



FRIDAY

PORK RIB ENCHILADAS WITH SPRING MIX SALAD

Cost per serving \$5.88

REHEAT on grill and toss 1/2 spring mix salad with olive oil, balsamic vinegar, salt and pepper.

PER SERVING (2 enchiladas): 738 calories; 41 g protein;
49 g fat; 33 g carbohydrates; 4 g fibre; 9 g sugars;
1179 mg sodium.