

Your Healthpath Dashboard: A QUICK GUIDE

Food Sensitivity Test
Leaky Gut Test
SIBO Breath Test
Adrenal/Cortisol/DHEA Profile

Test Overview



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THE UK GUT HEALTH EXPERTS

OPEN FROM 9:00AM-5:30 PM MON-FRI ☎ +44 (0)207 193 1693

DASHBOARD

TESTS

CONSULTATIONS

RECOMMENDATIONS

TESTS SURVEY

PROGRAMS

ORDERS HISTORY

MY ACCOUNT

LOGOUT

OVERVIEW RECOMMENDATIONS

Tests

Tests History

	NAME	CUSTOMER	STATUS	UPDATED	WHAT TO DO
	Advanced Gut Health Test	Richard Nehme	Complete ■	12/05/20 11:41	Check results
	Ultimate Gut Health Test	Richard Nehme	Complete ■	21/02/20 11:44	Check results

When you log in to Healthpath, click on TESTS in the sidebar and select the relevant test. All your Healthpath test results will be here

Lab Test Preview

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Tests/
Advanced Gut Health Test

Previewing Lab Test Result

biovis' DIAGNOSTIK **DAKKS** **biovis' Diagnostik**

External ID 101000520700 **Name** Richard **Date of Birth** 11.12.1994 **Order ID** 11690396

First Name Richard **Sex** Male **Order Date** 09.08.2019

Sampling Date 05.08.2019 10:00 **Validation Date** 20.08.2019 **Findings Status** Final Report

Test	Result	Unit	Standard Range	Previous Result
Blood Diagnostics				
Microbiome Healthpath Med				
Moleculargenetic Microbiomeanalysis MAQ				
Blood Properties				
Colour	brown			
Consistency	musky			
pH	8,0		5,8 - 6,5	
Biodiversity				
Diversity	4,30		> 5,0	

The bacterial diversity in the intestinal tract may vary considerably

Attached files

- Lab Test Result 08/22/2019 11:10 AM
- Lab Test Result 08/22/2019 11:10 AM
- Practitioner review 1 05/12/2020 11:40 AM

Status

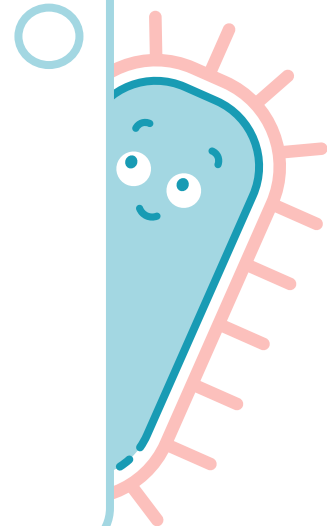
- Check results

Test information

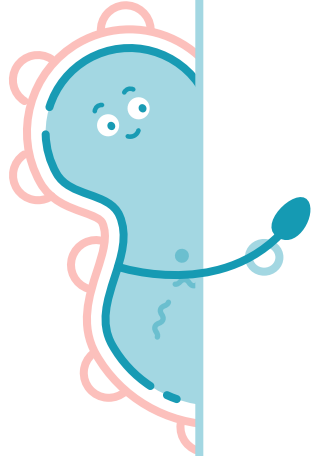
Order ID: 522
Test ID: HP-502
Practitioner: Richard Nehme, Alex Manos, Tegan Philp

Want to learn more?
Discover health tips on our blog.

You'll then see this page. Click on 'Lab Test Result' to see the raw data from the lab



Practitioner Review



healthpath

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Tests/
Advanced Gut Health Test

Previewing Practitioner review 1

Attached files

- Lab Test Result 08/22/2019 11:10 AM
- Lab Test Result 08/22/2019 11:10 AM
- Practitioner review 1** 05/12/2020 11:40 AM

Status

- Check results

Test information

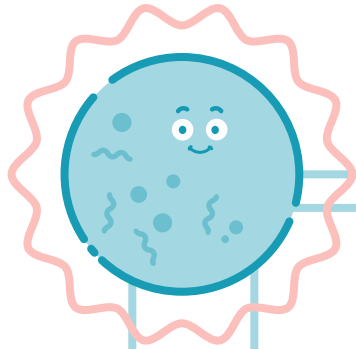
Order ID: 522
Test ID: HP-502
Practitioner: Richard Nehme, Alex Manos, Tegan Philp

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Practitioner's comment:
Dear Richard,
Please find your Healthpath Steel Report attached.

Click on 'Practitioner Review' to see your personal, bespoke practitioner recommendations, and a summary report of your results

Supplements Overview



Head over to the side bar to find out about your recommended supplements, foods and programs



- DASHBOARD
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- CONSULTATIONS
- SUPPLEMENTS**
- SYMPTOMS SURVEY
- PROGRAMS
- FOODS
- ORDERS HISTORY
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OVERVIEW PROTOCOL

In OVERVIEW at the top of the Supplements page, click the arrow next to each supplement to expand and get a general description and a factsheet for each one.

Your Supplements

Recommendations based on your Essential Gut Health Test

Total price £93.79

ADD ALL TO CART

Curcumin 500 with Bioperine® – Support intestinal health – £43.55



Ideal Bowel Support – Support intestinal health – £27.16



Ideal Bowel Support® 299v™ contains a clinically documented human origin probiotic strain, L. plantarum 299v, that resists stomach acid and bile salts and demonstrated specific adherence properties for colonization of human intestinal mucosa. L. plantarum 299v has been used in human clinical studies for intestinal health and function. Each capsule contains a minimum of 10 billion L. plantarum 299v viable cells. The recommended supply in this product may differ based on your practitioner's recommendations.

Dosage

1 capsule per day.

Duration

8-12 weeks.

When to take

Breakfast

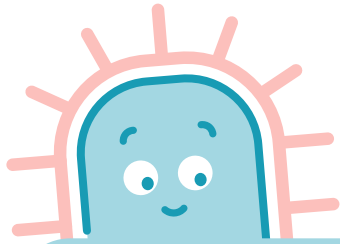


Richard Nehme

You can take up to 2 capsules per day if necessary.

ADD TO CART

You can 'add all to cart' using the red button at the top of the page or just one at a time with the blue button here



Supplement Protocol

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DASHBOARD
TESTS
CONSULTATIONS
SUPPLEMENTS
SYMPTOMS SURVEY
PROGRAMS
FOODS (NEW)
ORDERS HISTORY
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OVERVIEW **PROTOCOL**

Breakfast

SUPPLEMENT	DOSAGE	DURATION	WHEN TO TAKE
Ideal Bowel Support	1 capsule per day.	8-12 weeks.	Breakfast
Moss Nutrition - Oil of Oregano 150mg	1 capsule.	8-12 weeks.	With each meal

Lunch

SUPPLEMENT	DOSAGE	DURATION	WHEN TO TAKE
Curcumin 500 with Bioperine®	1 capsule per day.	8-12 weeks.	Lunch
Moss Nutrition - Oil of Oregano 150mg	1 capsule.		

Dinner

SUPPLEMENT	DOSAGE	DURATION	WHEN TO TAKE
Moss Nutrition - Oil of Oregano 150mg	1 capsule.	8-12 weeks.	With each meal

Click on PROTOCOL at the top of the Supplements page for your daily rundown of what you should be taking and when.

You can download it by clicking here. Email your protocol to yourself or print it out to stick on your fridge

Always check your dosage recommendations to make sure you're taking the right amount

Your programs

You can go to PROGRAMS on the sidebar at any time to see your free Fundamentals of Health tips.

Any other programs you've purchased will be here, too

For systematic, evidence-based advice on how to repair your gut step-by-step, why not join the Healthpath 12 week Gut Health Program?