**Bonding Quick Reference Guide**

**Step 1: Prepare Brackets**

* Add light-cured orthodontic adhesive of choice to the LightForce Orthodontic bracket base.
* Repeat for each segmented tray.
* Ensure brackets are positioned correctly in the IDB jigs.
* Close the box. The LightForce packaging acts as a light box and will protect the adhesive from ambient light (for up to 60 minutes).
* Tip – LightForce brackets require less cement than traditional brackets. ***Apply sparingly to avoid unnecessary flash.***
* Tip – Preparing the brackets in advance save chair time. The box can be used as a staging tray until the moment of bonding.

**Step 2: Prep the Patient for Bonding**

* Polish, dry, and isolate the patient’s teeth from saliva.
* Etch/prime the teeth using orthodontist’s method of choice.

**Step 3: Bonding Procedure**

* Place IDB jigs on patient’s teeth with mild occlusal pressure. (no need to place pressure on the labial surface)
* Cure on both sides with UV light for total of 10 seconds.
* Remove the IDB tray using a scaler (or similar instrument).
* Release tray from the lingual side and peel towards buccally.

**Step 4: Finishing**

* Cure brackets again from all angles for final cure (about 10 seconds).
* Remove any excess flash.
* Ligate initial wire to brackets using conventional elastomeric “O-rings” or steel ligatures.

