



### Mountain Biking Packing List

- Masks - We are requiring that all campers bring their own masks. We ask that you please bring at least 10 masks for your camper to encourage positive hygiene habits.
  - TYPE OF MASK:
    - Masks must be 2-ply
    - No buffs, gaiters or bandanas
    - Masks must cover the nose and mouth
    - Masks should be clean and fit snugly
- Shoes that tie on feet and will not easily come off
- Change of clothes
- Warm layer
- Rain coat
- Lunch (no refrigeration necessary and creating the minimum amount of trash which the camper will need to carry out)
- Snack – Campers are asked to bring their own mid-morning snack
- 2 full water bottles
- Sunscreen with child's name clearly labeled
- Sunglasses (optional)
- Biking gloves (optional)
- A backpack, sized to fit your child that can fit food and water. Please note that your camper will be riding with their backpack. Therefore, it is essential that the pack fits your camper and does not have long hanging straps.
- Your camper's personal bike and helmet.
- Camera (optional)- If your child has a camera, feel free to pack it & we'll do our best to take photos. However, we do not assume any responsibility for broken electronics!

*All campers should arrive to camp with a tuned bike that fits them well. Brakes should be in great working order, tires inflated, and frames ready to hit the road & trails. If you do not have a bike to meet this need, one can be [purchased](#) or [rented](#) from Avid4 Adventure ahead of the start of camp.*



Please label all personal belongings. Avid4 Adventure is not responsible for lost, stolen or damaged items.