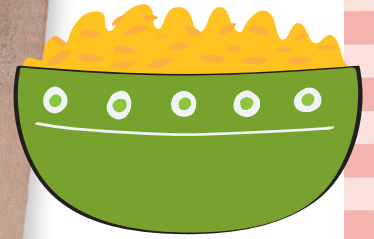


Today's special Cereal bunches



ingredients (per child)

¾ cup honey
 ¼ cup evaporated milk
 1 tsp vanilla
 4 cups corn flakes
 ½ cup grated coconut
 margarine

materials (per child)

1 large microwave safe bowl
 1 tablespoon
 1 teaspoon
 1 large wooden spoon
 baking paper (parchment paper)
 1 medium baking tray

1 - Mix honey and milk in the microwave safe bowl. Heat for 1½ or 2 minutes on med/high heat (until it reaches a boil). Do not stir. Continue to heat for 5 minutes on med/low heat. Remove and be careful as it will be very hot!

2 - Remove the milk skin.

3 - Add the vanilla, cereal, and coconut.

4 - Mix well.

5 - Allow to cool for 10 minutes.

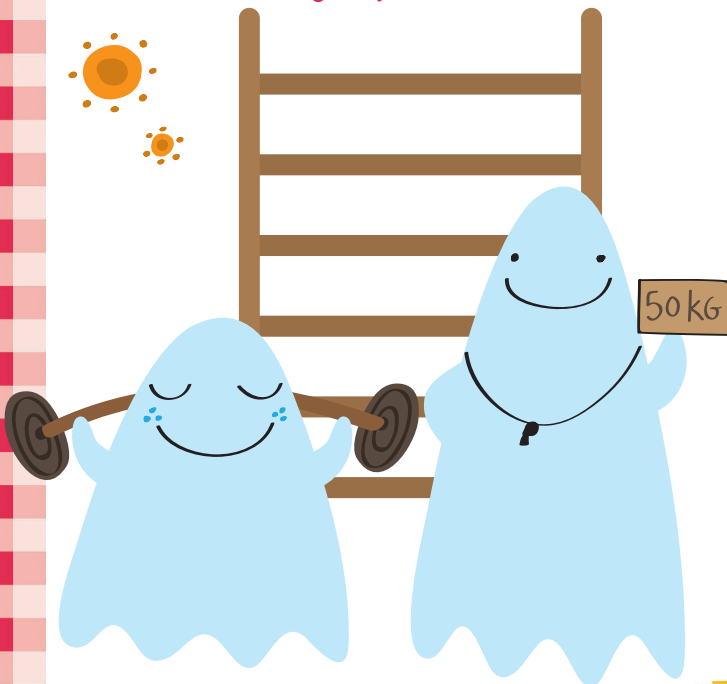
6 - Line each baking tray with baking paper.

7 - Drop rounded spoonfuls onto the baking paper.

8 - Grease your fingers with margarine and shape each mound into a bar.

9 - Place the baking tray in the fridge for 1 hour before eating. They can be eaten for dessert.

10 - Eat and enjoy!



→ Circle the ingredients you need to make this recipe!

