

# RELIEF FROM PAIN: Charity Manifesto

## 2020 Vision - 5 main goals

- 1 healer in every NHS hospital by 2020
- 2 medical research projects in the UK by 2020
- 3 therapy centres founded in the UK by 2020
- 4 international healing retreat locations by 2020
- 5 local Pain Relievers groups providing healing by 2020



## 1 healer in every NHS hospital by 2020

We like everyone to have the opportunity to receive healing when we need it most. Healing is very beneficial to our Health. It enhances comfort and wellbeing, especially during a hospital stay. When there is a healer on call in hospital it will allow more people to receive healing as part of their care program. Your donation helps to sponsor healing sessions organised in hospitals. We welcome you to nominate friends and family who would like to receive healing during their hospital stay.



## 2 medical research projects in the UK by 2020

We like to gather more medical proof of the clinical efficacy of healing as a complementary therapy. We would like to use non-invasive cutting edge technology that is also used by pharmaceutical companies, medical research facilities and large hospitals for medical research and drug development. Your donation helps us to buy this type of software and services and adapt them for research into complementary therapies like healing. We welcome you to nominate professors and doctors who allow research in those hospitals.





### 3 therapy centres founded in the UK by 2020

We like to buy 3 large premises where both healers and clients can work together. It is important for complementary therapists, like healers to have a clean, safe and dedicated environment where clients can come and enjoy healing and where healers feel good and love to practise. Your donation helps us to find and buy suitable premises. It will also help maintain them with legally required standards of excellence. We welcome you to let us know about available buildings or places that are for sale. We love your referrals.



## 4 international healing retreat locations by 2020

We would like to identify 4 different locations where the climate is very beneficial to healing and recovery into full health. The climate in Mediterranean countries is very well suited to help recovery and make people with chronic pain more comfortable. Your donation helps us to cover travel expenses for healers and other staff who will be looking after people. We welcome anyone offering us to use empty holiday homes, large vacation houses, yachts or air miles for people to enjoy a much needed healing holiday.



## 5 local Pain Relievers groups providing healing by 2020

We like to invite all healers to set up local Pain Reliever groups. Volunteer Healers can set up their own healing clinics and work with other healers locally to raise awareness of healing. Your donation helps to support the Pain Relievers groups to provide more healing to the general public and raise the awareness on how beneficial healing is for your health and wellbeing. We welcome any inquiry if you like to set up your own group.



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RELIEF FROM PAIN

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