

#### salads

CAESAR SALAD\* 500 cal fresh romaine hearts, romano cheese, creamy caesar dressing, shaved parmesan & fresh ground black pepper 10.5 with filet\* 19.5 670 cal with chicken 17.5 830 cal with shrimp 17.5 600 cal

BLACK & BLEU SALAD\* 910 cal chopped salad with onions, mushrooms, croutons, bleu cheese dressing, bleu cheese crumbles, cajun pecans, bacon, peppers, crispy onions & blackened tenderloin 21

CHILLED SHELLFISH SALAD 490 cal shrimp & lump crabmeat tossed with vinaigrette dressing on a bed of mixed greens 19.5

CRAB STACK 320 cal colossal lump blue crab, avocado, mango, cucumber 21

SEARED AHI-TUNA SALAD\* 710 cal fresh field greens, red onions, crunchy vegetables, slices of seared ahi-tuna, honey-thai sauce 21.5

STEAK HOUSE SALAD 50 cal (calorie counts do not include dressing) iceberg, baby arugula, baby lettuces, grape tomatoes, garlic croutons, red onions 8.5 with filet\* 17.5 310 cal with chicken 15.5 380 cal with shrimp 15.5 120 cal

### sides

FRENCH FRIES 10.5 740 cal

MASHED POTATOES 10.5 440 cal half portion 5 240 cal

POTATOES AU GRATIN 13 560 cal

SWEET POTATO CASSEROLE 10.5 880 cal

CREAMED SPINACH 10.5 440 cal half portion 5 350 cal

FRESH BROCCOLI 10.5 80 cal

**GRILLED ASPARAGUS** 100 cal with hollandaise 290 cal 13

2,000 calories a day is used for general nutrition advice, but calorie needs vary. Additional nutrition information available upon request. If you have a food allergy, please speak to the manager, chef, or your server before placing your order. \*Items are served raw, or undercooked, or may contain raw or undercooked ingredients. Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of food-borne illness.

# lunch at ruth's

## appetizers & soups

SOUP OF THE DAY | 7.5

SEARED AHI-TUNA\* 130 cal complemented by a spirited sauce with hints of mustard & beer 19

BARBECUED SHRIMP 860 cal large shrimp sautéed in reduced white wine, butter, garlic & spices 20.5

SHRIMP COCKTAIL 190-350 cal chilled jumbo shrimp, choice of creole remoulade sauce or new orleans-style cocktail sauce 20.5

VEAL OSSO BUCO RAVIOLI 460 cal saffron-infused pasta with sautéed baby spinach & white wine demi-glace 17.5

MUSHROOMS STUFFED WITH CRABMEAT 440 cal broiled, topped with romano cheese 18

LOBSTER VOODOO 440 cal succulent lobster, lightly fried, tossed in a spicy cream sauce & served with a tangy cucumber salad 22.5

### 30 minute lunch for \$16

the chef selected options were chosen with your busy schedule in mind

FILET SLIDERS\* 950 cal

two filet sliders topped with ruth's barbecue butter & crispy onion straws

SHRIMP PO' BOY 1640 cal

fried shrimp, lettuce, tomato & remoulade sauce, served with hand-cut french fries

CRAB CAKE SANDWICH 1250 cal

crab cake topped with remoulade sauce, served with lettuce, tomato & onion and hand-cut french fries

**SOUP & SALAD** 

a cup of our house-made soup of the day and your choice of steak house salad (220-460 cal) or caesar salad\* (500 cal)

#### sandwiches & entreés

PRIME FRENCH DIP\* 1570 cal toasted french bread with au jus & creamy horseradish, served with hand-cut french fries 17

RBAR BURGER\* 1380 cal ruth's special grind on a brioche bun with havarti cheese, lettuce, tomato & smoked onion aioli. best in town! 16

PETITE FILET\* 340 cal equally tender 8 oz filet 43

NEW YORK STRIP\* 1040 cal USDA Prime, full bodied 12 oz cut, slightly firmer than a ribeye 45

RIBEYE\* 1370 cal USDA Prime 16 oz cut, well marbled for peak flavor, deliciously juicy 49.5

MIXED GRILL\* 740 cal three guest favorites - 4 oz filet, garlic herb cheese stuffed oven roasted free-range chicken breast, homemade jumbo lump crab cake 28

BARBECUED SHRIMP 980 cal large shrimp sautéed in reduced white wine, butter, garlic & spices on a bed of roasted garlic mashed potatoes 31

STUFFED CHICKEN BREAST 530 cal half breast with garlic, cheddar & cream cheeses over asparagus & garlic mashed potatoes 22.5

FILET, 6 0Z.\* & SHRIMP 310 cal tender corn-fed midwestern beef topped with large shrimp 36

KING SALMON FILLET\* 380 cal new zealand king salmon with our chef's seasonal preparation 28.95

LOBSTER MAC & CHEESE 930 cal tender lobster, three cheese blend, mild green-chiles 24

ADD ON TO YOUR SANDWICH OR ENTRÉE: CUP OF OUR SOUP OF THE DAY FOR 4.5 HALF STEAK HOUSE SALAD (85-205 CAL) OR HALF CAESAR SALAD\* (250 CAL) FOR 4.5

About Your Steak

RUTH'S CHRIS SPECIALIZES IN THE FINEST CUSTOM-AGED MIDWESTERN BEEF. WE BROIL IT EXACTLY THE WAY YOU LIKE IT AT 1800° F TO LOCK IN THE CORN-FED FLAVOR. THEN WE SERVE YOUR STEAK SIZZLING ON A 500° PLATE SO THAT IT STAYS HOT THROUGHOUT YOUR MEAL.

OUR STEAKS ARE SERVED SIZZLING IN BUTTER, PLEASE SPECIFY EXTRA BUTTER OR NONE.

**RARE** 

VERY RED COOL CENTER **MEDIUM RARE** 

RED, WARM CENTER

**MEDIUM** 

PINK CENTER

**MEDIUM WELL** 

SLIGHTLY PINK CENTER

**WELL** 

BROILED THROUGHOUT, NO PINK

# freshly squeezed lemonades 4.5

THE CLASSIC 100 cal

SPARKLING POMEGRANATE 190 cal

KETEL ONE SPIKED 10 add 95 cal

CRANBERRY TWIST 110 cal.

ARNOLD PALMER 60 cal

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