



Personal Productivity Workshop *for Managers*

Boosting personal productivity and resilience

Exceptional Teams have productive, resilient people who don't rely on extrinsic rewards or micro-management to do their job. They have a sense of urgency and a 'can-do' attitude that sees them focussing on solutions rather than problems. Productive people have great reserves of physical and mental energy, high aspirations and resilience. They bring energy and industry to a team environment.

As the primary influencer in a team, it's imperative that a team leader is energised, productive and resilient. This workshop will show you how.

Participants will learn how to:

- Manage stress and sustain reserves of physical and mental energy more easily.
- Manage time, money and resources more efficiently.
- Set aspirational goals that provide motivation and boost productivity.
- Boost resiliency and be able to cope with adversity more effectively.

To view the content of this workshop visit www.leadershiptrainingperth.com.au

David Koutsoukis is a dynamic and engaging speaker and founder of the Exceptional Teams Academy. He is the author of more than 20 books and has spoken to audiences in 10 countries across 4 continents.



Tues 17 July 2018 • 9.00am – 4.00pm
HLB Mann Judd • Level 4, 130 Stirling Street, Perth
Investment: \$697 • 3+ pax \$597 • Whole Series \$497



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