



Reproductive Medicine Associates

The Simple Cycle Plan

In some cases, patients at RMA of Connecticut have asked about options for treatment that involves no fertility medications. It is important to note that these medications are typically used in most IVF procedures to help stimulate production of follicles that can improve the chance of fertilization and development of a viable embryo.

The Simple Cycle Plan is an option for women who do not want to use medications to stimulate follicular development. In some cases, they make this decision because they want to limit the number of embryos created. This option may also be advisable for women who produce fewer than three or four follicles in each cycle even with the use of high doses of fertility medications. While treatment without use of these medicines can help reduce the costs associated with an IVF cycle, it is important to note that it can also limit the number of eggs available to develop embryos. As a result, treatment may require additional cycles and more time for patients to achieve their family building goals. We encourage all patients to work closely with their doctor to understand the role of fertility medications in treatment and determine whether the Simple Cycle Plan is a good option for you.

How the Simple Cycle Plan Works

With the RMACT Simple Cycle Plan, treatment is administered without the use of follicle stimulating medications (gonadotropins). Any patients who are considering the Simple Cycle Plan must take part in a consultation with a physician at RMACT, and must complete a range of pre-cycle diagnostic tests. This is essential to determine whether the Simple Cycle Plan can be a viable option with the potential to help you achieve a successful pregnancy. To be eligible, women must have regular cycles (23-36 days). For **eligible patients**, a Simple Cycle course of treatment at RMACT costs **\$5,800** per cycle.

Treatment includes:

- Baseline blood work and ultrasound necessary to initiate the cycle
- IVF education class (Teach Class)
- All in-cycle monitoring appointments for blood work and ultrasounds
- Egg retrieval
- Anesthesia for the egg retrieval
- All embryology laboratory procedures including ICSI, assisted hatching and embryo transfer

The following services are NOT included in RMACT's Simple Cycle Plan:

- Pre-cycle checklist blood work including any required follow-up testing
- Uterine evaluation (HSG, SIS/SHG, hysteroscopy) including a mock embryo transfer
- Medications if needed
- Outside monitoring
- Egg (oocyte) or embryo cryopreservation or storage
- Sperm cryopreservation or thawing of frozen sperm
- TESE/MESA
- Pregnancy testing and monitoring
- Any necessary medical care subsequent to your IVF cycle, including treatment related to miscarriage, biochemical or ectopic pregnancy, if necessary.
- Follow-up visits with MD

Important details regarding refunds

Payment for treatment under the RMACT Simple Cycle Plan is due in full prior to the start of your treatment cycle. The following conditions apply regarding refunds:

- If the cycle is cancelled prior to oocyte retrieval without IUI, you will be refunded **\$4,555**.
- If the cycle is cancelled prior to oocyte retrieval with IUI, you will be refunded **\$3,565**.
- If the cycle is cancelled after oocyte retrieval but without embryo transfer, you will be refunded **\$810**.

All care is provided by the RMACT team of outstanding physicians, nurses and other specially trained patient care professionals.

To learn more about the Simple Cycle Plan, contact an RMACT Financial Service Representative at 203 750-7400.