

**Why It Makes *Good Sense*
To Refer Your Patients To
The Inn at Sarasota Bay Club
For Cardio-Pulmonary
Rehabilitation...**



Shorter Rehab Stays

*SBC Inn Patients Average Length of Stay is **34%** shorter than the National Average. We get our Patients healthier in a shorter period of time.*

Greater Independence

***80.73%** of SBC Inn Patients Return Home versus the National Average of 49.82%. Our Patients achieve a much higher ability to live independently.*

Lower Probability of Relapse

***7.38%** of SBC Inn Patient Return to the Hospital versus the National Average of 16.23%. Our Patients have a much lower probability of a relapse putting them back in the hospital.*



Measurable Patient Success

- **Average Length of Stay**
The Inn - 18.89 days
National Average - 28.59 days
- **Patients Who Return Home**
The Inn - 80.73%
National Average - 49.82%
- **Patients Who Return to Hospital**
The Inn - 7.38%
National Average - 16.23%
- **Prior Level of Function Score**
The Inn - 6.2
Admission - 3.1
Discharge - 5.1
National Average - 5.3
Admission - 3
Discharge - 4.3



Our High Standard Of Care Is The Number One Reason Why You Should Choose The Inn For Your Patients' Rehabilitation.



The Inn at Sarasota Bay Club
**Cardio-Pulmonary
Rehabilitation**



**Improving Outcomes For The
Medically Complex Patient**

Stroke • Coronary Artery Bypass Graft (CABG) Surgery
Pacemaker Care • Congestive Heart Failure (CHF)
Chronic Obstructive Pulmonary Disease (COPD)
Emphysema • External Defibrillators (Life Vest)

*Award-Winning Care –
Rehabilitation & Skilled Nursing
On Beautiful Sarasota Bay*

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SNF#16370968

The Inn **SBC**
AT SARASOTA BAY CLUB
REHABILITATION • ASSISTED LIVING

The Inn has a strong commitment to providing a clinically integrated continuum of post-acute care resulting in patients regaining their optimum functions. We focus on creating a seamless integration of our post-acute services, which include physical, occupational, and speech therapy through the skilled nursing rehabilitation and outpatient therapy programs. Because each person's needs are unique, treatment is individualized based on the Patient's physical limitations, abilities and goals for recovery.

“At The Inn, We Take Into Consideration All Of The Patient's Diseases And Conditions To Understand How Each Contributes To Overall Function And Mobility. This Comprehensive Perspective Is The Basis For Each Patient's Individualized Therapy Program.”

Within this high quality rehabilitation environment, The Inn has created a new *Cardio-Pulmonary Rehabilitation Program* to consistently deliver excellent results in a timely manner for Patients. Like our highly successful Orthopedic program, Cardio-Pulmonary Rehab features seamless coordination between our medical director, Dr. Scott Elsbree, MD, our care staff, our rehabilitation therapists, the Patient's doctors, and the Patient and their family. This team generates specific care, nutrition, and therapy plans to ensure that our Patients are being discharged much faster than the national average with a much lower re-admission rate back to the hospital.



Patients Who Return to Hospital
Sarasota Bay Club – 7.38%
 National Average – 16.23%



The Inn at Sarasota Bay Club
Cardio-Pulmonary Rehab

Our program is aimed at the medically complex patient that may be suffering from several diseases or conditions including diminished respiratory function, neurological and cognitive disorders, cardiac disease, digestive conditions, and infection.

When our Patients experience multiple medical conditions occurring simultaneously, they need the assistance of a variety of medical and rehab professionals with specialized knowledge to facilitate maximum recovery.

Our Medically Complex Cardio-Pulmonary Rehabilitation Program Is For Patients Who Require Comprehensive Care For The Following Conditions:

- Stroke
- Coronary Artery Bypass Graft (CABG) Surgery
- Pacemaker Care
- Congestive Heart Failure (CHF) and Chronic Obstructive Pulmonary Disease (COPD)
- Emphysema
- External Defibrillators (Life Vest)

Cardio-Pulmonary Rehabilitation Program Components:

- 1) Comprehensive Patient Evaluation** resulting in a Care, Nutrition, and Rehabilitation Plan with measurable outcomes. This holistic process addresses the specifics of the patient's unique set of issues through a team approach.
- 2) Medical Management** of the symptoms and complications of the Patient's diseases, achieved through individualized intervention, proper contingency planning and appropriate follow-up plans. The Inn's Care Staff go through specific training for serving the medically complex Cardio-Pulmonary Patient.
- 3) Rehabilitation Therapies** including Physical, Occupational and Speech, adapted to the specific requirements of the patient. Rehabilitation staff are specially trained to aid the patient in reducing the impact of debilitating conditions. They work with the Patients and their families on continued treatment at home to better *maintain* independent functioning.
- 4) Nutrition** for our Patients is specifically designed for their complex medical conditions. Nutritionists work with the patients and families on the appropriate nutritional adjustments that may need to occur as the patient goes home.
- 5) Communication** with all members of the care team is key. With the medically complex Patient we need to regularly adjust and modify the care plan based on the progress or changes in the patient's condition. It is vital that this communication includes the Patient's Doctors and family.
- 6) Specialized Education and Training** for Caregivers, Patients, and their Families about managing the Patient's specific conditions, continuing exercise regimens, and eliminating potential risks or hazards in the home.

The Goal Is To Better Help Our Patients Achieve Their Highest Possible Quality Of Life.



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