



## How to Obtain Pants Up Easy through your VA: Disabled US Veterans

### Step 1: Complete the Self Assessment: Is Pants Up Easy right for you?

|     |  | Yes | NO |
|-----|--|-----|----|
| 1.  | Are you a wheelchair user or otherwise mobility impaired?  |     |    |
| 2.  | Does it seem/feel like it takes a long time (5 minutes or more) to complete your lower body dressing, either while dressing during the day or after using the toilet?  |     |    |
| 3.  | Do you ever feel that you are wasting this time that you could otherwise be doing something else?  |     |    |
| 4.  | Do you sometimes struggle or find it difficult to pulling your pants or underclothing while dressing or after using the toilet?  |     |    |
| 5.  | Do you regularly use at least 3 of the following 6 transfer steps for the restroom/dressing process?<br><b>Transfer Steps:</b><br>1. Chair to Bed to pull pants down<br>2. Bed to Chair (with pants down)<br>a. Roll to bathroom<br>3. Chair to toilet (pants down)<br>4. Toilet back to chair (pants down)<br>5. Chair back to bed to pull pants up<br>6. Bed back to chair (with pants up to get on with your life). |     |    |
| 6.  | Do you ever feel exhausted or have fallen or at risk of losing balance or falling with so many transfers involved in the process?  |     |    |
| 7.  | Do you ever need to clean your wheelchair, or your bed after the many transfers required in your dressing process after using the toilet?  |     |    |
| 8.  | Does a caregiver ever assist you with the dressing process?  |     |    |
| 9.  | Do you struggle finding a sanitary method of dressing/undressing after experiencing an unplanned bowel movement (accident)?  |     |    |
| 10. | Do you suffer from spasms when transferring during the process?  |     |    |
| 11. | Do you find that your pants belt loops frequently tear through (or other wear and tear) due to your dressing process?  |     |    |
| 12. | Do you ever experience pain, skin breakdown, or pressure sore irritation due to the wriggling motion usually associated with the dressing process?   |     |    |
| 13. | Do you feel that the current dressing process that you are using causes you embarrassment, loss of independence or dignity?  |     |    |
| 14. | Do you ever feel discomfort when dressing using your current method?   |     |    |





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**Step 2: If you answered YES to at least 5 of these questions then you would likely benefit from Pants Up Easy and should proceed with Step 3.**

### **Step 3: Functional Ability Assessment**

1. Are you currently able to utilize both arms and hands? \_\_\_\_\_
2. If so do you have any limitations? \_\_\_\_\_
3. What method do you use to transfer? \_\_\_\_\_

**Step 4: Making the request of the VA - Note: Pants up Easy is sold to the VA by our partner Patterson Medical who has a great relationship with the VAs across the USA.**

4. Now lets prepare for your visit to the VA to request Pants Up easy:
  - a. Familiarize yourself: Go to [PantsUpEasy.com](http://PantsUpEasy.com) and review the product **Patterson VA Brochure/Spec sheet**, Capability Statement ([pantseasy.com/resources](http://pantseasy.com/resources)) and available videos
  - b. Print the Product Brochure/Spec Sheet and the Gov Capability Statement (if possible).**
  - c. Identify which of the 3 models would be best for you: We suggest acquiring both the Toilet and Wheelchair models
  - d. Recommended: Contact Pants Up Easy at [info@PantsUpEasy.com](mailto:info@PantsUpEasy.com) with the location of your VA and name of OT. We can then identify and contact the Patterson Medical Rep who calls on your VA to assist.
5. Meet with your doctor or OT and advise them that you wish to obtain the products for your home use.
  - a. Provide them a copy of the Patterson Brochure/Spec sheet as well as a copy of your self-assessment (to help explain how Pants Up Easy will assist you in your daily life).
  - b. If they have questions please provide them with our phone number (925-484-4747) and email address [Info@pantseasy.com](mailto:Info@pantseasy.com) and ask them to contact us - or we can contact them.
  - c. Stay in touch with them frequently to ensure a speedy process.
6. Once you have approval and they have placed the order through Patterson Medical the products will ship within days!

**Step 5: Once you receive your products set them up and enjoy the life-changing benefits!**



Patterson Medical & Pants Up Easy are registered vendors of the US Federal Government