



Today's special Chocolate & balloon bowls

Ingredients (per child)

1 dark chocolate bar
1 white chocolate bar
Fruit (banana, strawberries, etc.)
Ice cream or yoghurt
Whipped cream
Decoration (sprinkles, Smarties, etc.)

Materials (per child)

2 small microwave proof bowls
1 water balloon 
1 plastic plate
Greaseproof paper
Toothpicks
Sellotape and scissors
1 Ziploc bag



1. Blow up the balloons to approximately the size of a pineapple. This takes quite a bit of puff and there will be a few balloon casualties.

2. Place a sheet of greaseproof paper on your work surface.

3. Melt the chocolate in the microwave on low heat, stirring every now and then.

4. When the chocolate is quite cool, hold the tied end of the balloon and dip into the chocolate.

5. Use a swirling, dunking technique so that the chocolate comes 7cm up the side of the balloon.

6. Keep holding the balloon and place on the greaseproof paper. Hold it there for about 30 seconds until the chocolate starts to set and it will stand on its own.

7. Refrigerate over night.

8. When the chocolate is set, gather the children, arm them with toothpicks and pop the balloons. The bits of balloon are easy to pull away from the chocolate.

9. Place the bowl upside down on the greaseproof paper

10. Melt white chocolate in the microwave on low heat, stirring every now and then.

11. Spoon the melted white chocolate into a ziploc bag. Cut off one of the corners of the bag and draw lines over the dark chocolate bowl. Leave to cool.

12. Transfer each cup to a plate and let the kids choose their fillings. They can fill the chocolate cups with lollies, fruit, yoghurt, ice cream, sweets, Smarties etc.

13. Decorate with whipped cream, sprinkles, etc.

→ Can you find 4 ingredients and 4 kitchen utensils for your recipe?



- 1. C
- 2. S
- 3. F
- 4. I

B O W L S V E T S E Y B O J W
C X O W M D Q J K Y O E V S A
E D X U X P F Q C W C K W W T
Y N J V K F D H I J V E J C E
K J C X C F S L P L M B I R R
N A H A L Q O A H H R R C R B
O S O K C H V T T B F D E Q A
D O C X A U E L O W P G C S L
J V O L Q H G T O F L L R W L
K L L Y M S L Z T R A C E E O
I S A C F K G Q U U T I A E O
Z V T I Q T E R W I E T M T N
Y Y E A I N D K E T P Z Q S P
K E O S V F D T C O M O A E O
T G Q Q R Z W H E W D H Q V R

- 5. B
- 6. W
- 7. P
- 8. T

