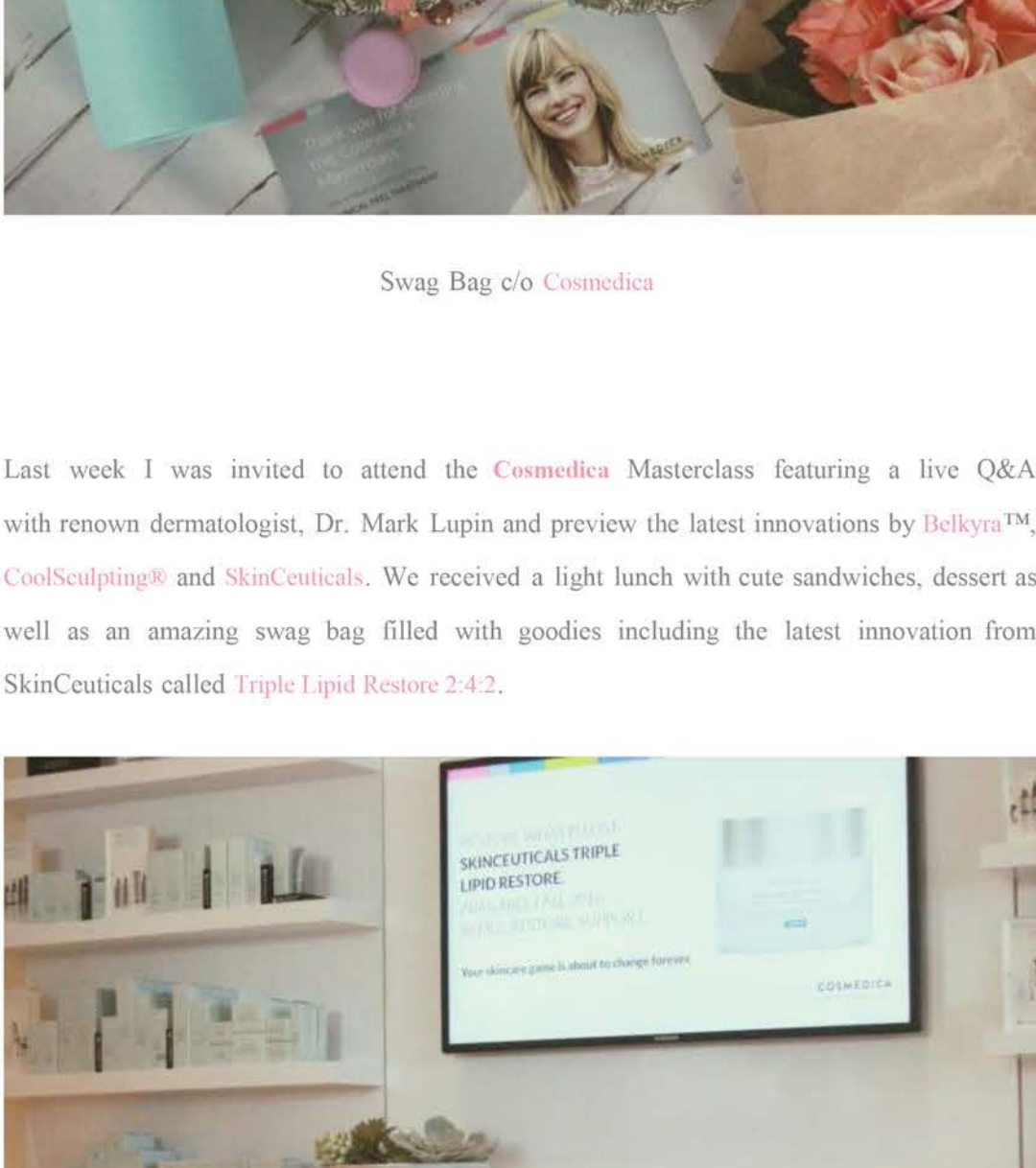


Friday Beauty Edit

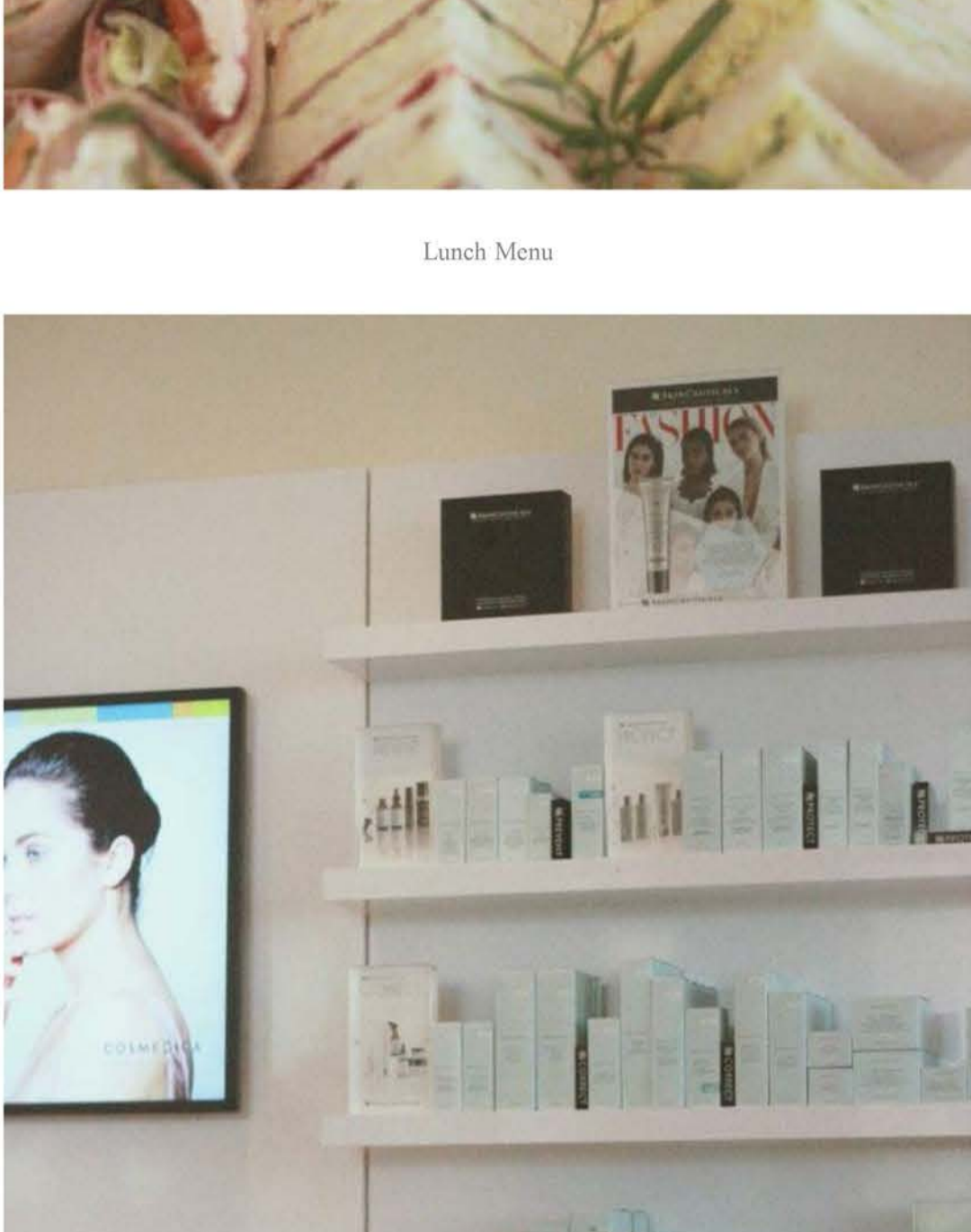


Swag Bag c/o Cosmedica

Last week I was invited to attend the **Cosmedica** Masterclass featuring a live Q&A with renown dermatologist, Dr. Mark Lupin and preview the latest innovations by **Belkya™**, **CoolSculpting®** and **SkinCeuticals**. We received a light lunch with cute sandwiches, dessert as well as an amazing swag bag filled with goodies including the latest innovation from SkinCeuticals called **Triple Lipid Restore 2:4:2**.



All of the lovely finger foods.



Lunch Menu



SkinCeuticals on display



Cute tea cups

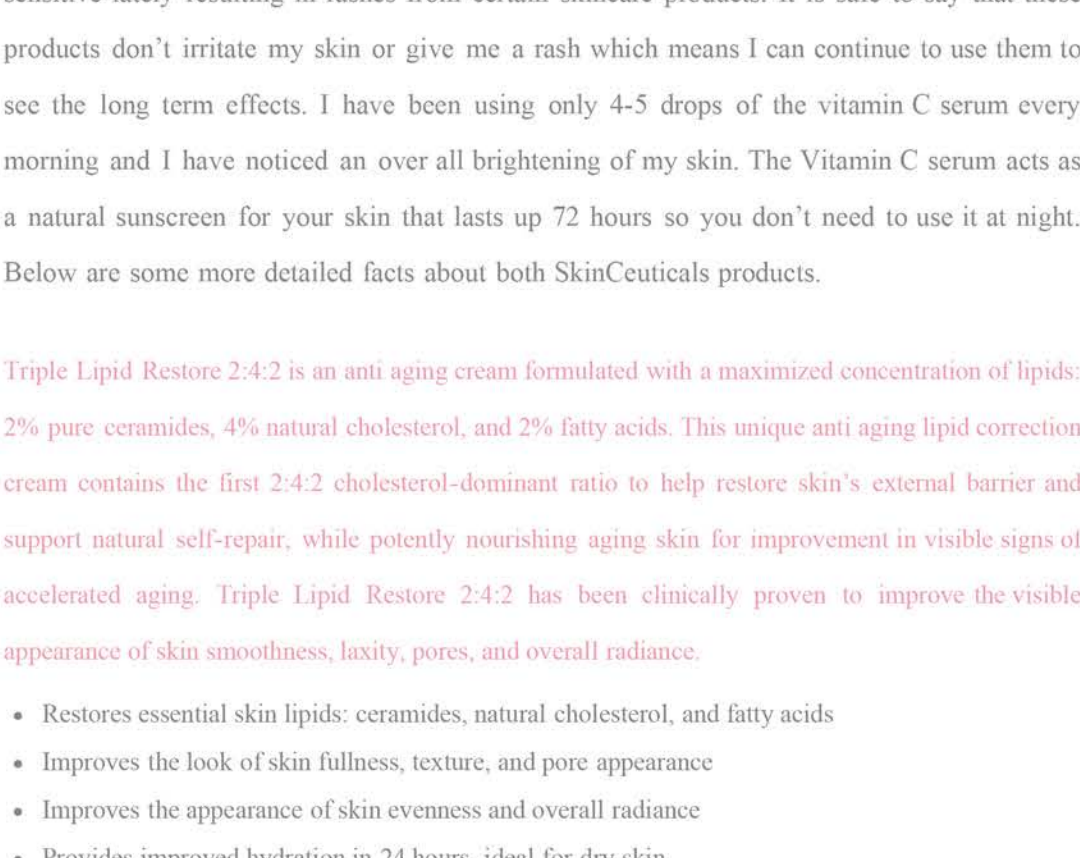


Some of my lunch



Included in the swag bag was a complimentary chemical peel worth \$150. I went back for my peel on Wednesday and really enjoyed my experience. I received a 20% glycolic acid peel followed by a vitamin C face mask. The whole treatment lasted less than 30 minutes and I was able to walk out of there with no downtime. I did notice a slight stinging sensation when the peel was applied but the pain was very subtle and tolerable. I have received chemical peels in the past so I knew what to expect. I haven't had any visible flaking on my skin. I have noticed that my skin is softer with a more even texture and my pores are smaller. I will definitely be going back there in the future when I need a quick pick me up. If you are in the Victoria area I would highly recommend heading to **Cosmedica** to try a chemical peel.

I also received **SkinCeuticals Physical Matte UV Defense SPF 50** as well as two samples of the **Reversa** hand and body cream. The sunscreen is really nice because it keeps your face matte all day without looking greasy. I have been using the **Reversa** cream on my hands to keep them looking young since the cream contains 10% glycolic acid which helps with exfoliation.



I have been using the **SkinCeuticals Triple Lipid Restore 2:4:2** all week along with the **C E Ferulic Vitamin C serum**. I really like how soft the face cream is on my skin and it has a lovely mint fragrance. I was a little worried to try these products because my skin has been so sensitive lately resulting in rashes from certain skincare products. It is safe to say that these products don't irritate my skin or give me a rash which means I can continue to use them to see the long term effects. I have been using only 4-5 drops of the vitamin C serum every morning and I have noticed an overall brightening of my skin. The Vitamin C serum acts as a natural sunscreen for your skin that lasts up 72 hours so you don't need to use it at night. Below are some more detailed facts about both SkinCeuticals products.

Triple Lipid Restore 2:4:2 is an anti aging cream formulated with a maximized concentration of lipids: 2% pure ceramides, 4% natural cholesterol, and 2% fatty acids. This unique anti aging lipid correction cream contains the first 2:4:2 cholesterol-dominant ratio to help restore skin's external barrier and support natural self-repair, while potently nourishing aging skin for improvement in visible signs of accelerated aging. **Triple Lipid Restore 2:4:2** has been clinically proven to improve the visible appearance of skin smoothness, laxity, pores, and overall radiance.

- Restores essential skin lipids: ceramides, natural cholesterol, and fatty acids
- Improves the look of skin fullness, texture, and pore appearance
- Improves the appearance of skin evenness and overall radiance
- Provides improved hydration in 24 hours, ideal for dry skin
- Unique stabilization system in a lightweight and fast-absorbing texture

C E Ferulic features a synergistic antioxidant combination of 15% pure vitamin C (L-ascorbic acid), 1% vitamin E (alpha tocopherol), and 0.5% ferulic acid to enhance protection against environmental damage caused by free radicals that can contribute to atmospheric aging. This vitamin C serum helps neutralize free radicals induced by UVA/UVB, infrared radiation (IRA), and ozone pollution (O3), which may lead to visible signs of accelerated skin aging. In addition to antioxidant protective benefits, **C E Ferulic** improves signs of aging and photodamage, the appearance of lines and wrinkles, and the loss of firmness, while brightening skin's complexion.

- Provides advanced environmental protection by neutralizing damaging free radicals
- Visible anti-aging benefits, such as the improvement of the appearance of lines and wrinkles, loss of firmness, and brightens skin's complexion
- Neutralizes free radicals on the upper layer of the skin to help prevent the impact of ozone damage to skin
- Once absorbed, this vitamin C serum remains effective for a minimum of 72 hours
- Paraben-free and ideal for normal, dry, and sensitive skin types