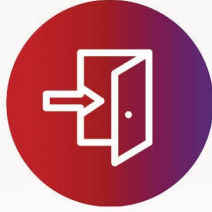


How To Be A **SUCCESSFUL** **ONLINE LEARNER**



Recognize you are in control of your success or failure. Be an active participant in your education.



Log in to your course daily. Stay on top of due dates, discussion board activities and assignments.



Ask for help. When you encounter a problem, stop what you are doing and reach out for help immediately.



Prioritize your time. Choose to spend a specific number of hours each week working on assignments and studying.



Be persistent. In online courses, you may feel isolated or overwhelmed. Reach out to your instructor, advisors, or peers, and refer to your goals.



Have reliable internet access. A good internet connection gives you the opportunity to check in and stay current with courses.



Stay focused. Limit distractions so you can concentrate on studying and reward yourself with 10-minute breaks.



Strive to find balance. All work and no play leads to burnout. Don't neglect your hobbies, but don't let them take up all your free time.



Give yourself some grace. Don't compare your situation or grades with others. Remind yourself how far you've come and that you can do it.