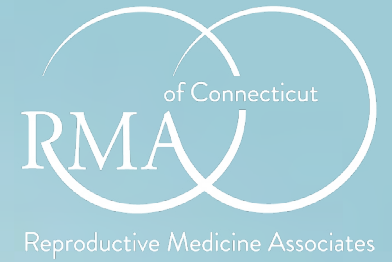


Choose a fertility doctor for your needs.





Introduction

When you're faced with infertility and wish to seek fertility treatment, the first thing you will need to decide is which fertility doctor to see and at what practice. Oftentimes, this decision can seem overwhelming. Who will give you the best chance at the family you know you're meant to have?

There are many other questions that you will bring to your first office visit: How much does IVF treatment cost? What kind of fertility training does my doctor have? How much time will I spend in a clinic office being tested and getting treatment? How do I get started?

The most important question, though, is this: Will I have a successful pregnancy and bring home a baby?

Modern fertility treatments rely significantly on science to determine a cause of infertility and the best way to treat it. That makes the fertility doctors at any practice very important. You want them to have in-depth diagnostic experience, a thirst for new knowledge, and unwavering compassion.

A successful, enjoyable, confident experience will be dependent on your doctor's ability, clinic and lab accreditation, and the other services a practice offers, like convenience, emotional support, and other patient-focused amenities.

Do the fertility doctors meet the **highest standards?**

01



All of our six fertility doctors are board-certified in **Reproductive Endocrinology and Infertility** (REI), the gold standard for fertility doctors. Beyond medical residency and examination in obstetrics and gynecology, our doctors were extensively trained and tested for another three years of advanced training in REI. Additionally, our fertility doctors continuously update their knowledge with published research and collaboration with other physicians.

Since 1991, the renowned publishing company Castle Connolly has compiled the list of American's Top Doctors each year. Five of our doctors have once again made the list, acknowledging their experience, education and professional accomplishments.

Every doctor on the list is nominated by peer doctors in their specific field and assessed by a physician-led research team. Doctors cannot pay to be included in any Castle Connolly guide or online directory.

Five of our doctors have also earned national recognition as "Top Doctors."

Top Doctors are
rigorously selected
from among the total
population of

700,100



physicians in practice
in the United States

01

Castle Connolly's research methodology is designed to identify doctors who will achieve the best possible health outcomes. Those included in the list have met criteria for medical educations, training, hospital appointments, and much more.

Why consider qualifications like these? Because when you visit a fertility practice, your designated doctor may be out or busy with a procedure. Another fertility doctor will need to consult with you that day, and ideally, that physician will be as experienced and compassionate as your regular doctor.

Some clinics have many offices but only one doctor, or not enough to see all patients. Instead, a physician assistant or nurse will work with you in those situations. The members of our medical support team are all highly skilled and professional, so your visit will always receive the highest attention.

Because of our robust REI lineup, you will see a doctor every time you visit RMA of Connecticut, no matter the location or day.

What are the fertility clinic's overall **success rates?**

02



Don't take our word for it. We are a member of the Society for Assisted Reproductive Technology, the primary organization of professionals dedicated to infertility treatment, particularly IVF. All members report annual pregnancy rates to the society.

The rates for RMA of Connecticut are well above the national average, as you will see when you visit the SART website.

Our fertility doctors' care and expertise are the main reasons for our success at achieving pregnancies.

At RMA of Connecticut, we help you defeat infertility in a wide variety of ways. In support of our doctors' efforts, we offer an Integrated Fertility & Wellness Program that adds layers of physical and emotional cushioning to a process that can be both exciting and challenging. Nutrition, counseling, acupuncture, and fertile yoga are all offered with this unique approach, taking care of the whole patient.



02

RMA of Connecticut offers every available fertility treatment option so that whatever issue is causing your infertility, we can address it.

Another way our fertility doctors serve patients is by continuously researching new methods to address all infertility issues. Along with their ongoing requirements for board certification, this work keeps them at the top of their fields.

The Integrated and Fertility Wellness program includes nutritionists, acupuncturists, fertility counselors, Fertile Yoga, and peer and professionally led support groups, most of which are free and open to the public.

Your first contact with RMA of Connecticut is likely to be with one of our New Patient Liaisons, who will answer questions, help you schedule your first appointment, and connect you with your personal support team of a board-certified Reproductive Endocrinologist, fertility nurse, genetic counselor, physician assistant, and financial navigator.

Your New Patient Liaison is dedicated to making the first steps of your journey as simple as possible for you.

Which insurance carriers does the **fertility clinic** participate with?

03



From your first call to RMA of Connecticut, we can provide information about how your insurance company covers infertility treatment. Some insurance companies require that fertility patients seek treatment only from a practice designated as a Center of Excellence by In Vitro Sciences, an organization that sets the bar for fertility management and services.

RMA of Connecticut is one of just 16 such centers in the country. The Center of Excellence distinction indicates that our practice meets the highest national standards for clinical fertility and laboratory services. Our selection into this exclusive group is based on key measures of success

that evaluate a center's experience level, its overall live birth rate, and its low triplets-or-higher birth rate.

We are proud of our many recognitions and alliances, including being a Center of Excellence.

Additionally, RMA of Connecticut earned a perfect score from The Human Rights Campaign Foundation and a listing in the Healthcare Equality Index for the third year in a row. Our practice is one of only two fertility practices in the nation recognized as "Leaders in Equality."



03

In addition to our membership in SART, we also work closely with the American Society for Reproductive Medicine, an educational and advocacy organization dedicated to the advancement of the science and practice of reproductive medicine.

And while fertility clinics are not required to seek accreditation, RMA of Connecticut's IVF laboratory is accredited by the College of American Pathologists and meets standards established by the Clinical Laboratory Improvement Act. Our practice is accredited by the Accreditation Association for Ambulatory Health Care, and the surgical suite is licensed by the State of Connecticut.



1 out of 8 couples

have trouble conceiving, call us if you are under 35 and have been trying for a year or over 35 and been trying to conceive for six months.

Is the fertility clinic convenient, lab-equipped, and financially upfront?

04



Fertility treatment requires planning, patience, and lots of time – much of it in the clinic office. RMA of Connecticut has four offices in Connecticut (Norwalk, Stamford, Trumbull, and Danbury) and one in New York (Poughkeepsie). With such coverage over our region, you will find a location that best suits you and your convenience. You can choose the one nearest you for every visit or mix and match based on your schedule.

While other fertility clinics cut costs by farming out testing, often making their patients travel to unfamiliar sites to complete their work-ups, we do our testing in our own accredited labs in our

offices. Therefore, you will always be visiting the office most convenient to you.

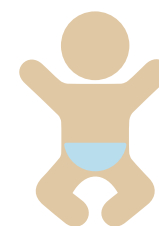
Other facilities may also limit access to doctors and hide the true cost of their plans, neglecting to mention the medications that are needed in most treatments.

We tell you about all your fertility treatment costs and provide financial experts to help you navigate the expense.



As you consider all the information available to you about fertility rates, board certification, accessibility and support, we know that your No. 1 consideration is to bring home a baby. That's our No. 1 goal, too.

We're proud to say that over the past 15 years, RMA of Connecticut has helped parents conceive and bring into the world 7,500 babies.



7,500

babies in 15 years

**That's more than
one a day!**

04

When looking for a fertility doctor, it's the patients that matter most. Here's what one patient had to say, sharing what many other patients have also expressed over the years:

"Words cannot express how thankful we are to you and your wonderful staff for all of your help and support during this process. Our fears, doubts, and anxiety about this process quickly dissipated after meeting with you for our initial consultation. Each staff member that we came into contact with further validated our confidence in RMA of Connecticut. We truly felt we were not in this alone. Throughout the process we greatly appreciated your realistic approach, your honesty, and most of all your sense of humor. Thank you for taking the time out of your busy schedule to answer our questions regarding medical procedures in a manner that we could understand. Thank you for personally calling us prior to each procedure. Those calls meant so much to both of us and again reminded us that we were not alone."

K. S. New Windsor, NY



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Visit one of our
five locations



rmact.com