



OXFORD CIRCLE CHRISTIAN  
COMMUNITY DEVELOPMENT  
ASSOCIATION



## TRAUMA THERAPY & SOCIAL-EMOTIONAL LEARNING PROGRAM

SEPTEMBER 2019 - JUNE 2021

In response to high rates of trauma among students in the Oxford Circle community, OCCDA's Family Resource Center launched the Success Lab in September 2019. The center provided three main services to the community. It provided individual and family trauma-informed cognitive behavior therapy to kids at Carnell Elementary School that have experienced trauma. In addition, the center offered Second Step social-emotional instruction to grades 2 and 5 to help students express their emotions and in the long-term improve behavior and reduce violence. Finally, the center ran learning pods during the COVID-19 pandemic to support families and students during this unprecedented time.



Second Step



Therapy

**SUCCESS**  
**LAB**



Learning Pod



# Program Highlights

## Therapy



**40** students received therapy

Each child received an average of

**23** therapy sessions

**21** students saw a reduction in PTSD symptoms

The children "made tremendous progress in learning about therapy and trauma, becoming more aware of the fact that they are not alone in this."



**PROGRAM THERAPIST**

## Second Step



**321** 2nd grade students

and

**124** 5th grade students

received social-emotional learning instruction

"For our young people, especially, being apart from their peers and not having the regular outlet of school has been difficult. Creating online spaces for them to not only learn together but to share about their experiences and to explore their many emotions about a very challenging season in their young lives is so very important"

**5TH GRADE SECOND STEP INSTRUCTOR**



## Learning Pod



**17** students participated in the learning pod

**40** case management services were provided



of those services were consultations with the teacher or counselor and food referrals

