

The Simple Cycle Plus Plan



Patients at RMA of Connecticut have asked about options for treatment that involves minimal use of fertility medications. It is important to note that these medications are typically used in most IVF procedures to help stimulate production of follicles that can improve the chance of fertilization and development of a viable embryo.

The Simple Cycle Plus Plan at RMACT is an option for women who want to limit the use of medications to stimulate follicular development. In some cases this is because patients want to limit the number of eggs available for retrieval, which will limit the number of embryos created. This option may also be advisable for women who produce fewer than three or four follicles in each cycle with use of higher doses of fertility medicines. While treatment with limited use of fertility medicines can help to reduce costs associated with an IVF cycle, it is important to note that it can also limit the number of eggs available to develop embryos. As a result, treatment may require additional cycles and more time for patients to achieve their family building goals. We encourage all patients to work closely with their doctor to understand the role of fertility medications in the treatment process, and whether the Simple Cycle Plus Plan is a good option for you.

How The Simple Cycle Plus Plan works

The Simple Cycle Plus plan involves use of medications designed to achieve a minimum target level of follicle stimulation. For eligible patients, a Simple Cycle Plus course of treatment at RMACT costs **\$9,750** per cycle.

Treatment includes:

- Baseline blood work and ultrasound necessary to initiate the cycle
- IVF education class ("Teach class")
- All in-cycle monitoring appointments for blood work and ultrasounds
- Medications for up to and including 10 days of stimulation
- Egg retrieval
- Anesthesia for the egg retrieval
- All embryology laboratory procedures including ICSI, assisted hatching and embryo transfer

The following services are NOT included in RMACT's Simple Cycle Plus Plan:

- Pre-cycle checklist blood work including any required follow-up testing
- Uterine evaluation (HSG, SIS/SHG, hysteroscopy) including a mock embryo transfer
- Medications which are not included in the plan
- Outside monitoring
- Egg (oocyte) or embryo cryopreservation or storage
- Sperm cryopreservation or thawing of frozen sperm
- TESE/MESA if required
- Pregnancy testing and monitoring
- Any medical treatments subsequent to your IVF cycle, including treatment related to miscarriage, biochemical or ectopic pregnancy, if necessary.
- Follow-up visits with MD

Important details regarding refunds

Payment for treatment under the RMACT Simple Cycle Plus Plan is due in full prior to the start of your treatment cycle. The following conditions apply regarding refunds:

- If the cycle is cancelled prior to oocyte retrieval without IUI, you will be refunded **\$6,870**.
- If the cycle is cancelled prior to oocyte retrieval with IUI, you will be refunded **\$6,050**.
- If the cycle is cancelled after oocyte retrieval with no embryos available for transfer, you will be refunded **\$1,012**.

All care is provided by the RMACT team of outstanding physicians, nurses and other specially trained patient care professionals.

To learn more about the Simple Cycle Plus Plan, contact an RMACT Financial Service Representative at 203 750-7400.