

QUARTERLY MAGAZINE FOR PATIENTS

# Practice News

APRIL 2019



# THE STANDARD

YOU'VE BEEN LOOKING FOR





# The Campbell Clinic

**Hello and welcome to The Campbell Clinic’s newsletter.**

In this edition of The Campbell Clinic newsletter we will be showing you some of the treatments and procedures that occur within the Clinic in our Treatment Gallery.

We will also talk about our Social Legacy Project and how The Campbell Clinic are planning to develop this role for the benefit of the community. Find out what we’ve been up to in the clinic to help fundraise for causes across Nottingham.

At The Campbell Clinic we have 13 clinicians all with different interests in treatment, because of this we have decided to bring you a few testimonials from patients who have had various different treatments at the clinic, who they had their treatment with and a little bit about the clinician involved.

And finally, we will introduce you to our newest recruit at The Campbell Clinic, Charlotte Stilwell.

Thank you for taking the time to read this and we hope to see you soon.

Best wishes

Colin



# Treatment Gallery

In this edition of The Campbell Clinic Newsletter, we have brought you some cases from the Clinic. We have gathered together three different implant cases and details of their treatment with before, during and after shots showing their progression.

All three treatments include implants in different ways, they allow you to see how implants can be used for different circumstances.

## Patient One Single Anterior Implant Placement

This patient was treated by our colleague Beatriz Sanchez. Their treatment, although relatively simple, came with some complex measurements and amazing results.

This patient is 26 years old and attended the clinic explaining she has had a dental implant as a teenager following an accident that resulted in losing her upper front tooth.

Early implant placements in these cases are a great way to preserve bone and a great way to avoid uncomfortable temporary or removable restorations during teenage years. However, a persons head and face will both continue to grow until the average age of 21 and a dental implant will stay fixed in one position. This means, in years after placing the original implant we can find cases where the original tooth would be too short for an adult face.

This patient came to see us after 10 years after the initial implant placement with a short implant crown. She was looking to improve her smile and wanted to whiten them too.

The case was resolved relatively simply by replacing the old crown with a new one but ensuring we fit to measure without the need of any further surgery or complex treatments.



## Patient Two Posterior Implant Placement

This patient attended the practice after she was referred to us from her brother, who happens to be a colleague of ours.

On examination, it was noted her mouth was very healthy mouth, presenting long term fillings, and has received several treatments during her life.

Recently, one of her upper premolars had broken down in a way which cannot be repaired. Her tooth can be seen when smiling and in time it will affect the lower teeth and her bite; knowing this she wanted to have it replaced.



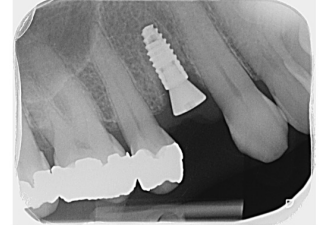
We discussed all her options for treatment. These included leaving the gap, replacing the space with a denture, replacing the space with a conventional bridge or placing a dental implant in the space with an implant crown.

After careful consideration, the patient decided to have a dental implant. She was aware of the pros and cons of each of the other options and believed this option would give her the most similar outcome to the real thing. This option would also mean none of the other teeth are compromised and nothing would restrict her palate.

At the beginning of her treatment, the broken roots

were removed and her diagnostics were carried out. From this we planned the shape and position of her future tooth, as well as the measurements of her bone allowing us to choose the appropriate size implant.

Six weeks after the tooth was extracted, we were ready to go ahead with implant surgery where we placed the titanium implant; this will act as a new root for the future new tooth



After another 6 weeks of healing, to allow the implant to bond with the bone, we assessed the area and made sure the implant had properly osseointegrated.

From this we started the process of creating a new crown.

Two further appointments were required for that.

After careful planning and an excellent team effort, we were able to connect the crown to the implant and the patient was able to recover her smile.



## Patient Three Implant Over-Bar Denture

This case involves implant surgery and what we describe as an implant bar and over denture, images of which you can see throughout this text. This patient was referred to the practice by one of our local dental practitioners. Their main concern was their failing upper dentition which had been gradually declining over the space of a couple of years.

Following numerous discussions with the patient and her referring dentist, it was deemed that an upper clearance (*removal of all teeth*) and the provision of an implant bar retained overdenture would be the best course of treatment.

Below are the pre-surgery photos:



Following a full upper clearance and the period of healing with a temporary denture, surgery was carried out by Colin with the placement of 4 Straumann bone level implants and bone grafting where necessary.

Below is an image of the patients OPG following surgery:



Following a period of 12

weeks to allow for healing, a custom bar was designed and fitted. Images of which are below.



A custom overdenture was designed and made with assistance from our Clinical Dental Technician – Mark Melbourne. Images of which are below.



A custom implant retained bar overdenture is a great solution for patients not wanting to wear a denture or cannot afford the cost of fixed in teeth. The bar provides a great level of stability and retention, whilst the denture can be designed as a horseshoe to eliminate the need for a palate. The overdenture can be removed easily for cleaning and can be maintained regularly.

If you're interested in pursuing or finding out more about various implant treatments for yourself please contact us via our reception team on 0115 982 3913, or book a FREE appointment with our Treatment Coordinators.



# Social Legacy Project

## In our last newsletter, we told you about our new adventure in setting up a Social Legacy Project at The Campbell Clinic.

This project is continuously growing and progressing in many ways. It's a learning pathway to help those around us, in our community and in some cases nationally.

We have decided to help three charities which are locally based in Nottingham. These are **We R Here**, **Framework** and the **Children's Bereavement Centre**. We also support **Bridge2Aid** a nationwide dental charity based in East Africa.

We help these charities by taking part in fundraising events and also giving donations when we can. We like to involve our patients in our fundraising and want to inform you what's been going on recently to help support our chosen charities.

In November 2018, we hosted a **Coffee and Cake day** for our patients. All members of staff took part in providing for this. Some cakes were homemade, some shop brought, but all in all it was an amazing turn out with some fantastically tasty cakes. We had patients visiting us at the clinic without an appointment but only to donate some money, have a slice of cake and a natter in our waiting room with a coffee or tea; it really was a great day with a lot of involvement from everyone. In total, on this day, we raised an amazing £236 and we couldn't have done it without our amazing patients. We will definitely be hosting one of these again, so keep your eyes peeled, we will email you in advance.



Although we support our chosen charities, we also try to do what we can for our community. Throughout December 2018 we decided to start a **Campbell Clinic Collection Box** for a local food bank located in Clifton.

We contacted the food bank to see what they needed and donated what they requested on behalf of the clinic, we also informed our patients of this collection and we were overwhelmed with the generosity from you all. It was amazing to collect so many items and give these to those who need it for Christmas.



Around Christmas time we also donated children's gifts to GEM FM's very own **Mission Christmas** cause to give every child in Nottingham a gift at Christmas. Not every child is so fortunate so GEM FM set this up to allow every child to receive a gift from Santa. As regular listeners to GEM FM at the clinic when we heard this we jumped at the chance to help.

Kicking off our fundraising for 2019, our colleague **Kath Hare** ran **100km throughout March**. Kath took it upon herself, in her own time, to run 100km. She trained really hard for this event



and thanks to the amazing support from our staff and patients we managed to raise £475 for one of our chosen charities **Framework**.

We continue to support our charities, offering support, donations and help where we can. Throughout the year we plan to come together regularly as a team to fundraise. We hope you get involved in this and we can't wait to grow this project and help others.

If you have any questions regarding our Charity committee, if you want to contribute or if you have any ideas which you may want to share please contact us at the clinic on 0115 982 3913 or email Hayley on hayleyfox@campbell-clinic.co.uk



Every year we host a **Charity Ball**. This is our largest form of fundraising and takes up a lot of our charity committee's time. This ball is held for dentists across Nottingham and dental suppliers, as well as our staff and our families and friends.

We hire a venue and provide entertainment as well as food and drink for all our guests. Throughout the night we take part in a raffle, a charity auction and games. Each of these helps us fundraise for our chosen charities.

Our last Charity Ball was themed 'Pop Idols'. This consisted of all our guests taking part in the fancy dress theme, there were a lot of Freddy Mercury's, Ed Sheeran's and Spice Girls. It was a great

night and raised an amazing £10,000. This was our fifth Charity Ball, and every year we raise on average £10,000 which means in total we have raised an amazing £50,000 through the generosity of colleagues, suppliers and staff. It gives us great pleasure to host an amazing event for such an amazing cause.







## Charlotte Stilwell

**Qualifications:** Tandlaege Copenhagen 1983  
**GDC No:** 59233

**At The Campbell Clinic we focus on developing our team and sometimes this means introducing new team members.**

Charlotte Stilwell is a specialist in prosthodontic dentistry with her own referral practice at 94 Harley Street, London W1G 7HX. She joined The Campbell Clinic in February 2019 and has made a huge impact and settled in amazingly with the team.

Charlotte undertakes all aspects of conventional and implant supported fixed and removable prosthodontics and management of occlusion. She is an invited speaker and author of publications on these topics, nationally and internationally. Charlotte also has an interest in Gerodontology and the specific treatment needs of elderly patients.

Charlotte started her professional career with five years of postgraduate training in the Department of Prosthetics at the Royal London Hospital Dental School. Thereafter, she practiced for nine years in general practice in West Wickham, Kent before moving to specialist referral practice in Harley Street, London. In addition to practice, she has held part-time lecturer posts at Department of

Prosthetics at the Barts and The London School of Medicine and Dentistry as well as the Department of Gerodontology and Removable Prosthetics at the University of Geneva.

Charlotte is an examiner for implant dentistry at the Royal College of Surgeons of Edinburgh and a Fellow and Member of the Board of Directors of the International Team for Implantology (ITI).

Charlotte has taken on the restorative dentist role at The Campbell Clinic and has taken on restorative referrals, restorative treatment planning and joined the clinics MDT group for a specialist input.

If you want to visit the clinic and gain an outstanding, professional experience with an extremely high knowledgeable diagnosis, book an appointment to see Charlotte. **For more information contact the clinic on 0115 982 3913.**

# What Our Patients Have to Say About Our Team...

**At The Campbell Clinic we provide a number of different treatment options and have many different clinicians and specialists that can help with different procedures.**

Below are a few of our colleagues at The Campbell Clinic and what they bring to the team. We have also provided reviews from patients they have treated. We value these reviews and really enjoy reading them knowing we provide excellent treatment and appreciated outcomes to the best of our ability.



## David Cohen & Endodontics:

David qualified in 1971 with a B.D.S. from the Royal Dental Hospital of London and, in 1972, LDSRCS from the Royal College of Surgeons of England. Following qualification, he worked in general practice in Manchester. At a lecture by an endodontist in 1976, he became interested in Endodontics and in order to advance his knowledge in this field, he undertook a number of postgraduate courses in the United States at Boston University School of Graduate Dentistry, under the leadership of Dr Herbert Schilder.

In 1981, he commenced part-time postgraduate research in Endodontics, which led to an MSc being awarded in 1984. In 1986, he was invited to undertake further research work, culminating in a PhD being awarded by the University of Manchester in 1991, and worldwide patents for new materials.

In 2005, he was awarded a Certificate of Expert Witness Accreditation by Cardiff University.

In 1981, David opened a practice 'Limited to Endodontics' part-time, but since 1993 he has been in full-time specialist endodontic practice. For a number of years, David taught postgraduate endodontics and undergraduate studies as a Lecturer at Manchester Dental Hospital and currently holds the position of Honorary Research Associate at Manchester University. He was admitted to the General Dental Council Endodontic Specialist register as soon as the register was inaugurated in 1998. He has written widely on endodontic subjects and, in 1994, was a Visiting Fellow to the Singapore Ministry of Health. He has also lectured extensively in the UK and USA. David has served as the President of the British Endodontic Society, and Chairman and/or executive member of a number of local dental and endodontic associations.

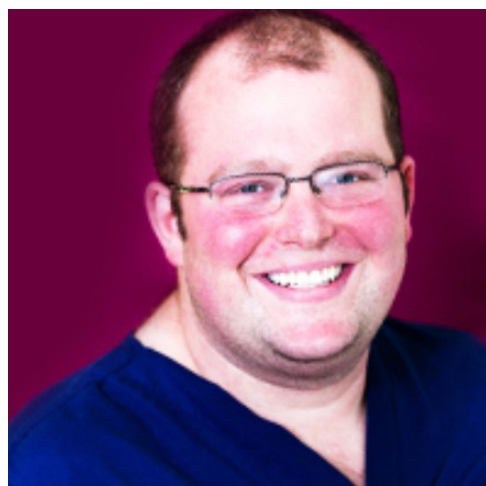
Since 1979, he has also been a member and regular attendee at meetings of the American Association of Endodontists.

Outside dentistry, he loves spending time with his family, especially his six young grandchildren. He enjoys learning Spanish and violin, photography, skiing, collecting whisky and vodka miniatures, and flying his aeroplane. He has been very active in his local Jewish community, including a stint of three years as the President of his local synagogue, and was recently an LEA Governor at a local high school.

## Review:

**After being referred by my NHS dentist for a tricky root canal procedure (my dentist said there was a good chance I'd lose the tooth) I attended the Campbell Clinic. My experience couldn't have been better. I was welcomed, informed and felt safe and confident in the dentist throughout. And I felt NO PAIN!! Even the injection didn't hurt, with the yawn and wiggle your toes distraction technique! My procedure was tricky, as fully explained to me afterwards, and a total success. I would certainly recommend this clinic for any procedure that can't be done on the NHS. Thank you so much!**

# What Our Patients Have to Say About Our Team...



## Andy Legg & Cosmetic:

Dr Andrew Legg graduated from the University of Manchester in 2001. Extensive experience in general practice has given Andrew grounding in all aspects of dental care allowing a fully comprehensive approach to patient care. Andrew has undertaken countless hours of training, including an 18-month Clinical Certificate in Implantology at the University of Sheffield and Advanced Surgical Training at the Royal College of Surgeons.

More recently, Andrew passed his Membership of the Faculty of Dental Surgery, Royal College of Surgeons Edinburgh.

Andrew also works as a Clinical Teaching Fellow in Oral Surgery at the University of Manchester.

Andrew is passionate about the use of dental implants in helping restore patients to a more natural form and function and believes they play a pivotal role in improving the quality of life and general health in patients.

Andrew is proud to be an endorsing dentist for the major UK charity Action for Sick Children and has been involved in the launch of the Dental Playbox Scheme which aims to dispel the myths of visiting the dentist, educating under-privileged children countryside. He is also a Bridge 2 Aid Unity Partner having raised money

to help train dental officers in Tanzania. Andrew is married with four children. He enjoys following most sport, particularly rugby.

## Review:

**I just want to say a huge thank you to Andy and his lovely dental nurse. I have just had two veneers after waiting years for one of them to be replaced due to being ridiculously scared of the process. I was recommended to The Campbell Clinic by a friend as he said the service was exceptional and he was correct! Andy and co were absolutely brilliant with me, I would never EVER go anywhere else. Thank you for such a first-class service. I am absolutely delighted! Especially now I can smile without worrying About the tooth discolouration on photos!**

# What Our Patients Have to Say About Our Team...



## Colin Campbell & Implant placement:

Colin qualified in dentistry from the University of Glasgow in 1994.

In 1997, he became a Fellow of the Royal College of Surgeons of Edinburgh (by examination). He also entered dental practice in 1997 and began to build a referral service in Oral Surgery and Implant Dentistry.

In 1999, Colin became a General Dental Council Registered Specialist in Oral Surgery.

In 2005, he was elected to Fellowship of the International Team for Implantology, a network of 15,000 professionals worldwide who promote implant dentistry by research, education and development. He was formerly a Member of the ITI education working group and sat on the Leadership Team of the ITI UK & Ireland Section.

He is responsible for developing education for healthcare professionals in implant dentistry and has personally developed many courses in this field.

In 2009 Colin became a director in Campbell and Peace Specialist Practice and in 2013 formed The Campbell Clinic.

Colin has placed over 4,000 implants and restored many of these, he has also carried out over 10,000 surgical procedures.

He is responsible for mentoring dozens of dentists and introducing them to implant dentistry for the benefit of their patients and has also lectured nationally for over 10 years on Implant Dentistry and Oral Surgery.

Colin has been providing expert witnessing services for ten years in dozens of cases and has appeared in county and criminal trials and in regulatory hearings as an expert.

## Review:

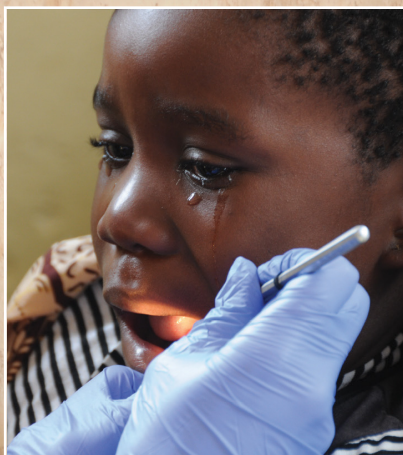
**From my first consultation, there was no pressure to go ahead with treatment. It was very relaxed and I felt totally at ease with the staff. Throughout the placing of my implants, I was continually asked if I was alright. If not they ceased and waited until I was ready to begin again. I'm extremely pleased with my new teeth and would not hesitate to return for future work**





# WHAT IF YOUR CHILD had toothache and no hope of help ●

Its effects are **not mild** or inconsequential, they are **agonising, debilitating** and **inescapable**.



# 70%

of the world  
has **no access**  
to a dentist  
**but**

**£5** will give access to **emergency treatment**  
for the **whole family** in East Africa



Visit [www.bridge2aid.org/whatif](http://www.bridge2aid.org/whatif) to find out how you can help

0845 8509877



@Bridge2Aid



Facebook.com/Bridge2Aid

Bridge2Aid is a UK registered charity no 1092481