our staff will be shared.