



{Caption}

# Statement/Declaration Template

Statements from you personally should always be written in the first person. You don't have to use quotation marks. Italics are fine if you want to set off the text. Remember: select your words carefully, your statement is public record! Here's an example by [Guy Bergstorm](#) (SOURCE: [thebalancesmb.com](https://thebalancesmb.com)):

## **{Statement by Joe Football About His Trade to the Giants}**

{Playing for the Giants is a dream come true for me.}

{The Giants are a good fit for my skills, and it's a pleasure to find a home here. I met with the coaches and players this morning and they're excited to have me on the team. The doctor has said that my shoulder has healed up fine, and I'm not worried about losing any time due to injury this year. I feel good about our chances to make the playoffs this season and take a shot at another Super Bowl.}

{For interviews, contact:}



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