



Rock Climbing Packing List

- Masks - We are requiring that all campers bring their own masks. We ask that you please bring at least 2 masks for your camper to encourage positive hygiene habits.
 - TYPE OF MASK:
 - Masks must be 2-ply
 - No buffs, gaiters or bandanas
 - Masks must cover the nose and mouth
 - Masks should be clean and fit snugly
- Shoes that tie on feet and will not easily come off
- Change of clothes
- Warm layer
- Rain coat
- Lunch (no refrigeration necessary and creating the minimum amount of trash which the camper will need to carry out)
- Snack – Campers are asked to bring their own mid-morning snack
- 2 full water bottles
- Sunscreen with child's name clearly labeled
- Sunglasses (optional)
- A backpack, sized to fit your child, that this will all fit into and that can easily be carried on their back.
- Children are welcome to bring their own harnesses, helmets and climbing shoes. All will be subject to a safety inspection before being used at camp. However, Avid4 Adventure will have harnesses, helmets and shoes to outfit the entire group if needed.
- Camera (optional)- If your child has a camera, feel free to pack it & we'll do our best to take photos. However, we do not assume any responsibility for broken electronics!

Please label all personal belongings. Avid4 Adventure is not responsible for lost, stolen or damaged items.

