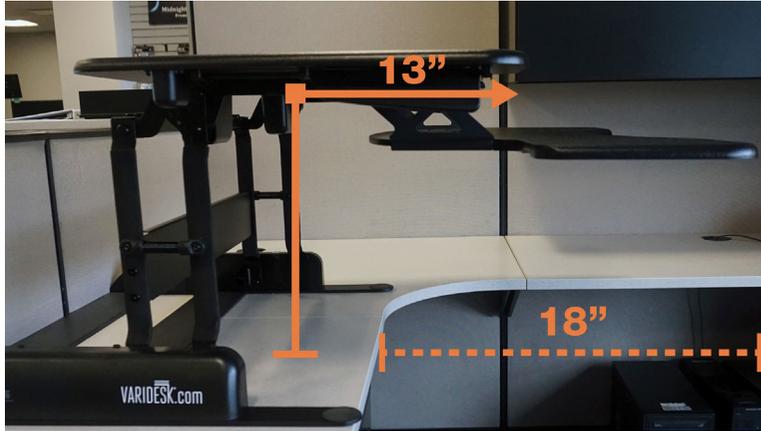


Six Things to Know Before You Buy a Varidesk Pro Plus 36

The Varidesk Pro Plus 36 is arguably the most well-known and best-selling standing desk converter in America. Before buying a Varidesk, here are six things you should consider.

Movement is Not Straight Up and Down

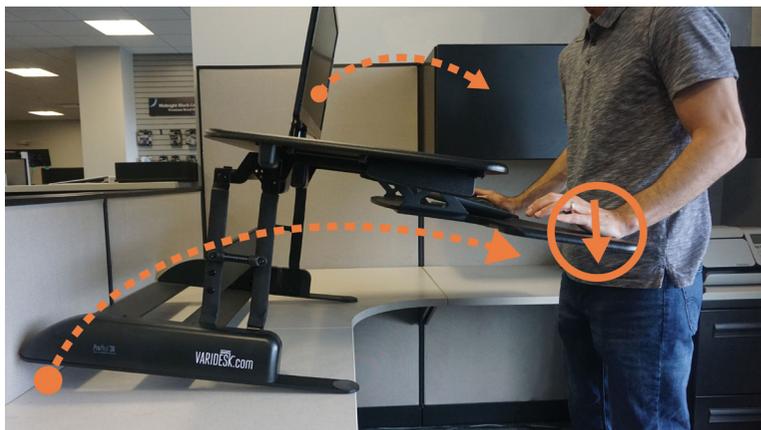
When lifting the Pro Plus 36 up to the standing position, the unit moves towards you as much as 13". This forces you to step further away from your desk and consumes valuable space especially in small offices or cubicles.



The Varidesk Pro Plus 36 lifts up and toward the user, forcing you to stand away from the rest of your desk.

Tips Easily When at the Highest Position

As the Pro Plus 36 moves towards you when lifting, the center of gravity moves in the same direction. This makes it easier to tip the product when pushing down or leaning on the front of the keyboard tray.



The higher the Varidesk is raised, the more unstable it becomes, creating a tipping hazard when you lean on the keyboard tray.

Mouse Position Not Parallel to Keyboard

When typing, shoulders should be aligned to maximize comfort. The ideal location of the mouse is parallel to the lower half of the keyboard. The Pro Plus 36 keyboard tray has a large curved cutout in the middle that pushes the keyboard up and forces the mouse to be located below the keyboard. Discomfort is possible with one shoulder constantly positioned further back than the other.



Keyboard tray cutout places the keyboard further up than the mouse. Rolling the shoulder back to use the mouse creates discomfort.

Does Not Fit on a Typical Cubical Desk

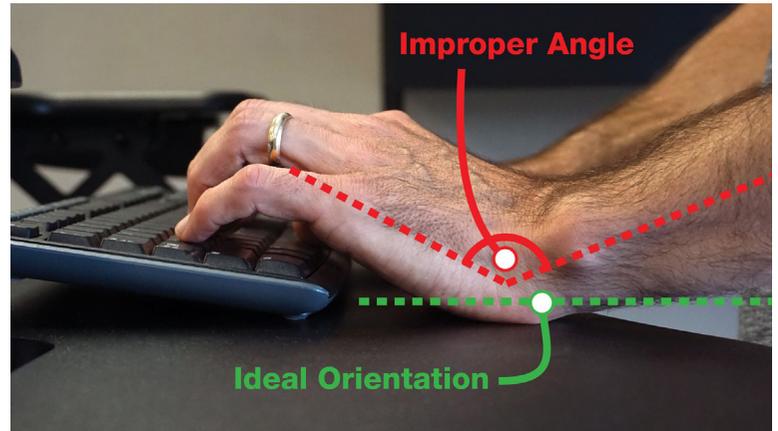
Most cubical desks are 23" or 24" deep. The Pro Plus 36 requires 25" to operate without the frame hanging over the front of the desk.



Most cubicle desks are only 24" deep. Because of the overhang at the back of the unit, the Varidesk requires more space.

Max Height Too Low for People 5'11" & Taller

When typing, the ideal ergonomic position is for the forearms and wrists to be perpendicular to the body. If you are 5' 11" or taller, this is not possible with the Pro Plus 36 because the maximum height of the keyboard tray is only 14.25" above the desk. Using a mat or shoes with heels makes you "taller" and exacerbates the problem. According to the [National Health and Nutrition Examination Survey](#), 30% of men and 1% of women are 5' 11" or taller.



Varidesk does not go high enough to be ergonomic for users 5'11" and taller. Wrists are placed at upward angle to the keyboard tray.

Does Not Work with Most Monitor Arms

The Pro Plus 36 has a metal bar under the rear portion of the desk that prevents most clamp-style monitor arms from attaching. In addition, there is no hole location to mount a grommet style arm. The only alternative is to use a Varidesk brand monitor arm, which can cost more than other options.



The Pro Plus 36 has a metal bar under the rear portion of the desk that is incompatible with non-Varidesk brand monitor arms.

While the Varidesk Pro Plus 36 may not be the ideal standing desk converter, there is an alternative that addresses these issues. Click here to learn about the [Victor DCX760](#).