



## Current permitted / not permitted status for Natural Therapists in Australia.

Please note that this document will be updated as more information comes to hand. ANTA is in constant contact with the various state government health departments to continue advocating for greater clarity and recognition of the services provided by our members.

It is recommended that where appropriate, virtual / online consults are a good alternative to face to face consults at this time, to aid in the reduction of infection transmission. Please also note that at this point in time, health funds are not providing rebates on virtual consults. Where virtual consults are not possible, we recommend allowing time between each client to perform appropriate cleaning procedures and to also reduce the number of people in waiting rooms / common areas at any given time.

Modalities	Details	Status
TCM / Acupuncture	It has been made clear by state health departments that AHPRA registered practices are considered essential services and are permitted to practice.	Permitted
Ingestive Therapies	Ingestive therapies (Nutrition, Naturopathy, Homeopathy, Herbal Medicine, Ayurvedic Medicine) have <u>not</u> been listed by health departments as non-essential services and thus are considered permitted practices at this time.	Permitted

### Remedial Massage & Myotherapy

STATE	Details	Status
Queensland	Stated <a href="#">HERE</a> by QLD Government Health, Massage Therapy is permitted for the management or prevention of a disease, injury or condition, provided by a qualified massage therapist, with social distancing observed to the extent possible. This statement would exclude relaxation massage. It should also be considered that Myotherapists are permitted to practice in QLD due to their higher level qualification	Permitted
New South Wales	Stated <a href="#">HERE</a> by the NSW Government on their COVID-19 web page.	Permitted
ACT	Stated <a href="#">HERE</a> by the Chief Health Officer for the ACT Government.	Permitted
Victoria	Stated <a href="#">HERE</a> by the Department of Health and Human Services. Myotherapy was further clarified <a href="#">HERE</a> .	Permitted
Tasmania	As of the 20 <sup>th</sup> April, the Office of the state health commander has provided correspondence confirming that Myotherapists are permitted to practice from a medical or health facility. For Myotherapists who practice in a facility that may NOT be considered a health facility or medical facility, you can apply for an exemption via <a href="#">THIS FORM</a> .	Remedial Massage Uncertain Myotherapy Permitted

	We are seeking further clarification that this ruling can also be applied to Remedial Massage Therapists, but this has not been provided as yet.		
South Australia	Stated <a href="#">HERE</a> on Government of SA website, that “massage parlours” are to be closed. We are seeking more clarity and to determine if Remedial Massage / Myotherapy is exempt as it is in other states.	Uncertain	
Western Australia	Statement provided by WA Police <a href="#">HERE</a> .	Permitted	
Northern Territory	Stated <a href="#">HERE</a> by NT Chief Health Officer, document linked to NT Government website.	Permitted	