



515-277-6969
www.dmarcunited.org

If you need food, we are here to help!

We help provide families with food, personal items, and diapers.

NO INCOME REQUIREMENTS

MONTHLY FOOD BOX

Your family may receive a 3-day supply of free and fresh food once every month from a DMARC partner food pantry distribution site. You may also request personal care items, formula and diapers.



WHAT'S IN A FOOD BOX?

Our food pantry network is health-based. We provide an assortment of 100% juice, cereal, soup, beans, corn, peaches, pears, pasta, rice, tuna, peanut butter, beans, bread, milk, and fresh fruits and vegetables.

DAILY ITEMS

In addition to a monthly food box, you can receive some daily food items such as bread products, donated produce, dried beans, rice, and Meals from the Heartland and Outreach, Inc. meal packages.

IDENTIFICATION

Upon arriving at a pantry site, we ask that you provide a photo ID for head of household and other identification for every member of the family. The amount of food you are eligible to receive is according to household size. A food box will be prepared for you, or you may select your own food items at one of our ten choice pantries.

Some food pantry locations may request a current piece of mail that includes your name and address of primary residence.

PANTRY LOCATIONS

Every partner pantry in the DMARC Food Pantry Network serves all of Greater Des Moines. To identify the pantry closest to you, refer to the backside of this flyer, visit dmarcunited.org or call the DMARC main office for assistance, 515-277-6969.

KEY

CHOICE PANTRY

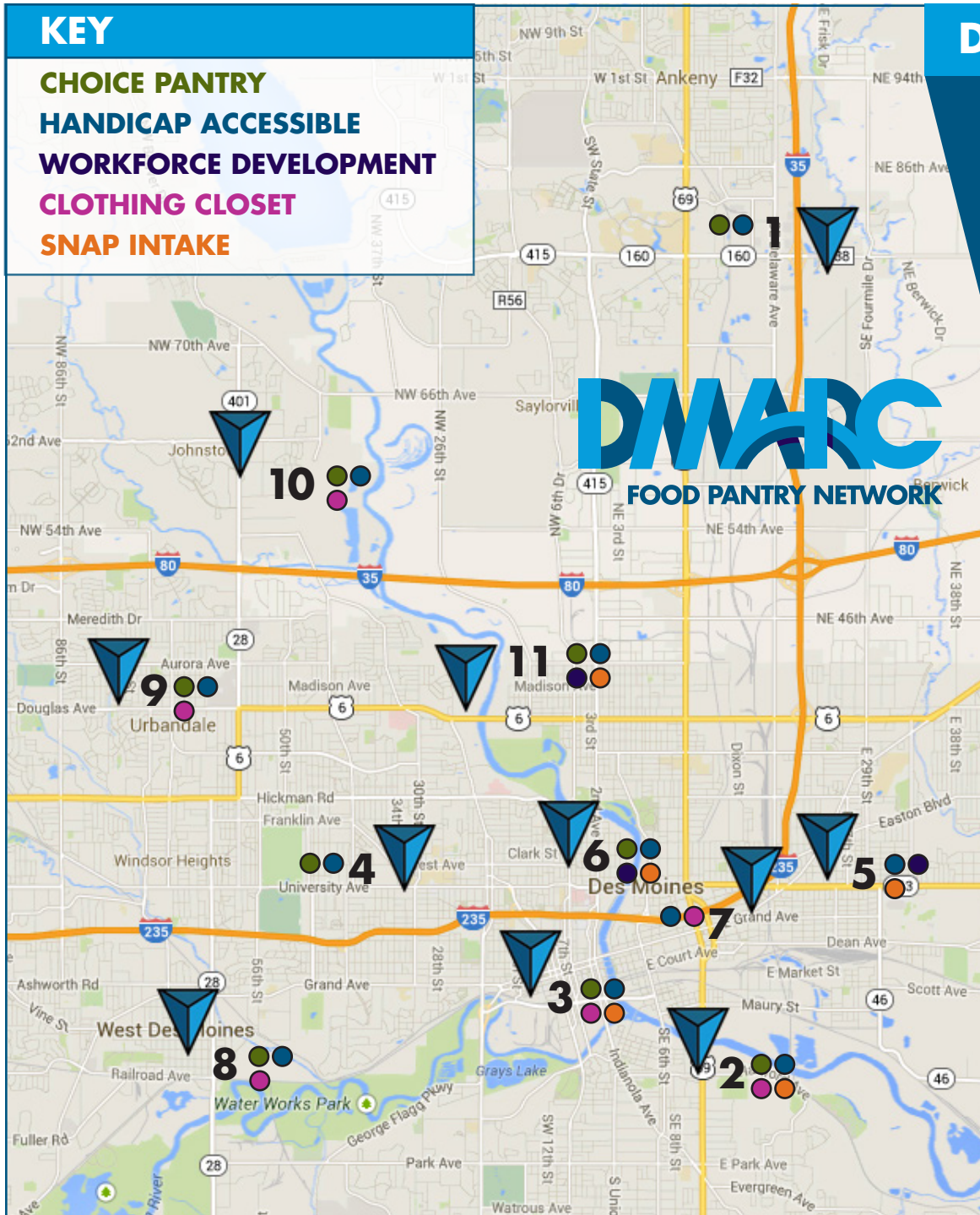
HANDICAP ACCESSIBLE

WORKFORCE DEVELOPMENT

CLOTHING CLOSET

SNAP INTAKE

DMARC Food Pantry Network



- 1 IMPACT COMMUNITY ACTION PARTNERSHIP** ANKENY
2701 SE Convenience Blvd, Suite 2, Ankeny, IA 50021
515-965-0433
- 2 BIDWELL RIVERSIDE CENTER**
1203 SE Hartford Avenue, Des Moines, IA 50315
515-244-6251 x 213
- 3 CENTRAL IOWA SHELTER & SERVICES**
1420 Mulberry Street, Des Moines, IA 50309
515-284-5719
- 4 DRAKE AREA FOOD PANTRY**
3226 University Avenue, Des Moines, IA 50311
515-279-9998
- 5 SALVATION ARMY CITADEL** EAST
1216 E 25th Court, Des Moines, IA 50317
515-266-3156
- 6 SALVATION ARMY TEMPLE** WEST
1330 6th Avenue, Des Moines, IA 50314
515-282-3422
- 7 ST. MARY FAMILY CENTER**
1815 Hubbell Avenue, Des Moines, IA 50316
515-262-7290
- 8 WEST DES MOINES HUMAN SERVICES**
139 6th Street, West Des Moines, IA 50265
515-222-3660
- 9 URBANDALE FOOD PANTRY**
7611 Douglas Avenue, Suite 34/35, Urbandale, IA 50322
515-251-6688
- 10 PARTNERSHIP PLACE**
5870 Merle Hay Road, Suite D, Johnston, IA 50131
515-868-1357
- 11 POLK COUNTY RIVER PLACE FOOD PANTRY**
2309 Euclid Avenue, Des Moines, IA 50310
515-286-3695