

NEED TO SEE A DOCTOR? WE'VE GOT CONNECTIONS.

Amwell* and MDLIVE* are available through Cigna Telehealth Connection.



Good news. Most medical and behavioral plans offered through Cigna provide covered employees with access to telehealth services designed to offer employees greater control when they need to see a doctor. We call it Cigna Telehealth Connection.

Cigna Telehealth Connection lets you get the care you need – including most prescriptions (when appropriate) – for a wide range of minor conditions. Now you can connect with a board-certified doctor via video chat or phone, without leaving your home or office. When, where and how it works best for you!

Use Cigna Telehealth Connection to connect with a doctor about:

- › Acne
- › Allergies
- › Colds and flu
- › Fevers
- › Headaches
- › Shingles
- › Bronchitis
- › Rashes
- › Sore throats
- › Stomachaches
- › Urinary tract infections and more

Visit the website or call to register.

Amwell

AmwellforCigna.com*
855.667.9722



MDLIVE

MDLIVEforCigna.com*
888.726.3171



On the go? No problem.

Download the MyCigna® App and you'll be able to access both telehealth providers.**

Amwell and MDLIVE are only available for medical visits. For covered services related to mental health and substance use disorder, employees have access to the **Cigna Behavioral Health** network of providers.

- › Go to **myCigna.com** to search for a telehealth provider under Specialty in the Behavioral Directory link.
- › Call to make an appointment with your selected provider. Telehealth visits with Cigna Behavioral Health network providers cost the same as an in-office visit. See your plan materials for costs and coverage details.

Together, all the way.®



Offered by: Cigna Health and Life Insurance Company or its affiliates.

* Availability may vary by location and plan type and is subject to change. See vendor sites for details.

** The downloading and use of any mobile app is subject to the terms and conditions of the mobile app and the online stores from which it is downloaded. Standard mobile phone carrier and data usage charges apply.

Amwell and MDLIVE are independent companies/entities and are not affiliated with Cigna. The services, websites and mobile apps are provided exclusively by Amwell and MDLIVE and not by Cigna. Providers are solely responsible for any treatment provided. Not all providers have video chat capabilities. Video chat is not available in all areas. Amwell/MDLIVE services are separate from your health plan's provider network. Telehealth services may not be available to all plan types. A primary care provider referral is not required for Amwell/MDLIVE services.

In general, to be covered by your plan, services must be medically necessary and used for the diagnosis or treatment of a covered condition. Not all prescription drugs are covered. Product availability may vary by location and plan type and is subject to change. All group health insurance policies and health benefit plans contain exclusions and limitations. See your plan materials for costs and details of coverage, including other telehealth/telemedicine benefits that may be available under your specific health plan.

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