



To our clients and their families,

We appreciate the trust that you place in our company to “add years to life and life to years” every single day! Because we value you and your well-being, we wanted to ensure that we properly contacted you regarding the COVID-19 (coronavirus) cases in Tennessee. Along with regular safety and hygiene protocols, please follow these healthy practices:

- If you have a fever or exhibit other signs and symptoms of a virus, please call your local office so that we can come up with a plan of action to take care of you and our caregivers as well as possible. You should also contact a healthcare professional for more help!
- If you think that your caregiver is showing flu-like symptoms, don't be afraid to contact your local office to let us know. Your safety and health is our top priority!
- If at all possible, make sure you have a backup plan in place for your home. We want to make sure that you are covered if you or your caregiver fall ill.
- If you have recently travelled, been with people who have flu-like symptoms, or suffer from other health conditions, track your health and take extra precautions.
- Wash your hands well! Wash all sides of your hands, between your fingers, and past your wrists. Hand sanitizer is okay when you're in a rush, but soap and water work best. Wash your hands for at least 20 seconds and dry them all the way!
- Cover your mouth with a sleeve or tissue when you cough and sneeze.
- Don't touch your eyes, nose, or mouth with unwashed hands.
- Disinfect all surfaces in your home.
- Limit your time in crowded public spaces.
- Let your local office know if there is any other way that we can provide assistance.

With the right precautions, we believe that we can continue to provide quality care to all of our clients throughout Tennessee. Please keep us informed, and we'll do the same!

Thank you,

The Senior Solutions Team