

## Today's special D Homemade E cereal bars

### ingredients (make 24 bars)

1½ cups RICE KRISPIES cereal  
1½ cups CORN FLAKES cereal  
1½ cups CHEERIOS or any round or square shaped cereal  
2 cups mixed dried berry fruit or trail mix  
½ cup shredded coconut  
⅔ cup brown sugar  
⅓ cup butter  
⅓ cup corn syrup  
¼ cup liquid honey  
¼ tsp salt  
¼ tsp vanilla

### materials (per child)

1 large bowl  
1 medium/small microwave safe bowl  
1 big spoon  
1 teaspoon  
1 spatula  
1 scissors  
greaseproof paper  
1 medium square baking tray

1 - In large bowl, stir together the different types of cereal, the dried fruit and the shredded coconut.

2 - In a microwave safe bowl, bring brown sugar, butter, corn syrup, honey and salt to boil using medium-high heat. Stir often, until foamy, about 2 minutes. Be careful it will be very hot!

3 - Stir in vanilla. Let stand for 1 minute. Pour over cereal mixture, stirring to coat evenly.

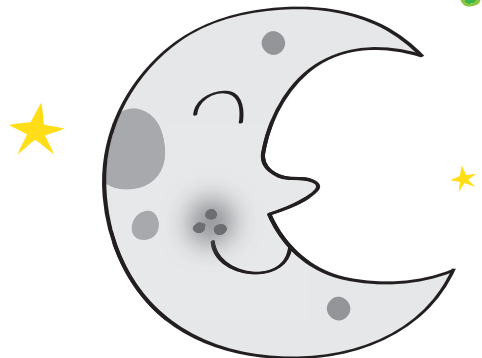
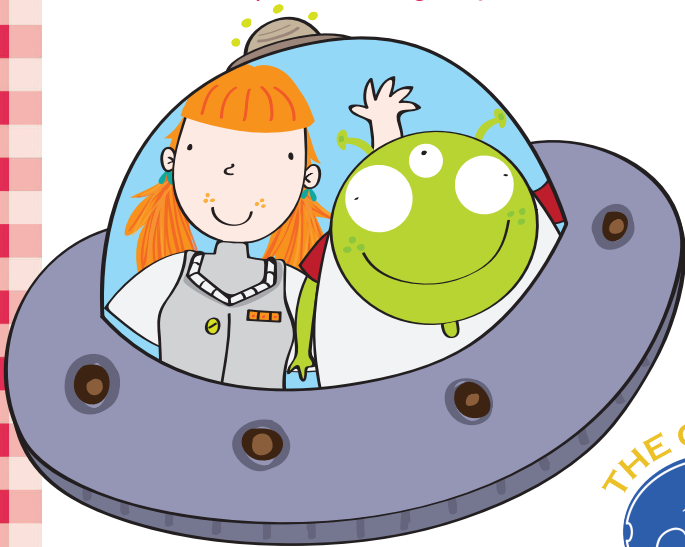
4 - Scrape the mixture out of the bowl and pour it on the greaseproof paper in the tray.

5 - Using a greased spatula, press firmly into an even layer.

6 - Leave to cool completely.

7 - Cut into bars.

8 - Eat and enjoy!



→ Circle 9 of the ingredients you need to make this recipe!

