

Pepper's Activity Guide

What's a little rain?



A few showers won't dampen our spirits. There's nothing better than the sound of rain on the windows while you're all warm and cosy inside. We will have to time our daily outdoor exercise to avoid the rain, or maybe try some yoga or HIIT in our living rooms this week.

It's really important that we remain at home while we battle this final stage. We still need to stick together and follow the isolation rules. And while we're at home, we have a list of feel good movies and the usual favourites to get us through this week.

We're all in this together!



Take a break from being the teacher!

Learn and explore with Maddie Moate on YouTube! Maddie is one of the only family focused "Edu-tubers" in the UK and has been creating educational science videos for the past 7 years. Videos about animals, plants, travel and technology, there's always something new to learn and explore!

MeisterTask is great for planning and organising tasks, which is especially helpful when there is a lot to get distracted by when working from home and the days are just flying by.

This app can be used by teams or groups of people (at work or an at home family project), or just for personal use to help get those few jobs that have been lingering completed.



You'll love it or hate it:
Hits From The Musicals
by Spotify



Top 5 Feel Good Films on Netflix



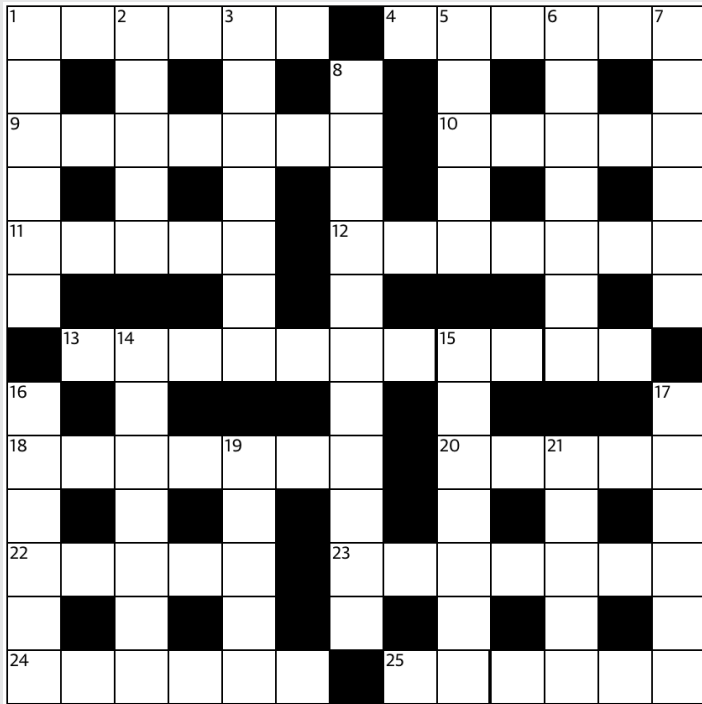
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Weekly Puzzles

Crossword



Across

- 1 Of the most contemptible kind (6)
- 4 For free (6)
- 9 Navigation instrument (7)
- 10 South Pacific island country, gaining its independence from New Zealand in 1962 (5)
- 11 Bird's resting place (5)
- 12 Glowing with joy (7)
- 13 Very rich (7,2,2)
- 18 Train (7)
- 20 Figure out (5)
- 22 Person living voluntarily outside their own country (5)
- 23 Degrade (7)
- 24 Tried (6)
- 25 In repose (2,4)

SUDOKU

Find more online: sudoku.com

| | | | | | | | | |
|---|---|---|---|---|---|---|---|---|
| 9 | 6 | | 8 | | | 3 | | |
| | 1 | | 3 | | | 7 | | |
| | | 7 | 2 | 5 | | 8 | | |
| 6 | 5 | | | 3 | | | | |
| | | | | | | | 6 | |
| 2 | | | 7 | | 4 | 5 | | 8 |
| | 8 | | | | 7 | | 1 | |
| 3 | 2 | 4 | | | 5 | | | |
| | 7 | 9 | | | | | | 4 |

Down

- 1 Official agreement (6)
- 2 Kind of jet (5)
- 3 Latchet (anag) – possession (7)
- 5 Flattened to the ground (5)
- 6 Kettledrums (7)
- 7 Roughly built hut (6)
- 8 Bitterness (11)
- 14 Sea creature with three hearts (7)
- 15 Examine closely (7)
- 16 Take into custody (6)
- 17 It ripens in a vine pod underground (6)
- 19 Saltpetre (5)
- 21 Retrogress (5)

Print out to colour!

Show us your colouring by
tagging us on Instagram!

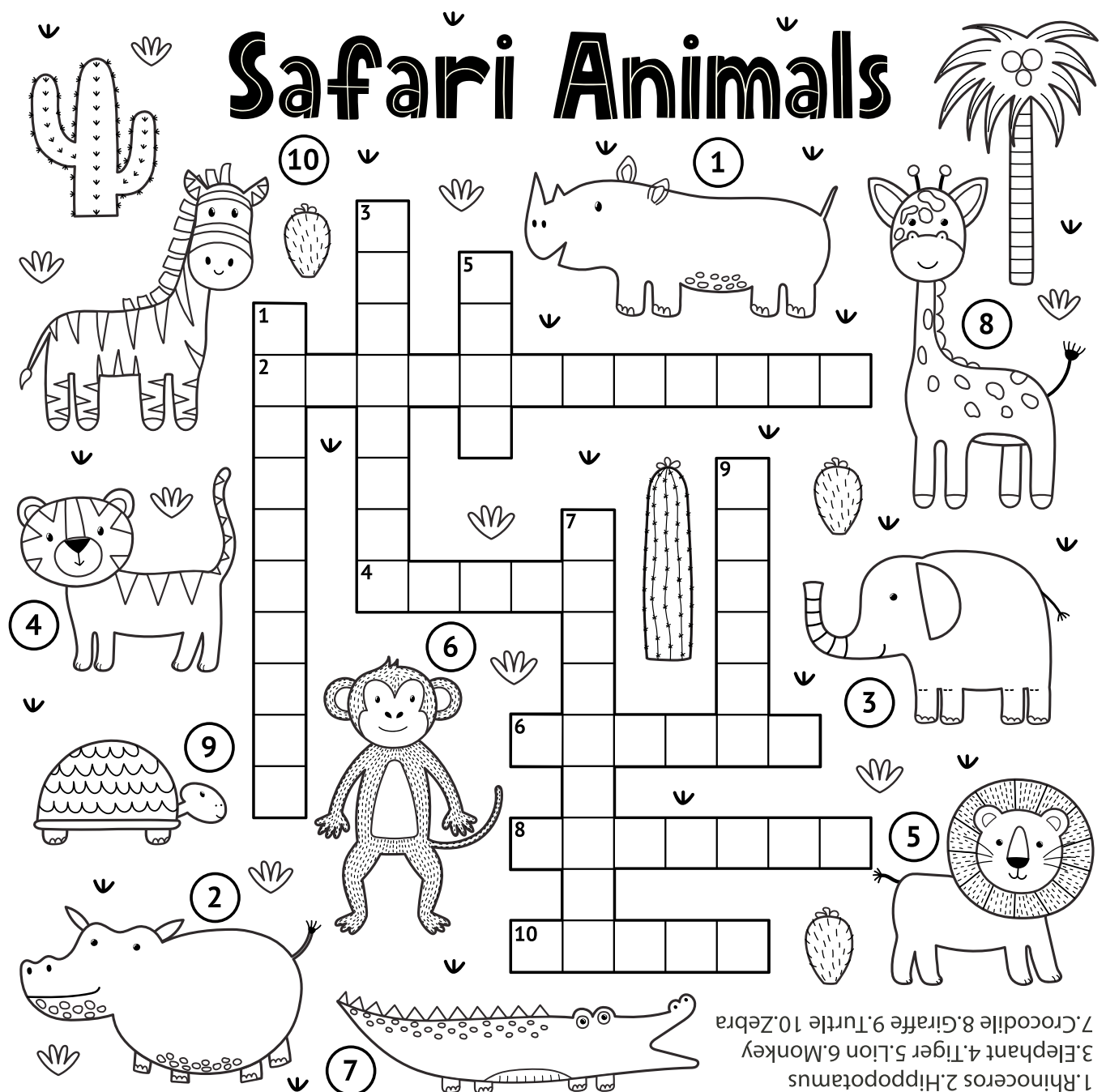
@peppercomms

Crossword

Safari Animals - ages 5+

Instructions: Name the animals below and fill in the empty spaces!

When you've finished, make sure you colour in the animals to bring them to life!



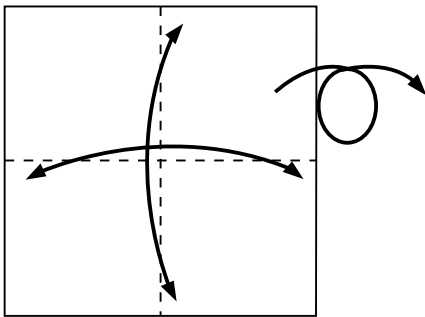
Origami Boat

Ages 5+ (Adult supervision recommended)

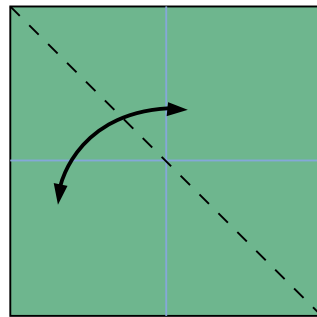
Origami is the ancient and beautiful art of folding paper into shapes, like animals and objects.

Did you know, the word *Origami* comes from the Japanese words *oru* (to fold) and *kami* (paper).

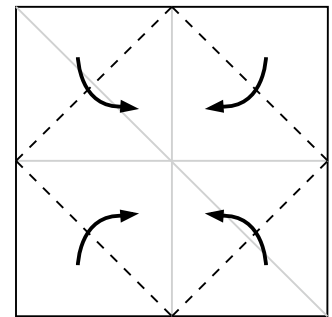
Instructions: Using a square piece of paper, carefully follow the guide below to create this boat.



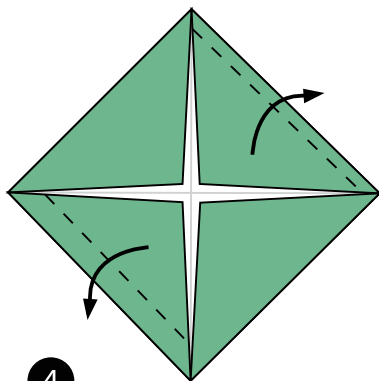
1



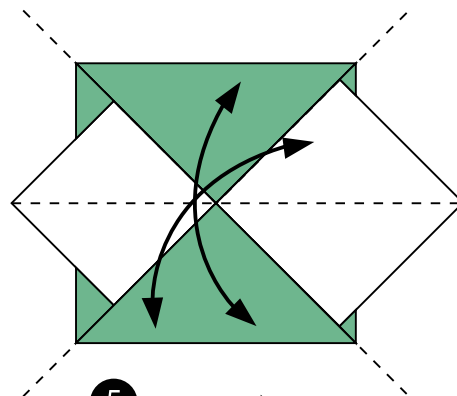
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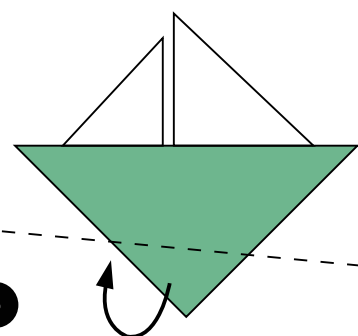
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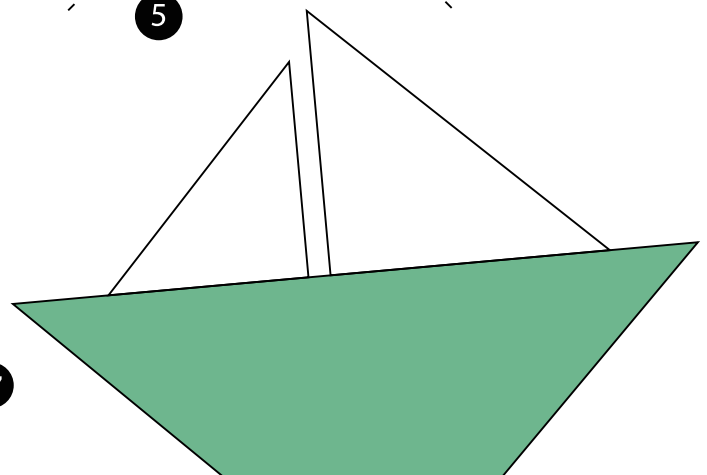
4



5



6



7