



IMPROVE

## Twitter Manual Handling Post Ideas



### Twitter

Our manual handling course covers the core skills required in transporting or supporting a load by hand or bodily force. It includes all aspects of moving loads, safely at work.

[www.improve.online](http://www.improve.online)

**Hashtags:** #Training #safetyatwork #safeworking #Handlingskills  
#manualhandlingskills