

Take Control of Your Destiny

Kate Delaney



It took nearly seven years and more than 500 rejections for Kate Delaney to land her first job as a sports reporter. The Emmy Award-winning journalist and daily talk show host told the Leadercast Women 2019 audience, “It takes courage to handle the kind of rejection I had to handle.” Kate shared with the audience her three keys to pursuing dreams some may call “crazy.”

3 Steps for Pursuing Success in Spite of Naysayers

- 1. Commit to going “all in.”** Kate said that successful people like Venus and Serena Williams or the U.S. women’s soccer team broke records because they *passed up opportunities* that did not line up with their goals.
- 2. Realize that patience pays.** In most cases, success doesn’t happen overnight. Once you’re successful, *keep improving*. At the height of his success, Michael Jordan still chose to shoot hundreds of free throws every day so he could study and perfect his craft.
- 3. Stack the deck.** Find the people who are in your corner and will support you as you pursue your dream, and *listen to them*. Listen more to those voices than the voices who are questioning your ability to succeed.