

## Benefits of a Hot Tub

People have soaked in hot water for its therapeutic benefits since at least Roman times and likely much earlier as natural hot water pools are found in many places throughout the world. With the introduction of strong jets for massage, the therapeutic benefits of spas have only increased.



## Your Own Backyard Retreat

Vacation every day in your own backyard! You've probably heard the term, "Staycation". For any number of reasons, travel has become stressful; hardly relaxing! Yet for the same money, you can enjoy all the luxurious benefits of a quality spa year-round - at the end of every day (or morning as quite a few of our clients have told us). The phrase, "The gift that keeps on giving" is very true with a spa from Premiere Hot Tubs!

You can refresh your spirit, enjoy a quiet, relaxing conversation with your loved ones, release the stress of a long day, remove the muscle pain of an active lifestyle, and prepare for a rejuvenating, restful night of sleep.

Whether a reward to yourself for another accomplishment, or gift for those most important in your life, nothing is quite as appreciated as a quality spa that refreshes every day. How can you not think of the person who gave you such a gift, even if it was you?

You'd be right if you guessed that most of our spas are bought by people for themselves, and why not? You know how much you deserve it! But we've had more than a few parents buy hot tubs for their kids and plenty of kids (from 18 - 58) buy spas for their parents.

Whether for yourselves or others, ask us to help you select the perfect gift!



### ***Communication***

There is something about a hot tub that just promotes closeness and communication. Perhaps it's the hot water. Maybe the massage or the gentle sound of moving water. Or, maybe it's the fact that since hot tubs are not large, it's simply a more intimate space. Whatever it is, a hot tub promotes comfortable, genuine conversation and caring.

### ***Improved Sleep***

If you've not tried a hot tub before, try one. You might find yourself buying a spa just for this reason. There is nothing like a warm, gentle soak & massage before heading off for a restful night's sleep.

### ***Pain Relief***

Most all the pressure on your joints and muscles is removed in the buoyancy of the water in a hot tub. Add in the warm waters, massage from the gentlest to deeply invigorating, and it's easy to understand the tremendous power of a spa to relieve pain. It may also be the reason your doctor or chiropractor prescribes a spa.

## ***Stress Relief***

Can you think of anything more relaxing than the warm, gentle waters of a hot tub? For relieving tension and the all too common stresses of ordinary life, nothing comes close to your own spa from Premiere Hot Tubs!

## ***Massage***

Well-engineered, quality hot tubs offer the most affordable massage. Any time you want the comfort, relaxation and sense of well-being that comes for a great massage your Premiere Hot Tubs spa is ready & waiting for you. Be it gentle, moderate, or intense, all forms of massage are available.

## ***Romance***

Need we say more?

## ***Salt System Benefits***

You may already know the benefits of a Salt System in your pool. Some 80% of all new pools today are built with a Salt System. The benefits in a spa are numerous, including:

- No Chemicals
- Much lower levels of Bromine than a standard hot tub
- No Chlorine with a Salt System in a spa
- Change your water annually rather than every 3-4 months

If you have certain skin conditions, your doctor may have even prescribed a Spa using salt water, hence your purchase may be exempt from Sales Tax. (look for more info on our FAQ page)

In the Central Texas area, only Premiere Hot Tubs offers Salt System Spas and our manufacturers have been providing this wonderful option for 10 years. Read about the [\*\*ISIS Salt System\*\*](#) on our FAQ page.



### **Important Information**

By law, hot tub manufacturers cannot build spas that exceed 104°. It is important to note that small children should not use a spa with water at this high a temperature because their body temperature will rise much faster than for an adult.

Also, if any potential users are being treated for a medical condition, you should seek the advice of your doctor before use. Though a spa is beneficial for many conditions, for some, the use of a hot tub is not recommended.

