

gifts
fit for
giving

GYM | SOURCE

holiday gift guide 2019

special offers below



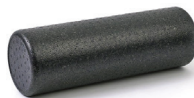
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stuffers**

Gifting the
tools for
effective
at-home
workouts just
got easier
with our best
offers of the
year.

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Traditional Foam Rollers



- Improve muscle strength for more pain-free movement
- Increase flexibility, circulation, and reduce muscle soreness

Kettlebells



- Adaptable to any strength routine
- Adds variety to workouts
- Use in training to improve every day life movements

Traditional Dumbbells



- Easy to increase weight as endurance and fitness levels increase
- Can be used by multiple people in a variety workouts

Hypervolt



- Helps relieve muscle soreness and stiffness
- Improves range of motion and circulation

Vibration Massage



- Vibration for deep muscle activation
- Massage device that helps relax sore and stiff muscles to improve mobility

Resistance Bands



- Portable and easily packed for travel
- Adaptable to any fitness level

Adjustable Dumbbells



- Variety of weights eliminates need for multiple dumbbell sets
- Compact and adjustable

TRX Home Gym



- Perfect for anyone who on-the-go, or who has space constraints
- Lightweight and portable

more below



1ST

**first-time
fitness
shoppers**

\$ Low Monthly Payments

ⓧ Interest-Free Financing

¢\$ Clearance Sale
Find your Fitness ReSolution

Gifting the accessibility of a fitness lifestyle is easier than you may imagine.

TRUE M50 Home Treadmill

- Treadmill designed for users of all fitness levels
- Compact design that still provide an effective workout
- Soft System® shock absorption cushions the impact you experience on a treadmill



\$
ⓧ
¢\$

Octane Max Trainer

- Designed to accommodate all fitness levels
- 14 Minute Interval program provides a powerful total body workout in no time
- Intuitive design enables exercisers to get on and get started immediately



\$
ⓧ
¢\$

Precor EFX 225

- Health club quality workout at home
- Motorized CrossRamp® feature you can target your focus on specific muscles
- The moving handlebars get your core and arms into the workout.



\$ **ⓧ** **¢\$**

TuffStuff Six-Pak Trainer

- Compact and space-efficient
- Offers unlimited functional and strength exercise training capability
- Easy to use and move between exercises



\$ **ⓧ** **¢\$**



Hydrow Rower

- LIVE OUTDOOR REALITY ROWER
- Instructor-led workouts by world-class athletes as they stream live workouts from waterways around the world
- Rowing on demand — hundreds of live and on-demand options

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ultimate fitness solutions

 **Low Monthly Payments**

 **Interest-Free Financing**

 **Clearance Sale**
Find your Fitness ReSolution

Precor AMT

- AMT lets you personalize every workout, engaging your entire body and every muscle group
- Open Stride™ designed to fit virtually everyone regardless of size and provides an effective low-impact workout
- Effective and personalized workouts



True ES900 Treadmill

- Equipped with TRUE's patented HRC Heart Rate Control® to maximize your workout
- TRUE Soft System™ that decreases impact and stress on your joints, so you can run longer and farther
- Versatile workout options with up to a 15% incline and 3% decline



Mi7 Smith Functional Trainer

- improve full body strength and improve fitness endurance.
- functional trainer designed for a small footprint, versatility, and safety
- safe system allows you to disengage if you get stuck without a spotter, or in the middle of an exercise



Healthy Holiday Packages



ONLY \$99

Complete Accessories

Lifeline Ab Power Wheel
Lifeline Power Push Ups
Lifeline Weighted Speed Rope
Lifeline Loop Band Kit



20% OFF

when purchased together

Beast Bundle

Hoist 5165
Hoist HF 5460 8 pair rack with Rubber Dumbbells



BO GO

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Free - Schwinn SC5 Indoor Cycle

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