

Pepper's Activity Guide

Happy Half Term



If you've got little ones at home with you, you've made it through another half term of being a home school teacher and although it may be difficult, you're smashing it. Next week will be half term for a lot of people, and we've got some ideas to help you decide how to spend your time.

We still need to be cautious of where we go and who we may come into contact with. Fortunately, the weather is looking bright so we can continue with our outdoor daily walks and exercise, and get out to explore some new places. Don't forget to stay alert and keep your distance!



Spanish crime thriller: La casa de papel, "The House of Paper"

An unusual group of robbers attempt to carry out the most perfect robbery in Spanish history - stealing 2.4 billion euros from the Royal Mint of Spain.

With 4 parts now streaming, there's a lot to binge if you haven't seen it.

COUCH TO 5K

You can do it!

Couch to 5K is a running plan for absolute beginners.

It was developed by a new runner, Josh Clark, who wanted to help his 50-something mum get off the couch and start running, too.

The plan involves 3 runs a week, with a day of rest in between, and a different schedule for each of the 9 weeks.



Bust the festival blues:
Festival Party
by Spotify



5 ideas for a great half term in lockdown!

Go for a Picnic



If you're lucky enough to live near some quiet countryside or just your local park, why not go for a picnic?

Camp Out



Missing your family camping trip? Try camping in your garden! You might even prefer it (with your own kettle and loo close by).

Have a Family Festival at Home



Festival blues are a real thing right now. But you could put on your own at home! Get the (biodegradable) glitter out and get grooving to this week's Spotify playlist!

Mini Garden Olympics or Football Tournament



Family sports days are great fun. Just try not to be too competitive with the kids.

Virtual Day Trips



So many places such as Zoos, Aquariums and even Disneyland are offering virtual day trips through a webcam and going live on social media!

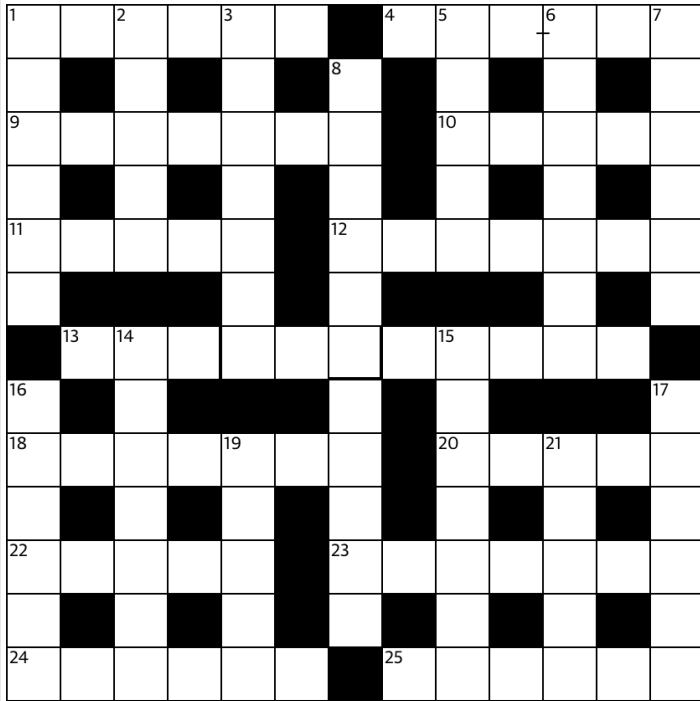
Keep in touch over social

Follow, like & share
[@peppercomms](#)



Weekly Puzzles

Crossword



Across

- 1 Burrowing marsupial (6)
- 4 Exclamation of disapproval (3-3)
- 9 Thing (7)
- 10 North African capital (5)
- 11 Thick woollen fabric from Scotland (5)
- 12 Low stuffed seat (7)
- 13 At all times (3,3,5)
- 18 City in Sicily (7)
- 20 Progeny (5)
- 22 Eggs on (5)
- 23 Spectacular sporting performance (7)
- 24 Conclusion (6)
- 25 Tickled (6)

Down

- 1 Abundance (6)
- 2 Bishop's hat (5)
- 3 Idealised pastoral setting (7)
- 5 Not censored (5)
- 6 Victory (7)
- 7 Causing difficulty (like a bed of roses?) (6)
- 8 Certain(ly) (6,5)
- 14 Accused, though without proof (7)
- 15 Corrosion-resistant metal, Ir (7)
- 16 Dapper (6)
- 17 Brought up (6)
- 19 Ascended (5)
- 21 Teams (5)

SUDOKU

Find more online: sudoku.com

	6					7	3	
		4		2	8			
					3			9
5				7				4
					1			7
8		7		4			6	3
7	5			8		9		
			3		6	4		
4		6	1		7			2

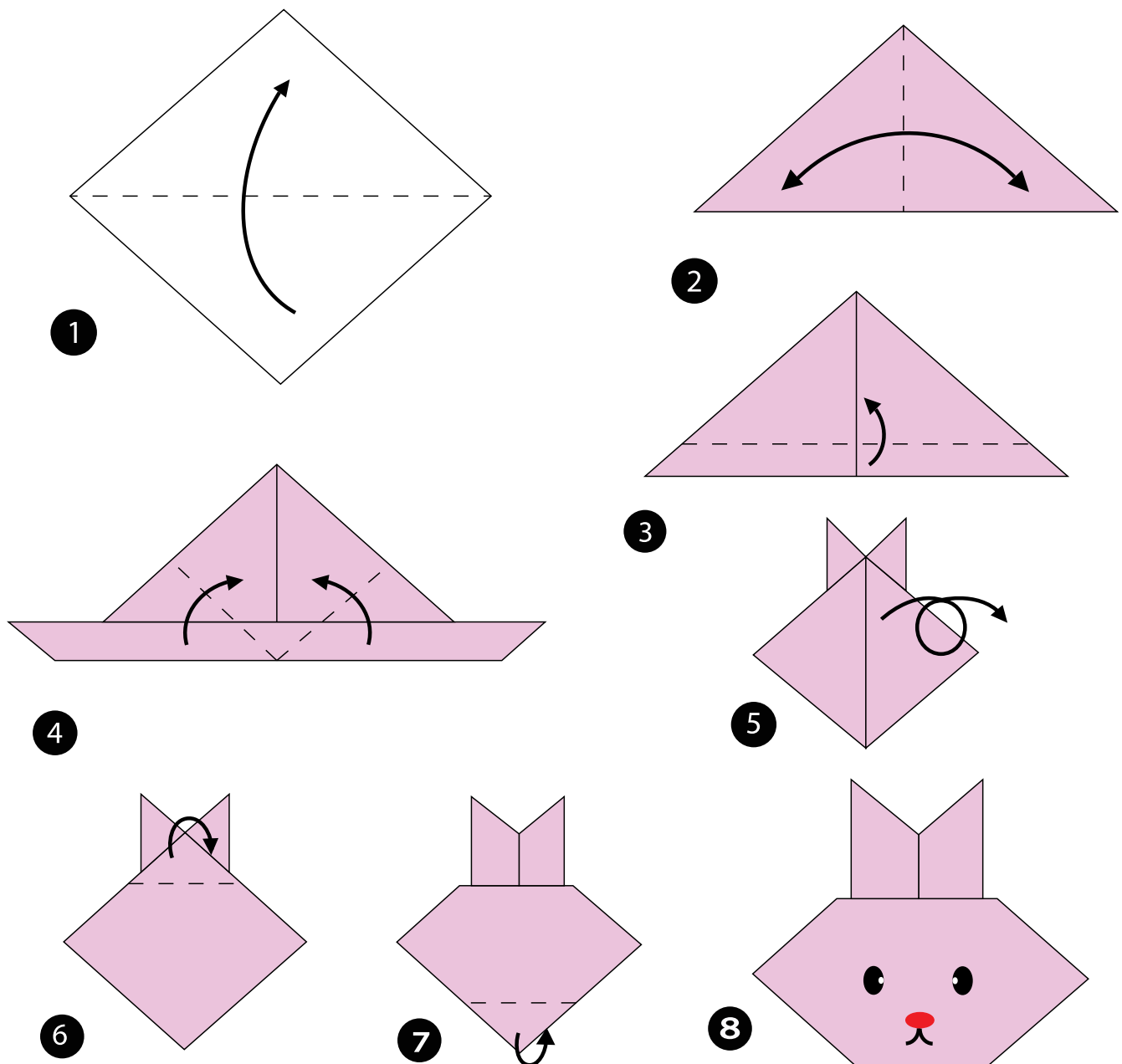
Origami Rabbit

Ages 5+ (Adult supervision recommended)

Origami is the ancient and beautiful art of folding paper into shapes, like animals and objects.

Did you know, the word *Origami* comes from the Japanese words *oru* (to fold) and *kami* (paper).

Instructions: Using a square piece of paper, carefully follow the guide below to create this rabbit.



Print out to colour!

Show us your colouring by
tagging us on Instagram!
@peppercomms

Cats go to school

