



## BYRON BAY TEA CO

Byron Bay Tea Company's range of speciality teas features carefully selected organic and wildcrafted ingredients from around the world, Australia and the local area. Hand-blended in the lush, green rolling hills of Byron Bay, this range has been created by Byron Bay naturopath and herbalist, Sarita Merlo to have real health benefits. Enjoy the magic of Byron Bay in every cup!

### Herbal & Wellness Teas

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#### Energy

##### *Green Tea with Berries*

Brighten your day with this clean, balanced and lively infusion of Green Tea, Siberian Ginseng, Gotu Kola and mixed berries. A perky and delightful tea to pick you up and inspire you.

(Green tea, Gotu Kola, Siberian ginseng, Blackcurrants, Strawberries, Blackberries, Hibiscus, Rosehips, Bilberries, Elderberries)

#### Calming

##### *Chamomile blend with Vanilla Bean & Cinnamon*

An exquisite, soothing tea combining Chamomile and Limeflower with Vanilla Bean and Cinnamon. The perfect way to relax and unwind.

(Chamomile, Lime Blossoms, Passionflower, Vanilla Bean, Cinnamon)

#### Digest

##### *Peppermint blend*

A light, refreshing infusion featuring Peppermint, Lemon Balm and Fennel, which has been specially blended for enjoyment before, during, or after any meal. Understated, minty and gentle on the stomach. Bon Appétit!

(Peppermint, Chamomile, Fennel, Lemonbalm)

#### Immunity

##### *Lemon Myrtle, Eucalyptus, Licorice & Ginger*

Feeling a little stampeded by life? Revive, renew and revitalise with this unique blend of Eucalyptus, Echinacea, Lemon Myrtle, Licorice and Ginger. A healthy, restorative tea for busy people who want to bolster and fortify their well-being. Enjoy any time of the day, or any time you're feeling a little run down.

(Echinacea, Eucalyptus, Lemon Myrtle, Elder berries, Elder flowers, Rosehips, Licorice, Ginger)

#### Detox

##### *Cleansing herbs with warming spices*

Cleanse, revitalise and feel great with this zesty blend of bitter and sweet herbs, and warming spices. A healthy, delicious infusion that can be enjoyed any time of the day, or whenever you feel your body might benefit from a light cleanse. The perfect way to reward yourself for all that fun you've been having!

(Fennel, Calendula, Nettle, Chicory root, Dandelion root, Licorice, Ginger and Cinnamon).

#### Glow

##### *Zesty Lemongrass & Ginger with a touch of Licorice & a Minty finish*

Beauty begins on the inside, which makes our Glow tea the perfect primer. The zesty blend of Lemongrass and Ginger is complemented by a purifying punch of Peppermint. So for a naturally healthy glow, and to sustain your internal vigour, sip BBTC Glow.

(Echinacea, Peppermint, Lemongrass, Ginger, Gotu Kola, Nettles, Rose Buds, Licorice)

#### Ginger Zing

##### *Lemongrass & Ginger*

Cleanse and uplift with lemongrass, while enjoying the piquant and revitalising properties of ginger.

(Lemongrass, Ginger)

#### Dandylicious

##### *Roasted Dandelion & Wattleseed with a touch of Cinnamon*

Rich, full-flavoured and caffeine-free, this specialty blend is a cleansing coffee substitute. The roasted wattleseed makes it a little nutty, while the cinnamon adds a spicy sweetness. Ideal as a 'Soy Dandelion Latté' (LSD).

(Roasted Dandelion Root, Roasted Wattleseed and Cinnamon)

## Tummy Tone

### *Licorice & Peppermint*

A wicked tea to entice the licorice lover. Combining the refreshing properties of peppermint with the tasty treats of licorice and aniseed myrtle, this specialty blend will linger long on the palate. Particularly beneficial after meals to settle the tummy or satisfy your sweet tooth. (Licorice root, Fennel seeds, Aniseed Myrtle, Peppermint)

## Fortify

### *Cacao & Medicinal Mushroom Latte*

Needing a little spring in your step? Let Byron Bay Tea Company's Fortify take a healthy hold- a wellness tonic combining the powerful healing benefits of medicinal mushrooms and Tulsi with Cacao and a delicate blend of spices. (Cacao, Maitake mushroom, Shitake Mushroom, Tulsi, Cinnamon, Cardamom, Ginger, Allspice, Cloves, Nutmeg, Stevia)

## Spice Dream

### *Chai Spiced Latte*

A deliciously healthy and exotic Chai Latte blend with a delicate balance of sweetness and spice, Spice Dream will enliven the senses and take you to a magical place far, far away.... like Byron Bay. Naturally caffeine-free and containing only spices, this is best prepared as a latte with your favourite milk and a touch of honey. (Cinnamon, Cardamom, Ginger, Allspice, Cloves, Nutmeg, Stevia)

## Traditional Teas

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### English Breakfast

This is a traditional blend of the finest quality Assam and Ceylon black teas, which have been carefully combined to create a fully aromatic infusion with a rich, balanced flavour.

### Earl Grey

This classically scented black tea has been blended with natural Bergamot Oil to produce a light, refreshing citrus flavour.

### Green

This Organic Sencha Green is a large-leafed green tea and a beautiful light green colour when steeped. It is light and refreshing with a brisk taste.

### Peppermint

A fresh, minty tea that is both cooling and invigorating.

### Chamomile Tea

This classic herbal infusion features the subtle, sweet taste and calming properties of Chamomile flowers. Perfect any time of the day.

### Chai

#### *Black tea with Warming Spices*

This unique chai blend is a fusion of traditions, combining Ceylon black tea with traditional Indian spices and some locally grown Australian ingredients. Aniseed Myrtle gives the chai an extra zing and Roasted wattleseed creates a rich and malty flavour.

(Black tea, Cinnamon, Licorice, Ginger, Cardamon, Aniseed Myrtle and Roasted Wattleseed)

## Oriental Teas

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### Buddha's Tears

*Green tea scented with Jasmine*

Buddha's tears roll tenderly from the tea plant; made with the bud and first two leaves. Carefully plucked and handcrafted into tiny pearls, they are then scented with fresh jasmine blossoms. Once removed from their floral cocoon, the tiny pearls are ready to be brewed. With a pale liquor and delicate taste, Buddha's tears provide a soul-soothing treat at any time of day.

### Oolong Tea

Tie Guan Yin or Iron Goddess is probably the best known Chinese high-grade Oolongs. A light, semi-fermented, whole-leaf tea that is low in caffeine, high in antioxidants and particularly beneficial around meal times when it can aid digestion. The fresh, earthy flavour carries a lingering aroma, as well as subtle undertones of florals and fruits. A light yellowish green liquor is the final flourish to this delightfully refreshing tea.

### Jasmine Green Tea

This delicately flavoured jasmine tea features freshly rolled green tea leaves sprinkled with exotic jasmine blossoms. Cool and refreshing, with a beautifully floral scent, this is a favourite among Chinese tea-drinkers.

### White Tea

Pai Mu Tan is a delicate and refreshing tea, which is derived from the young, silvery leaves of the tea plant during early spring. Once gathered, the leaves are dried naturally in the sun. Treasured by Chinese tea drinkers, white tea contains a high level of antioxidants, is lower in caffeine than other tea and comes with a broad range of health benefits. Unlike its counterparts, it also remains unprocessed. Sweet floral and nutty aromas complement the smooth yet mild flavour, making this an enjoyable refreshment any time of the day.