ISSA COLLEGE OF EXERCISE SCIENCE

Degree Requirements Worksheet — Associate of Science in Exercise Science

AS-ES **Core Required** Courses (2 Courses)			
Course	Credits	Qtr completed	Prerequisite
PTR251	5		
PTR259	5		

AS-ES **Core Elective** Courses (4 Courses)			
Course	Credits	Qtr completed	Prerequisite
PTR	5		
PTR	5		
PTR	5		
PTR	5		

AS-ES **General Ed** Courses (6 Courses)			
Course	Credits	Qtr completed	Prerequisite
ENG110	5		
BIO105	5		
MATH102	5		
PSY102	5		ENG110 prereq
SOC101	5		ENG110 prereq
HIST102	5		ENG110 prereq

Elective Courses (30 Credits)			
Course	Credits	Qtr completed	Prerequisite

Requirements Checklist

- ☐ 90 total credits completed
- ☐ 30 credits from structured CES courses
- ☐ 2.0 GPA overall
- ☐ 2.0 GPA in core coursework

AS Core Electives Course List (courses not applied to core electives can be applied to remaining program electives)		
Course	*Credits*	*Prerequisite*
PTR252 Specialist in Sports Nutrition	5	PTR251 prereq
PTR253 Specialist in Exercise Therapy	5	PTR251 prereq
PTR254 Youth Fitness Trainer	5	
PTR255 Specialist in Strength and Conditioning	5	
PTR256 Specialist in Senior Fitness	5	PTR251 prereq
PTR257 Specialist in Group Fitness	5	PTR251 prereq
PTR258 Corrective Exercise Specialist	5	PTR251 prereq
PTR259 Specialist in Fitness Nutrition	5	PTR251 prereq
PTR260 Bodybuilding Specialist	5	PTR251 prereq
PTR261 Transformation Specialist	5	PTR251 prereq
Electives Course List		
Course	*Credits*	*Prerequisite*
BUS115 Introduction to Marketing	4	ENG110 prereq
BUS117 Motivating for Performance	5	ENG110 prereq
BUS204 Business and Management Principles	4	ENG110 prereq
BUS207 Entrepreneurship	4	ENG110 prereq
BUS210 Business Ethics and Law	4	ENG110 prereq
COMM102 Effective Communication	5	ENG110 prereq
COMM121 Interpersonal Relations	3	ENG110 prereq
COMM161 Business Communications	2	ENG110 prereq
COMM203 Customer Service Principles	3	ENG110 prereq
HIT135 Medical Terminology	3	
PD102 Personal Development	2	
PD103 Professional and Career Development	2	ENG110 prereq

Use this worksheet to track your progress towards your degree. For full course descriptions, please refer to the current course catalog.

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